# Resident **Spotlight**



Terri

Terri was born and raised in Portland, Ore. She worked in the music and wedding planning business. She loves her kitty Leo and cooking with friends. She has always loved to travel, sail, and go scuba diving. One place that she said she would like to travel to again is the Cayman Islands. Welcome to the community, Terri!

## **Team Member Spotlight**



Tonya, Caregiver

Tonya is one of our hardworking caregivers. When asked why she does what she does, she said she loves to take care of seniors. She has been doing it since she was 16 years old. She is a mother of two children and has five grandchildren. Tonya is originally from Brooklyn, NY, but was raised in California. She likes to bowl, go to movies, and go to casino in her off time. Thank you for all your hard work!









Mardi Gras fun, a Scenic Drive to Multnomah Falls, and a magic show for Valentine's Day





# A Note from the Executive Director



Malina Souliyalaovong,

**Executive Director** 

We are already getting ready for Spring. Can you believe it? Time has flown by too fast.

This month in the community, we are looking forward to all of the outings and special events we have planned. On March 13th at 2pm, we will be having a musical performance and would love to have you join us!

On March 12th from 5:30 pm-6:30 pm, we will be hosting a family support group that we would love for you to attend. A light dinner will be provided. Please RSVP by March 9th.

I hope you have a great month, and don't forget to turn the clocks forward! Daylight Savings takes place March 10th.

# **Farmington Square News**

### Assisted & Memory Care | 1655 NE 18th St. | Gresham, OR 97030 | 503-665-1994



Greetings family and friends,

# HAPPY Birthday Residents

- Bonnie 3/7
- Caroleen 3/10
- Jo 3/12
- Billy 3/19
- Eleanor 3/19
- Neelen 3/22
- Gary 3/26
- Beverly 3/26

### Staff

- Shauny 3/5
- Aaron 3/10
- Angelina 3/13
- Makayla 3/15
- Destiny 3/16
- Marie 3/17
- Perla 3/29
- Sandra 3/29

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1655 NE 18th St., Gresham, OR 97030 •

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Our mission is to create and maintain comfortable, caring environments for those who depend on us.

