

Assisted Living • Memory Care

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## **MARCH 2024**

Assisted Living & Memory Care

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					9:30 Creative Movement 10:00 Daily Delight 11:00 Name the States 1:30 Fancy Nails 2:30 Memory Lane 3:30 Afternoon Stretch 6:00 Classical Music	9:30 Reach & Stretch 10:00 Week in review 11:00 Feel & Describe 1:30 Puzzle/Checkers 2:30 Flower Arrangement 3:30 Balloon Volleyball 6:00 Our World Video
9:00 Catholic Mass 10:00 Coffee Social 11:00 Skip Counting 1:30 Show of shows 2:30 Bingo Fun 3:30 Sing along-Susie Q 6:00 Evening Cinema	9:30 Flex & Bend 10:00 Word Games 11:00 Bean bag toss 1:30 Creature Feature 2:30 Self - Expression 3:30 Walking Club 6:00 Our Planet Earth	9:30 Morning Exercise 10:00 Guessing Game 10:30 Mind Stretcher 1:30 Music Therapy 2:30 Short bread Social 3:30 Seated Yoga 6:00 Jazz Music-Video	9:30 Fun & Fitness 10:00 Brain Teaser 11:00 Ring /Ball Toss 1:30 Table Talk 2:30 Bingo Fun 3:30 Dance Therapy 6:00 Country Music-Video	9:30 Move to the Beat 10:00 Active Minds 11:00 Top Chefs 1:30 Dominoes 2:30 Art Appreciation 3:30 Kickball 6:00 National Geographic	9:30 Creative Movement 10:00 Daily Delight 11:00 Name the States 1:30 Fancy Nails 2:30 Memory Lane 3:30 Afternoon Stretch 6:00 Classical Music	9:30 Reach & Stretch 10:00 Week in review 11:00 Feel & Describe 1:30 Puzzle/Checkers 2:30 Flower Arrangement 3:30 Balloon Volleyball 6:00 Our World Video
9:00 Catholic Mass 10:00 Coffee Social 11:00 Skip Counting 1:30 Show of shows 2:30 Bingo Fun 3:30 Sing along-Susie Q 6:00 Evening Cinema	9:30 Flex & Bend 10:00 Word Games 11:00 Bean bag toss 1:30 Creature Feature 2:30 Self - Expression 3:30 Walking Club 6:00 Our Planet Earth	9:30 Morning Exercise 10:00 Guessing Game 10:30 Music - Alligator 1:30 Music Therapy 2:30 Mix Fruits Social 3:30 Seated Yoga 6:00 Jazz Music-Video	9:30 Fun & Fitness 10:00 Brain Teaser 11:00 Ring /Ball Toss 1:30 Table Talk 2:30 Bingo Fun 3:30 Dance Therapy 6:00 Country Music-Video	9:30 Move to the Beat 10:00 Active Minds 11:00 Top Chefs 1:30 Dominoes 2:30 Art Appreciation 3:30 Kickball 6:00 National Geographic	9:30 Creative Movement 10:00 Daily Delight 11:00 Name the States 1:30 Fancy Nails 2:30 Happy Hour-Jaime 3:30 Afternoon Stretch 6:00 Classical Music	9:30 Reach & Stretch 10:00 Week in review 11:00 Feel & Describe 1:30 Puzzle/Checkers 2:30 Flower Arrangement 3:30 Balloon Volleyball 6:00 Our World Video
9:00 Catholic Mass 10:00 Coffee Social 11:00 Skip Counting 1:30 Show of shows 2:30 St Patrick's Day party 3:30 Sing along-Susie Q 6:00 Evening Cinema	9:30 Flex & Bend 10:00 Word Games 11:00 Bean bag toss 1:30 Creature Feature 2:30 Self - Expression 3:30 Walking Club 6:00 Our Planet Earth	9:30 Morning Exercise 10:00 Guessing Game 10:30 Mind Stretcher 1:30 Music Therapy 2:30 Mint cocoa Social 3:30 Seated Yoga 6:00 Jazz Music-Video	9:30 Fun & Fitness 10:00 Brain Teaser 11:00 Ring /Ball Toss 1:30 Table Talk 2:30 Bingo Fun 3:30 Dance Therapy 6:00 Country Music-Video	9:30 Move to the Beat 10:00 Active Minds 11:00 Top Chefs 1:30 Dominoes 2:30 Art Appreciation 3:30 Kickball 6:00 National Geographic	9:30 Creative Movement 10:00 Daily Delight 11:00 Name the States 1:30 Birthday Bash 2:30 Happy Hour-M&K 3:30 Afternoon Stretch 6:00 Classical Music	9:30 Reach & Stretch 10:00 Week in review 11:00 Feel & Describe 1:30 Puzzle/Checkers 2:30 Flower Arrangement 3:30 Balloon Volleyball 6:00 Our World Video
9:00 Catholic Mass 10:00 Coffee Social 11:00 Skip Counting 1:30 Show of shows 2:30 Bingo Fun 3:30 Sing along-Susie Q 6:00 Evening Cinema	9:30 Flex & Bend 10:00 Word Games 11:00 Bean bag toss 1:30 Creature Feature 2:30 Holi Colors-celebration 3:30 Walking Club 6:00 Our Planet Earth	9:30 Morning Exercise 10:00 Guessing Game 10:30 Mind Stretcher 1:30 Music Therapy 2:30 Pudding Social 3:30 Seated Yoga 6:00 Jazz Music-Video	9:30 Fun & Fitness 10:00 Brain Teaser 11:00 Ring /Ball Toss 1:30 Table Talk 2:30 Bingo Fun 3:30 Dance Therapy 6:00 Country Music-Video	9:30 Move to the Beat 10:00 Active Minds 11:00 Top Chefs 1:30 Dominoes 2:30 Art Appreciation 3:30 Kickball 6:00 National Geographic	9:30 Creative Movement 10:00 Daily Delight 11:00 Name the States 1:30 Fancy Nails 2:30 Memory Lane 3:30 Afternoon Stretch 6:00 Classical Music	9:30 Reach & Stretch 10:00 Week in review 11:00 Feel & Describe 1:30 Puzzle/Checkers 2:30 Flower Arrangement 3:30 Balloon Volleyball 6:00 Our World Video
9:00 Catholic Mass 10:00 Coffee Social 11:00 Skip Counting 1:30 Easter - Fill up your Basket! 2:30 Music - J & J 3:30 Chair Yoga 6:00 Evening Cinema						