

Resident Spotlight



Donna

Donna is our wonderful resident of the month. She has two children. She met her husband Al at church in Washington. She enjoys reading and spending the day with Al. Donna and Al have been very involved in foster parenting. Fun Fact: She enjoyed flying over the Rockies in a high performance glider with her son-in-law. We are so happy to have you here at Sweetbriar Villa, Donna.

Team Member Spotlight



Autumn: Dining Room Server

Autumn is our employee of the month! She is such an amazing person. Autumn was born and raised in Eugene. She and her husband have a daughter and son. She and her family enjoy cooking, crafting, watching movies, playing video games, and camping. Autumn has a big heart and is amazing with our residents. Thank you, Autumn, for being a part of Sweetbriar Villa.



From Holiday Crafting and Balloon Ball to Birthday Celebrations and Therapy Dog Visits, we have a full calendar of fun activities to enjoy each month!



A Note from the Executive Director



Nicole Hampl,
Executive Director

Spring is almost here! March is a month of new growth, and is full of hope. It is turbulent and teasing. Picture my current frame of mind as I write — I’m watching rain fall, the wind blow, and branches fall. Although winter has brought lots of ice, snow and rain this year, it feels like I, and everyone I know, are just waiting for that magical day, March 20th, the first day of Spring. As we know, that doesn’t always mean we’re in for all fair weather and flowers, but it is a hopeful month. It’s a bright time to begin preparing gardens and start Spring cleaning. We’ll be thinking of (and wearing) green for St. Patrick’s Day, too! I want to encourage everyone to take advantage of all the new activities we will be having. We like to encourage good health by reminding everyone to wash their hands frequently to keep the cold and flu at bay! Let’s stay healthy together as we look forward to those warmer months.

I look forward to the fun March will bring for us all.


HAPPY Birthday

Residents

- Marje: March 4th
- Pete: March 25th

Staff

- Brandi: March 1st
- Karrie: March 5th
- Emmah: March 14th
- Gracee: March 18th
- Rebecca: March 22nd

