









### Park Visalia

3939 West Walnut Avenue, Visalia, CA 93277 (559) 358-2289 • @ParkVisaliaSeniorLiving



# Resident Birthdays

Dorothy S. March 2 Letha C. March 12 Ray S. March 14 March 17 Patty H. March 29 Oleta C.

## **Employee Birthdays**

Alexis P. March 1 Mariah G. March 2 Sabina C. March 3 Raelyn H. March 6 Karla C. March 7 Amanda C. March 12 March 23 Zach M.

# **Anniversaries**

Resident of the Month Dorris M.

Employee of the Month

March 2024

# A note from our....

# Executive Director

#### Welcome Home!

Dear Park Visalia Community,

As we embrace the much-awaited spring at Park Visalia Assisted Living & Memory Care, get ready for a month filled with joy, laughter, and unforgettable memories with our exciting lineup of events!

Join us for a thrilling Bingo Night in collaboration with the Bone Store on Monday, March 7th, at 3:30 PM. Experience an evening of fun, competition, and fantastic prizes as we mark the beginning of our March festivities!

Don't miss the chance to be part of the St. Patrick's Day celebrations on Thursday, March 15th, with our lively St. Patrick's Day Party. Immerse yourself in green-themed decorations, traditional Irish music, and delicious treats. Wear your favorite shades of green and make it a day to remember! Let continue the celebration with the St. Patrick's Day Parade on Wednesday, March 16th, starting at 10 AM. Let's celebrate the Irish spirit together as we come together for a lively and festive procession.

Hop into the Easter season with our much-anticipated 2nd Annual Easter Egg Hunt on Saturday, March 23rd! Expect a larger-than-life egg hunt, featuring exciting games and an opportunity to capture magical moments with photos alongside the Easter Bunny. Bring your baskets - there will be plenty of eggs and surprises for everyone!

In addition to these main events, we are thrilled to offer weekly outings and performances to enhance your March experience. Stay tuned for details on upcoming adventures and entertainment to keep the spirit high throughout the month.

We can't wait to share these special moments with you and create lasting memories together. Thank you for being part of the vibrant Park Visalia community. Here's to a March filled with shared joy, laughter, and the enduring warmth of our community spirit!