### 503-665-1994

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upcoming events

3/7 **Resident Council** 

3/12 **Flower Planting** 

3/13 Entertainment with Kyle Lewis

3/15 Pet Therapy

3/17 St. Patrick's Day Ice Cream Social

3/18-3/22 **Spirit Week** 

3/31 **Easter Bingo** Party

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		3/22 Purple Day			3:00 Talk & Snack	3
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10:30 Beauty Time	10:30 Manicure Monday	10:30 Healthy Hair	10:30 Beautiful You	10:30 Women's Group	10:30 Men's Group	1
	11:30 Healthy Hands	11:30 Healthy Hands	11:30 Healthy Hands	11:30 Healthy Hands	11:30 Healthy Hands	1
1:00 Table Games 2:00 Color With Me	1:00 Bingo 2:00 Bean Bag Toss	1:30 Worship Service 2:30 Walk & Talk	1:00 Table Games 2:00 Walmart	1:00 <b>Resident Council</b> 2:00 Creative Coloring	1:00 Big Pin Bowling 2:00 Walk & Talk	1
	3:00 TV & Snack	e3:00 Talk & Snack	3:00 Music & Snack	3:00 TV & Snack	3:00 Talk & Snack	3
4:00 Walk With Me	4:00 Trivia	4:00 Brain Teasers	4:00 Walk With Me	4:00 Trivia	4:00 Brain Teasers	3 4
	4:30 Healthy Hands	4:30 Healthy Hands	4:30 Healthy Hands	4:30 Healthy Hands	4:30 Healthy Hands	4
6:00 Evening Movie	6:00 Evening Movie	6:00 Evening Movie	6:00 Evening Movie	6:00 Evening Movie	6:00 Evening Movie	6
10	11	12 Plant a Flower Day	13	14	15	1
	9:30 Balloon Toss 10:00 Coffee & News	9:30 Chair Yoga 10:00 Game Show	9:30 Sit & Be Fit 10:00 Scenic Drive	9:30 Balloon Toss 10:00 Coffee & News	9:30 Chair Yoga 10:00 Game Show	9 1
10:30 Beauty Time	10:30 Manicure Monday	10:30 Healthy Hair	10:30 Beautiful You	10:30 Women's Group	10:30 Men's Group	1
11:30 Healthy Hands	11:30 Healthy Hands	11:30 Healthy Hands	11:30 Healthy Hands	11:30 Healthy Hands	11:30 Healthy Hands	1
	1:00 Bingo	1:30 Worship Service	1:00 Table Games	1:00 Bingo	1:00 Pet Therapy	1:
	2:00 Bean Bag Toss 3:00 TV & Snack	2:30 <b>Plant a flower</b> 3:00 Talk & Snack	2:00 Kyle Lewis 3:00 Ice Cream Social	2:00 Arts and Crafts 3:00 TV & Snack	2:30 Walk & Talk 3:00 Talk & Snack	2:
4:00 Walk With Me	4:00 Trivia	4:00 Brain Teasers	4:00 Walk With Me	4:00 Trivia	4:00 Brain Teasers	4
	4:30 Healthy Hands	4:30 Healthy Hands	4:30 Healthy Hands	4:30 Healthy Hands	4:30 Healthy Hands	4
6:00 Evening Movie	6:00 Evening Movie	6:00 Evening Movie	6:00 Evening Movie	6:00 Evening Movie	6:00 Evening Movie	6
17 St. Patrick's Day	18	19 Spring Begins	20	21	22	2
9:30 Sit & Be Fit	9:30 Balloon Toss	9:30 Chair Yoga	9:30 Sit & Be Fit	9:30 Balloon Toss	9:30 Chair Yoga	9
10:00 Game Show	10:00 Coffee & News	10:00 Game Show	10:00 Scenic Drive	10:00 Coffee & News	10:00 Game Show	1
10:30 Beauty Time 11:30 Healthy Hands	10:30 Manicure Monday 11:30 Healthy Hands	10:30 Healthy Hair 11:30 Healthy Hands	10:30 Beautiful You 11:30 Healthy Hands	10:30 Women's Group 11:30 Healthy Hands	10:30 Men's Group 11:30 Healthy Hands	1
1:00 Table Games	1:00 Bingo	1:30 Worship Service	1:00 Table Games	1:00 Bingo	1:00 Big Pin Bowling	1
2:00 Color With Me	2:00 Bean Bag Toss	2:30 Walk & Talk	2:00 Birthday Party	2:00 Creative Coloring	2:00 Walk & Talk	2
3:00 St. Patty's Ice Cream Social 4:00 Walk With Me	4:00 Trivia	3:00 Talk & Snack 4:00 Brain Teasers	3:00 Music & Snack 4:00 Walk With Me	3:00 TV & Snack 4:00 Trivia	3:00 Talk & Snack 4:00 Brain Teasers	3 4
	4:30 Healthy Hands	4:30 Healthy Hands	4:30 Healthy Hands	4:30 Healthy Hands	4:30 Healthy Hands	4
6:00 Evening Movie	6:00 Evening Movie	6:00 Evening Movie	6:00 Evening Movie	6:00 Evening Movie	6:00 Evening Movie	6
24   31 Easter	25	26	27	28	29	3
9:30 Sit & Be Fit 9:30 Sit & Be Fit 9:30 Sit & Be Fit	9:30 Balloon Toss	9:30 Chair Yoga	9:30 Sit & Be Fit	9:30 Balloon Toss	9:30 Chair Yoga	9
10:30 Beauty Time 11:30 Healthy Hands 11:30 Healthy Hands	10:00 Coffee & News	10:00 Game Show	10:00 Scenic Drive 10:30 Beautiful You	10:00 Coffee & News	10:00 Game Show	1
1:00 Table Games1:00 Table Games2:00 Color With Me2:00 Easter Bingo Party	10:30 Manicure Monday 11:30 Healthy Hands	10:30 Healthy Hair 11:30 Healthy Hands	11:30 Healthy Hands	10:30 Women's Group 11:30 Healthy Hands	10:30 Men's Group 11:30 Healthy Hands	1 1
4:00 Walk With Me 4:00 Walk With Me	1:00 Bingo	1:30 Worship Service	1:00 Table Games	1:00 Bingo	1:00 Big Pin Bowling	1
4:30 Healthy Hands 6:00 Evening Movie 6:00 Evening Movie	2:00 Bean Bag Toss	2:30 Walk & Talk	2:00 Dollar Store	2:00 Creative Coloring	2:00 Walk & Talk	2
	3:00 TV & Snack 4:00 Trivia	3:00 Talk & Snack 4:00 Brain Teasers	3:00 Music & Snack 4:00 Walk With Me	3:00 TV & Snack 4:00 Trivia	3:00 Talk & Snack 4:00 Brain Teasers	3 4
	4:30 Healthy Hands	4:30 Healthy Hands	4:30 Healthy Hands	4:30 Healthy Hands	4:30 Healthy Hands	4
	6:00 Evening Movie	6:00 Evening Movie	6:00 Evening Movie	6:00 Evening Movie	6:00 Evening Movie	6

