

Happy
Birthday



RESIDENT BIRTHDAY'S

Joe G. 3/18

Vicki C. 3/18

Fran B. 3/20

TASTE OF WALTONWOOD

Taste of Waltonwood takes place on March 15th. It showcases our culinary service department in a fun, fresh and delicious way.

Residents will enjoy a fun game of guess the infusion, where they will be guessing what fruit was used to flavor their water. Following this they will participate in a craft of making popsicle stick garden signs and rosemary lavender candles. To finish off our day we will enjoy a happy hour of the delicious food featured in our event. Please see activity calendar for specific times.

We are so excited to enjoy the talent our culinary team has to offer!



READ ACROSS AMERICA

Each year Waltonwood neighborhoods "adopt" a local elementary or pre-school classroom for Read Across America Day! This year Cherry Hill is adopting two 2nd grade classrooms from Field Elementary School. We will be reading them a book by Joanna Gaines called *The World Needs Who You Were Made To Be*. We are so excited to be partnered with Field Elementary and ready for a wonderful Read Across America Day filled with reading and so much more!



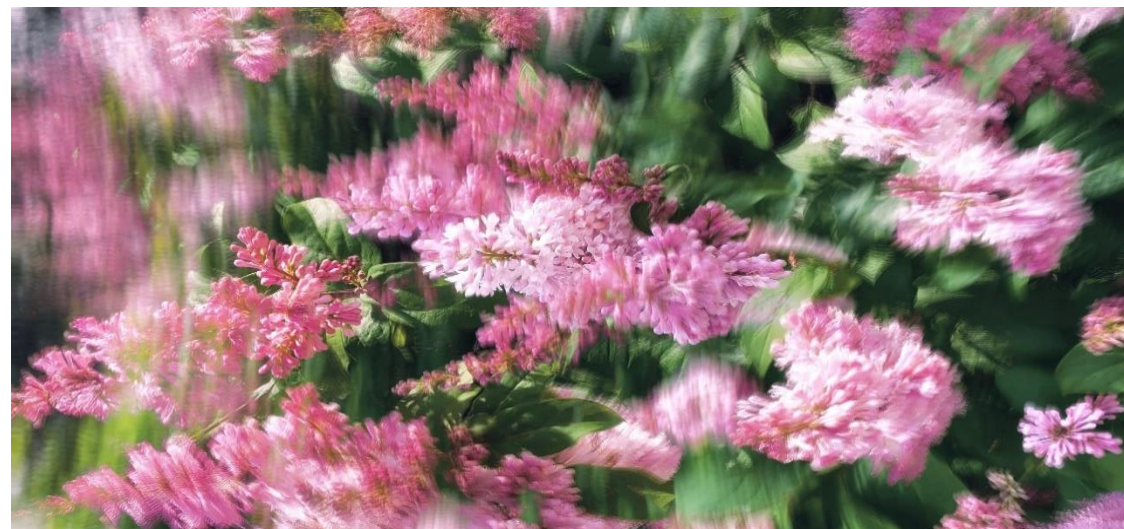
\$3,500 RESIDENT REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!

FRIENDS & FAMILY REFERRAL PROGRAM!

CHERRY HILL CONNECT

MARCH 2024



LIFE ENRICHMENT CORNER

Welcome to March Waltonwood Family!

This month we will be celebrating National Women's Day, St. Patrick's Day, and more. We will also be having Documentary Saturday's so make sure to look out for those flyers coming your way. We will be having our Veteran's Day luncheon this month. We are so excited to start the new month and welcome spring!

Please see the Assisted Living activity calendar for specific programming information.

We also want to take a moment to welcome our new residents! Welcome to the Waltonwood Cherry Hill family!

EASTER BRUNCH

Date: March 23rd

Seating Times: 11:30am and 1:00pm

Residents are open to invite guests with a payment of \$25.00 per person. These purchases must be paid at time of reservation using resident accounts, credit card or cash only. You can make a reservation by calling the Front desk and requesting the Culinary Service Department at 734-981-7100 ext. 1138.

Please see Logan with any questions!



SINGH
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COMMUNITY MANAGEMENT

Tiffany Tucker
Executive Director

Sharde' Jones
Business Office Manager

Joel Vassallo
Culinary Services Manager

Jamaal Saleh
Environmental Services
Manager

Krystal Sidibe
Independent Living
Manager

Ebony Adams
IL Life Enrichment
Manager

Logan Winton
AL Life Enrichment
Manager

Ermira Sinani
MC Life Enrichment
Manager

Renee Ralsky
Marketing Manager

Michelle Crenshaw
Resident Care Manager

Ashley Jordan
AL Wellness Coordinator

Tierre Shaw
MC Wellness Coordinator

ASSOCIATE SPOTLIGHT

AL/MC Associate of the Month
Sukhveer Gill

Thank you, Sukhveer, for all you do here at Waltonwood Cherry Hill. You are always quick to offer help and such a kind and thoughtful presence for so many residents. We are so lucky to have you as a part of our Cherry Hill family.

If you have someone you would like to nominate, please see Logan or Ermira.



MARCH OUTING OPPORTUNITIES

MARCH 5 TH	1:30PM	Canton Public Library
MARCH 12 TH	12:00PM	Egan’s Pub
MARCH 19 TH	1:30PM	Joy Ride
MARCH 26 TH	1:00PM	Town Peddler and Antique Mall



Please see Logan to sign up.

MARCH SPECIAL EVENTS

08

We are celebrating International Women’s Day with a special video tribute from fellow residents and staff.

17

Residents will celebrate St. Patrick’s Day with a fun party and treats!

20

Residents will enjoy a presentation about the top 20 feeder birds in Michigan by Wild Birds Unlimited.

28

Our veteran residents will be honored with a delicious luncheon and chance to reminisce with their peers.



EXECUTIVE DIRECTOR CORNER

Dear residents, families, and friends

March has arrived! Spring is on the horizon! Looking forward to this season and spending it with all of you. Hope you continue to enjoy all of our calendar events and ADVENTURES. Please see the activities calendar for additional information this month. It's always a pleasure to hear from everyone. As always, I'm available for updates within the community, this is also an opportunity for me to hear from all of you. We are also thankful to all with your participation with the surveys, most of you have shared how helpful the communication has been! We celebrate our success with offering good communication and updates for Waltonwood Cherry Hill. Events approaching are inclusive to Taste of Waltonwood, Read Across America and much more...It's a pleasure to be of service and please feel free to contact me with any questions that you may have at Tiffany.tucker@singhmail.com

FEBRUARY HIGHLIGHTS

07

Residents enjoyed a delicious lunch at the Bayou Grill!

11

Residents celebrated the Super Bowl, enjoying delicious food and great company!

12

Residents celebrated Mardi Gras with delicious, house-made-beignets!

13

Residents dug into their creativity while at Creatopia, painting their own beautiful pottery!



FOREVER FIT: FOCUS ON FITNESS

Rest and Recharge

We know how important diet and exercise can be on our overall health, but did you know there’s a third factor just as crucial. The rest we get, in particular the sleep we get lays the foundation for how our bodies recharge and repair. Aiming for 7-9 hours of night shut-eye can improve your immune system, help lower the risk of heart attack and stroke, reduce the risk of dementia and promote health weight management. This March aim for better bedtime habits. Put down the book, unplug from your phone and TV and make sleep a top priority to help improve your overall health and wellbeing.

- Chris, Forever Fit Manager