Warm regards,

Amanda Kelsey **Executive Director** 



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# **MARCH 2024**

Assisted Living & Memory Care

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Birthdays 3/14 - Ray 3. 3/17 - Patty H. 3/23 - Zach M. 3/29 - Oleta C.				9:00 Move & Groove Walkers (L) 10:00 Golden Body Fitness (WR) 11:15 Fancy Fingers (AR) 12:00 Daily Chronicles-(DR) 1:30 Bingo (AR) 3:30 Happy Hour & Karaoke (TR)	2 8:45 Outing - Farmers Market 10:00 Golden Body Fitness (WR) 10:30 Brewed Awakening Social- Coffee & Fresh Pastries (B) 11:00 Move & Groove Walkers (L) 12:00 Daily Chronicles (DR) 1:30 Wheel of Fortune (AR) 2:30 Sing Fit Exercise (WR)
9:15 Catholic Services- Communion- (TR) 9:30 Move & Groove Walkers (L) 10:00 Golden Body Fitness (WR) 11:15 Fancy Fingers (AR) 12:00 Daily Chronicles-(DR) 2:00 Resident Council Meeting (TR) 3:30 Bingo (AR)	9:00 Move & Groove Walkers (L) 10:00 Golden Body Fitness (WR) 10:30 Holy Rosary (TR) 11:00 Craft Corner - Sock Gnomes (AR) 12:00 Daily Chronicles-(DR) 1:30 Wheel of Fortune (AR) 3:00 Craft Corner - Sock Gnomes (AR)	9:30 Move & Groove Walkers (L) 10:00 Golden Body Fitness (WR) 11:15 Music Nostalgic - Record Player (B) 12:00 Daily Chronicles (DR) 1:30 Bingo (AR) 2:30 Cook's Country - Starbucks Coffee & Fresh Pastries (LF) 4:15 Sing Fit Exercise (WR)	8:45 Outing - Costco 10:00 Worship & Prayer w/ Glenn- (B) 10:30 Golden Body Fitness (WR) 11:00 Craft Corner - St. Patrick's Clay Hat (AR) 12:00 Daily Chronicles- (DR) 1:30 Wheel of Fortune (AR) 3:30 Bing o w/ Bone Store (B) 4:00 Exercise Engineers - HIR	8  9:00 Move & Groove Walkers (L) 10:00 Golden Body Fitness (WR) 11:15 Fancy Fingers (AR) 12:00 Daily Chronicles-(DR) 1:30 Bingo (AR) 3:30 Happy Hour & Karaoke (TR)	9:30 Move & Groove Walkers (L) 10:00 Golden Body Fitness (WR) 10:30 Brewed Awakening Social- Coffee & Fresh Pastries (B) 11:00 Music Nostalgic - Record Player (B) 12:00 Daily Chronicles -(DR) 1:30 Wheel of Fortune (AR) 2:30 Live Performance - Juliana
9:00 Move & Groove Walkers (L) 9:30 Catholic Services - Communion- (TR) 10:00 Golden Body Fitness (WR) 11:15 Fancy Fingers (AR) 12:00 Daily Chronicles-(DR) 1:30 Bingo (AR) 2:30 Music Nostalgic - Record Player (B)	9:00 Move & Groove Walkers (L) 10:00 Golden Body Fitness (WR) 10:30 Holy Rosary (TR) 11:00 Craft Corner - Shamrock Pin (AR) 12:00 Daily Chronicles-(DR) 1:15 Wheel of Fortune (AR) 2:00 Lifestyle Meeting (TR)	9:30 Move & Groove Walkers (L) 10:00 Golden Body Fitness (WR) 11:15 Music Nostalgic - Record Player (B) 12:00 Daily Chronicles (DR) 1:30 Bing o (AR) 2:30 Cook's Country - Chill Bowl & Corn Bread (UF) 4:15 Sing Fit Exercise (WR)	9:30 Move & Groove Walkers (L) 10:00 Golden Body Fitness (WR) 11:00 Craft Corner - Lucky Bracelet (AR) 12:00 Daily Chronicles-(DR) 1:15 Wheel of Fortune (AR) 2:15 Outing - Yogurtland 3:15 Craft Corner - Lucky Bracelet (AR)	9:00 Move & Groove Walkers (L) 10:00 Golden Body Fitness (WR) 11:15 Fancy Fingers (AR) 12:30 Daily Chronicles (DR) 1:30 Bingo (AR) 2:30 St. Partrick's Party (B) 3:30 Live Performance - Pam Stanley (B)	9:00 Move & Groove Walkers (L) 10:00 Outing - St. Patrick's Day Parade 10:30 Brewed Awakening Social- Coffee & Fresh Pastries (B) 11:00 Golden Body Fitness (WII) 12:00 Daily Chronicles - (DR) 1:30 Wheel of Fortune (AR) 2:30 Sing FE Exercise (WR)
9:15 Catholic Services- Communion- (TR) 9:30 Move & Groove Walkers (L) 10:00 Golden Body Fitness (WR) 11:15 Fancy Fingers (AR) 12:00 Daily Chronicles-(DR) 1:30 Bingo (AR) 2:30 Music Nostalgic - Record Player (B)	9:00 Move & Groove Walkers (L) 10:00 Golden Body Fitness (WR) 10:30 Holy Rosary (TR) 11:00 Outing - Regal Cenima 12:00 Daily Chronicles-(DR) 1:30 Wheel of Fortune (AIR) 3:00 Craft Corner - Easter Centerpeeps (AIR) 4:00 Experise Environment - HIR	9:30 Move & Groove Walkers (L) 10:00 Worship & Prayer w/ Glenn- (B) 10:30 Golden Body Fitness (WR) 11:00 Music Nostalgic - Record Player (B) 12:00 Daily Chronicles-(DR) 1:15 Bingo (Al) 2:00 Food For Thought Meeting (TR)	8:45 Outing - Casino 9:00 Move & Groove Walkers (L) 10:00 Worship & Prayer w Glenn-(B) 10:00 Golden Body Fitness (WR) 11:00 Craft Corner - Easter Wreath (AR) 12:00 Daily Chronicles-(DR) 1:30 Wheel of Fortune (AR) 3:00 Craft Corner - Easter Weath	8:00 Outing - Donut Factory 9:30 Move & Groove Walkers (L) 10:00 Golden Body Fitness (WR) 11:15 Fancy Fingers (AR) 12:00 Daily Chronicles-(DR) 1:30 Bing o (AR) 3:30 Happy Hour & Karaoke (TR)	10:00 Easter Egg Huntl (P) 10:30 Brewed Awakening Social- Coffee & Fresh Pastries (B) 12:00 Daily Chronicles-(DR) 1:30 Wheel of Fortune (AR) 2:30 Sing Fit Exercise (WR) 4:00 Exercise Equipment - HUR Program (WR)
9:15 Catholic Services- Communion- (TR) 9:30 Move & Groove Walkers (L) 10:00 Golden Body Fitness (WR) 11:15 Fancy Fingers (AR) 12:00 Daily Chronicles-(DR) 1:30 Bingo (AR) 2:30 Music Nostalgic - Record Player (B)	9:30 Move & Groove Walkers (L) 10:00 Golden Body Fitness (WR) 10:30 Holy Rosary (TR) 11:00 Craft Corner - Bunny Coaster (AR) 12:00 Daily Chronicles-(DR) 1:30 Wheel of Fortune (AR) 3:00 Craft Corner - Bunny Coaster (AR)	9:00 Move & Groove Walkers (L) 10:00 Golden Body Fitness (WR) 11:15 Music Nostalgic - Record Player (B) 12:00 Daily Chronicles (DR) 1:30 Bingo (AR) 2:00 Live Performance - Richard & Marco (B) 2:30 Cook's Country - Pizza (LF)	9:00 Move & Groove Walkers (L) 10:00 Golden Body Fitness (WR) 11:00 Craft Corner - Bunny Vase (AR) 11:30 Outing - Cheesecake Factory 12:00 Daily Chronicles-(DR) 1:30 Wheel of Fortune (AR) 3:00 Craft Corner - Bunny Vase (AR)	9:00 Move & Groove Walkers (L) 10:00 Golden Body Fitness (WR) 11:15 Fancy Fingers (AR) 12:00 Daily Chronicles-(DR) 1:30 Bingo (AR) 3:00 March Birthday Partyl (B)	9:30 Move & Groove Walkers (L) 10:00 Golden Body Fitness (WR) 10:30 Brewed Awakening Social- Coffee & Fresh Pastries (B) 11:00 Music Nostalgic - Record Player (B) 12:00 Daily Chronicles - (DR) 1:30 Wheel of Fortune (AR) 2:30 Sing Fit Exercise (WR)
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	## Birthdays   3/14 - Ray 5.   3/17 - Patty H.   3/23 - Zach M.   3/29 - Oleta C.    ## Provided Research    ## Provided Resea	1	Point   Poin	Sirchidays   Sirch Agy   Sir	1   1   1   1   1   1   1   1   1   1

