



COMMUNITY COMMUNICATION



We will be collecting new books all month to donate to local schools. Kindergarten thru 5th grade. We have a drop box in front lobby.

FOREVER FIT TOPIC: Rest and Recharge

We know how important diet and exercise can be on our overall health, but did you know there's a third factor just as crucial. The rest we get, in particular the sleep we get lays the foundation for how our bodies recharge and repair. Aiming for 7-9 hours of night shut-eye can improve your immune system, help lower the risk of heart attack and stroke, reduce the risk of dementia and promote health weight management. This March aim for better bedtime habits. Put down the book, unplug from your phone and TV and make sleep a top priority to help improve your overall health and wellbeing. Chris Grabowski, MS | Senior Forever Fitness Manager



Survey Thank You Pizza Lunch
March 13th 11:30 am to 12:30 pm
in our dining room.
All are welcome!

CARRIAGE PARK CONNECT

MARCH 2024



SINGH
2250 N. Canton Center Canton, MI 48187
www.waltonwood.com | 734-844-3060
Facebook: /WaltonwoodCarriageParkI

UPCOMING EVENT HIGHLIGHT

Top of the month to all! March is here with lots of events and that's not a load of Blarney. March is Women's history month. Every week we will be spotlighting famous women in history.

This March, the Belleville Museum is thrilled to announce the return of the much anticipated Quilt Show for the first time since 2019. Check your calendar for date and time.

March 12th we have a very special happy hour planned for you. Paul Keller and his group will be performing for you, compliments of George Smith.

March 17th is St. Patty's Day! Celebrate with Lucky Bingo and traditional corned beef dinner.

We will celebrate the first day of spring with a trip to Applebees for a late lunch, early dinner.

This Month we also celebrate Easter. March 23rd Chef Nicholas has a family brunch planned for you and your family to enjoy.

March 30th is our annual Easter Egg Hunt! We have a fun filled afternoon of activities for your grandkids. The Easter Bunny will be available for photos!

Enjoy this month as we look to the arrival of Spring. In the words of the Irish, The best things in life are the people we love, the places we have been and the memories we have made along the way.

COMMUNITY MANAGEMENT

Angie Hanson
Executive Director

Terry Lobb
Business Office

Nicholas Carlesimo
Culinary Services

Erin McGraw
Life Enrichment

Fran Farrell
Life Enrichment

Ashley Hall
Marketing

Esperanca DeAbreu
Resident Care

Jonathan VanWicklin
Maintenance

William Scott
Independent Living

March zodiac signs are Pisces or Aries. Pisces are said to be optimistic, ambition and have determination. Aries are said to be fiery and passionate.

Karen Bauer

3/2

Pandora Staneff

3/6

Ida Szott

3/8

Butch Dennis

3/21

Gloria Paplin

3/28



FRIENDS & FAMILY REFERRAL PROGRAM!

\$3,500 RESIDENT REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!

ASSOCIATE SPOTLIGHT: DEANNA ROBINE

Deanna is new to our Carriage Park family but has made a great impression on staff and residents. She is very dependable, no snow storm has kept her from being on time. She is hard working and friendly to all. She goes above and beyond every day. Deanna has four children, one grandchild and one on the way! She enjoys spending her free time with her siblings and family. Her go to stress reducer is Paint by Numbers.

Thank you Deanna for all you do!



FEBRUARY HIGHLIGHTS

10th & 14th

Valentine Activities

19th

Meet & Greet w/ Nicholas



23rd

Afternoon concert with the Orchard Lake Philharmonic
Overtures to Spring



TRANSPORTATION INFORMATION

Just a reminder, Mondays and Thursdays are our preferred medical run days and we have good news for you. Starting March 1st our last pick up will be 5:00 pm giving you opportunity for later appointments. We will do our best to accommodate your scheduled appointments. Schedule your appointment with concierge. Note: Please schedule your medical appointments in advance, first scheduled appointments have priority. Bus runs from 8:30 am with last pick up 5:00 pm.



Tuesday and Fridays are open days for your personal trips around town.
Sign up sheets for the week are posted in mail room.

MARCH SPECIAL EVENTS

12

Happy Hour w/
the Paul Keller

19

Late Lunch/Early
Dinner at
Applebee's

14

Belleville Quilt
Show

30

Easter Egg Hunt



EXECUTIVE DIRECTOR CORNER

I would like to thank everyone who participated in the resident survey. We were in the top two of Waltonwood communities that had the highest responses!! We look forward to hearing your feedback which will be coming to us on March 8th. Covid Booster consents have been turned in to Encore Geriatrics and the clinic date for March will be provided shortly. We will send out notifications as soon as a date and time are scheduled for our community. March will be bringing warmer weather I hope everyone takes some time to get outside and enjoy some fresh air and sunlight Angie!