SUN		MON	TUE	WED	THU	FRI	SAT
						1 Happy Birthday Brandi 9:00 Trivia 10:00 The Price Is Right 11:00 Cards & Coffee 1:00 Board Games 2:00 Comedy Hour 3:00 Bingo 4:00 MC Hand Therapy	2 10:00 Comedy Hour 11:00 Balloon Ball 1:00 Bingo 2:00 Craft 3:00 MC Craft 4:00 Walking In The Garden
3 10:00 MC Puzzles 11:00 Balloon Ball 1:00 Movie & Popcorn 3:00 Bingo 4:00 Adult Coloring		4 Happy Birthday Marje 9:30 Music With Phil 10:30 Bible Study 11:00 Karaoke 1:00 Manicures 2:00 Lavender Hand Massage 3:00 Bingo 4:00 Walking In Groups 5:00 MC Reading Group	5 Happy Birthday Karrie 9:00 Residents’ Choice 10:00 The Price Is Right 11:00 Crossword Puzzles 1:00 Karaoke 2:00 Craft 3:00 Bingo 4:00 Walking In Groups 5:00 MC Reading Group	6 Oreo Day 9:00 Oreo Cookie Trivia 10:00 Scenic Drive 11:00 Residents’ Choice 1:00 Movie 2:00 Milk & Oreo Cookies 3:00 Bingo 4:00 MC Craft	7 9:00 Yoga 10:00 Crossword Puzzles 11:00 Yoga 1:00 Walking In Groups 2:00 Book Club 3:00 Bingo 4:00 Board Games	8 Wear Your Favorite Sweatshirt 9:00 Trivia 10:00 The Price Is Right 11:00 Cards & Coffee 1:00 Board Games 2:00 Comedy Hour 3:00 Bingo 4:00 MC Hand Therapy	9 10:00 Comedy Hour 11:00 Balloon Ball 1:00 Bingo 2:00 Craft 3:00 MC Craft 4:00 Walking In the Garden
10 10:00 Church (Remotely) 11:00 Oscar Awards (Residents’) Ceremony 1:00 Movie & Popcorn 3:00 Bingo 4:00 Oscar Social		11 9:30 Music With Phil 10:30 Bible Study 11:00 Karaoke 1:00 Bingo 3:00 Residents’ Choice 4:00 Walking In Groups 5:00 MC Reading Group	12 Plant A Flower Day 9:00 Residents Choice 10:00 Plant /Flower Trivia 11:00 Outside In The Garden 1:00 Planting Spring Flowers 2:00 Tea Party 3:00 Bingo 4:00 Walking In Groups 5:00 MC Reading Group	13 Ginger Ale Day 9:00 Ginger Ale Trivia 10:00 Scenic Drive 11:00 Residents’ Choice 1:00 Movie 2:00 Movie & Popcorn 3:00 Bingo 4:00 New Hobby Ideas 5:00 Puzzles	14 Happy Birthday Emmah 9:00 Potato Chip Day Trivia 10:00 Crossword Puzzles 11:00 Yoga 1:00 Walking In Groups 2:00 Book Club 3:00 Bingo & Chips 4:00 Adult Coloring	15 9:00 Trivia 10:00 The Price Is Right 11:00 Cards & Coffee 1:00 Board Games 2:00 Comedy Hour 3:00 Bingo 4:00 MC Hand Therapy	16 Corn Dog Day 10:00 Balloon Ball 11:00 MC Balloon Ball 2:00 Movie & Popcorn 3:00 Bingo 4:00 Walking In The Garden
17 St. Patrick’s Day 9:00 Green Pancakes 10:00 Balloon Ball 11:00 Bingo 1:00 Board Games 2:00 Puzzles M/C 3:00 St. Patty`s Day Craft 4:00 Walking In Groups 5:00 Irish Music		18 Happy Birthday Gracee 9:30 Music With Phil 10:30 Bible Study 11:00 Karaoke 1:00 Manicures 2:00 Lavender Hand Massage 3:00 Bingo 4:00 Waking In Groups 5:00 MC Reading Group	19 March Madness 9:00 Residents Choice 10:00 New Hobby Hour 11:00 Bingo 1:00 Puzzles 2:30 Timothy Patrick Concert 3:30 Tea Party 4:00 Walking In Groups 5:00 MC Reading Group	20 9:00 Residents’ Choice 10:30 Scenic Drive 11:00 Comedy Hour 2:00 Nurse Ariel’s Health Talk 3:00 Bingo 4:00 MC Puzzles 5:00 Walking In Groups	21 9:00 Residents’ Choice 10:00 Basketball Trivia 11:00 Beading 1:00 Lavender Hand Massage 2:00 Book Club 3:00 Bingo 4:00 Walking in Groups	22 Happy Birthday Rebecca 9:00 Easter Trivia 10:00 The Price Is Right 11:00 Cards & Coffee 1:00 Board Games 2:00 Comedy Hour 3:00 Bingo 4:00 MC Hand Therapy	23 10:00 Balloon Ball 11:00 MC Balloon Ball 1:00 Movie & Popcorn 3:00 Bingo 4:00 Walking In The Garden
24 Palm Sunday 10:00 Church (Remotely) 11:00 Bible Study 1:00 Karaoke 2:00 Bingo 3:00 MC Craft 4:00 Craft	31 Easter 10:00 Church (Remotely) 11:00 Bible Study 1:00 Karaoke 2:00 Bingo 3:00 MC Craft 5:00 Easter Dinner	25 Happy Birthday Pete 9:00 Music With Phil 10:30 Bible Study 11:00 Karaoke 1:00 Manicures 2:00 Lavender Hand Massage 3:00 Bingo 4:00 Walking In Groups 5:00 MC Reading Group	26 9:00 Puzzles 10:00 Yoga 11:00 Cards & Coffee 1:00 Adult Coloring 2:00 Tea Party 3:00 Bingo 4:00 Walking In Groups 5:00 MC Reading Group	27 9:00 Residents’ Choice 10:30 Scenic Drive 11:00 Movie & Popcorn 2:00 Beading Craft 3:00 Bingo 4:00 MC Puzzles 5:00 Walking In Groups	28 10:00 Easter Craft 11:00 Cards & Coffee 1:00 Comedy Hour 2:00 Sharing: Activities We’ve Done & Want to Do! 3:00 Bingo 4:00 Craft	29 Good Friday 9:00 Trivia 10:00 Cards & Coffee 11:00 Board Games 1:00 Easter Craft 2:00 Bingo 3:30 Easter Egg Hunt 4:00 Easter Party	30 10:00 Balloon Ball 11:00 MC Balloon Ball 1:00 Movie & Popcorn 3:00 Bingo 4:00 Walking In The Garden

March 8
Wearing Our
Favorite Sweatshirts

March 10 at 11 am
Oscar Awards
(Residents'
Ceremony!)

March 12 at 1 pm
Planting Spring
Flowers

March 17
Green Pancakes
at 9 am
Crafting at 3
Irish Music at 5 pm

March 19 at 2:30 pm
Timothy Patrick
Concert

March 20 at 2 pm
Health Talk with
Nurse Ariel

March 29 at 3:30 pm
Easter Egg Hunt &
then Party

March 31
Easter Dinner
at 5 pm