# Upcoming Events at Park Visalia.







# Community **News**

# **What's Happening Now**

Reminder: Please set your cell phones to silent in the dining room for a peaceful dining experience.

Resident Council Meeting 03/04/24 Lifestyle Meeting 03/12/24 Food for Thought 03/20/24

Cheers to 100 years! Birthday Party 03/03/24 at 2:00pm

Saint Patrick's Day Party 03/15/24 at 2:30pm

**3rd Annual Easter Egg Hunt** 03/30/24 from 10:00am - 12:00pm

Happy Hour & Karaoke every Friday at 3:30 PM

Fancy Fingers every Monday & Friday

Live Performance Weekly

Live Church Services every Sunday

\* For all other activities and outings please see our monthly calendar \*



# PARK VISALIA'S FEATURED FACES

Park Visalia proudly presents Helen D. as the Featured Face of the month, celebrating her incredible milestone of turning 100 on February 29, 2024. Join us in the Theater Room on February 29th from 2-5 PM as we honor her remarkable journey. Originally from Kansas, Helen later settled in Orosi, CA, and eventually made Visalia her home. With four children and the presence of her out-oftown family, let's come together to celebrate a century of memories, experiences, and the warmth of family. Your presence will add to the joy as we reflect on Helen's extraordinary life.