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### SAT

9:30 Sit & Be Fit 10:00 Game Show 10:30 Beautiful You 11:30 Healthy Hands 1:00 Table Games 2:00 Brain Games 3:00 Music & Snack 4:00 Walk With Me 4:30 Healthy Hands 6:00 Evening Movie

9:30 Sit & Be Fit 10:00 Game Show 10:30 Beautiful You 11:30 Healthy Hands 1:00 Table Games 2:00 Brain Games 3:00 Music & Snack 4:00 Walk With Me 4:30 Healthy Hands 6:00 Evening Movie

### 16

9:30 Sit & Be Fit 10:00 Game Show 10:30 Beautiful You 11:30 Healthy Hands 1:00 Table Games 2:00 Brain Games 3:00 Music & Snack 4:00 Walk With Me 4:30 Healthy Hands 6:00 Evening Movie

### 23

9:30 Sit & Be Fit 10:00 Game Show 10:30 Beautiful You 11:30 Healthy Hands 1:00 Table Games 2:00 Brain Games 3:00 Music & Snack 4:00 Walk With Me 4:30 Healthy Hands 6:00 Evening Movie

### 30

9:30 Sit & Be Fit 10:00 Game Show 10:30 Beautiful You 11:30 Healthy Hands 1:00 Table Games 2:00 Brain Games 3:00 Music & Snack 4:00 Walk With Me 4:30 Healthy Hands 6:00 Evening Movie



upcoming events

3/7 **Resident Council** 

3/12 **Flower Planting** 

3/13 Entertainment with Kyle Lewis

3/15 **Pet Therapy** 

3/17 St. Patrick's Day Ice Cream Social

3/18-3/22 **Spirit Week** 

3/31 **Easter Bingo** Party

# **MARCH 2024**

Farmington Square Gresham

**Diamond/Emerald** 

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1655 NE 18th St., Gresham, OR 97030

