

MARCH 2024

KEY

- Bagels and Coffee on the Patio
- Canasta
- Chair Strength Class
- Kayaking
- Mah Jong
- Cake and Coffee
- Pool Exercise
- Resident Off-site Breakfast
- Resident Off-site Golf
- Walking Club
- Yoga Class

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|-----------------|---|---|--|---|--|---------------------|
| | | | | | Resident Off-site Breakfast - 9 AM Resident Off-site Golf - 12 PM Canasta - 1 PM | Pool Exercise 11 AM |
| Yoga Class 9 AM | Cake and Coffee 9:30 AM Chair Strength Class - 11 AM Canasta - 1 PM | Mah Jong - 1 PM | Walking Club 8:20 AM Bagels and Coffee on the Patio - 9:30 AM | Kayaking 9 AM Pool Exercise - 10 AM Mah Jong - 1 PM Resident Social Gathering - 5 PM | Resident Off-site Breakfast - 9 AM Resident Off-site Golf - 12 PM Canasta - 1 PM | Pool Exercise 11 AM |
| Yoga Class 9 AM | Cake and Coffee 9:30 AM Chair Strength Class - 11 AM Canasta - 1 PM Food Truck - 4 PM | Mah Jong - 1 PM Wisdom Warrior WPTV News - 4:30 AM Race Time - 8 AM Awards & Brunch - 11 AM | Walking Club 8:20 AM Bagels and Coffee on the Patio - 9:30 – 10:30 AM | Kayaking 9 AM Pool Exercise - 10 AM Mah Jong - 1 PM | Resident Off-site Breakfast - 9 AM Resident Off-site Golf - 12 PM Canasta - 1 PM | Pool Exercise 11 AM |
| Yoga Class 9 AM | Cake and Coffee 9:30 AM Chair Strength Class - 11 AM Canasta - 1 PM | Mah Jong - 1 PM | Walking Club 8:20 AM Bagels and Coffee on the Patio 9:30 – 10:30 AM Pain Mgt MD Lecture - 1pm | Kayaking 9 AM Pool Exercise - 10 AM Mah Jong - 1 PM Resident Social Gathering - 5 PM | Resident Off-site Breakfast - 9 AM Resident Off-site Golf - 12 PM Canasta - 1 PM | Pool Exercise 11 AM |
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| EASTER | | | | | | |