SUN	MON	TUE	WED	THU	FRI
		Spirit Week! 3/18 Green or Gold Day 3/19 Comfy Day 3/20 Spring Outfit Day 3/21 PJ Day 3/22 Purple Day			1 9:30 Balloon Toss 10:00 Manicure 10:30 Game Show 11:30 Healthy Hands 1:00 Creative Coloring 2:00 Table Games 3:00 TV & Snack 4:00 Brain Games 4:30 Healthy Hands 6:00 Evening Move
3 9:30 Sit & Be Fit 10:00 Healthy Hair 10:30 Game Show 11:30 Healthy Hands 1:00 Walk & Talk 2:00 Color Sorting 3:00 Relax & Snack 4:00 Color With Me 4:30 Healthy Hands 6:00 Evening Movie	4 9:30 Balloon Toss 10:00 Manicure Monday 10:30 Game Show 11:30 Healthy Hands 1:00 Creative Coloring 2:00 Table Games 3:00 TV & Snack 4:00 Brain Games 4:30 Healthy Hands 6:00 Evening Move	5 9:30 Chair Yoga 10:00 Beautiful You 10:30 Game Show 11:30 Healthy Hands 1:30 <b>Worship Service</b> 2:30 Bingo 3:00 Music & Snack 4:00 Name that Rhyme 4:30 Healthy Hands 6:00 Evening Movie	<b>6</b> 9:30 Walk With Me 10:00 <b>Scenic Drive</b> 10:30 Game Show 11:30 Healthy Hands 1:00 Bean Bag Toss 2:00 <b>Walmart</b> 3:00 Movie & Snack 4:00 Walk & Talk 4:30 Healthy Hands 6:00 Evening Movie	7 9:30 Sit & Be Fit 10:00 Healthy Hair 10:30 Game Show 11:30 Healthy Hands 1:00 <b>Resident Council</b> 2:00 Color Sorting 3:00 Relax & Snack 4:00 Color With Me 4:30 Healthy Hands 6:00 Evening Movie	<b>8</b> 9:30 Balloon Toss 10:00 Manicure 10:30 Game Show 11:30 Healthy Hands 1:00 Creative Coloring 2:00 Table Games 3:00 TV & Snack 4:00 Brain Games 4:30 Healthy Hands 6:00 Evening Move
<b>10</b> 9:30 Sit & Be Fit 10:00 Healthy Hair 10:30 Game Show 11:30 Healthy Hands 1:00 Walk & Talk 2:00 Color Sorting 3:00 Relax & Snack 4:00 Color With Me 4:30 Healthy Hands 6:00 Evening Movie	<b>11</b> 9:30 Balloon Toss 10:00 Manicure Monday 10:30 Game Show 11:30 Healthy Hands 1:00 Creative Coloring 2:00 Table Games 3:00 TV & Snack 4:00 Brain Games 4:30 Healthy Hands 6:00 Evening Move	<b>12 Plant a Flower Day</b> 9:30 Chair Yoga 10:00 Beautiful You 10:30 Game Show 11:30 Healthy Hands 1:30 <b>Worship Service</b> 2:30 <b>Plant a Flower</b> 3:00 Music & Snack 4:00 Name that Rhyme 4:30 Healthy Hands 6:00 Evening Movie	13 9:30 Walk With Me 10:00 Scenic Drive 10:30 Game Show 11:30 Healthy Hands 1:00 Bean Bag Toss 2:00 Kyle Lewis 3:00 Ice Cream Social 4:00 Walk & Talk 4:30 Healthy Hands 6:00 Evening Movie	14 9:30 Sit & Be Fit 10:00 Healthy Hair 10:30 Game Show 11:30 Healthy Hands 1:00 Walk & Talk 2:00 Color Sorting 3:00 Relax & Snack 4:00 Color With Me 4:30 Healthy Hands 6:00 Evening Movie	<b>15</b> 9:30 Balloon Toss 10:00 Manicure 10:30 Game Show 11:30 Healthy Hands 1:00 <b>Pet Therapy</b> 2:30 Table Games 3:00 TV & Snack 4:00 Brain Games 4:30 Healthy Hands 6:00 Evening Move
<b>17 St. Patrick's Day</b> 9:30 Sit & Be Fit 10:00 Healthy Hair 10:30 Game Show 11:30 Healthy Hands 1:00 Walk & Talk 2:00 Color Sorting 3:00 <b>St. Patty's Ice Cream Social</b> 4:00 Color With Me 4:30 Healthy Hands 6:00 Evening Movie	<b>18</b> 9:30 Balloon Toss 10:00 Manicure Monday 10:30 Game Show 11:30 Healthy Hands 1:00 Creative Coloring 2:00 Table Games 3:00 TV & Snack 4:00 Brain Games 4:30 Healthy Hands 6:00 Evening Move	<b>19 Spring Begins</b> 9:30 Chair Yoga 10:00 Beautiful You 10:30 Game Show 11:30 Healthy Hands 1:30 <b>Worship Service</b> 2:30 Bingo 3:00 Music & Snack 4:00 Name that Rhyme 4:30 Healthy Hands 6:00 Evening Movie	20 9:30 Walk With Me 10:00 Scenic Drive 10:30 Game Show 11:30 Healthy Hands 1:00 Bean Bag Toss 2:00 Birthday Party 3:00 Movie & Snack 4:00 Walk & Talk 4:30 Healthy Hands 6:00 Evening Movie	21 9:30 Sit & Be Fit 10:00 Healthy Hair 10:30 Game Show 11:30 Healthy Hands 1:00 Walk & Talk 2:00 Color Sorting 3:00 Relax & Snack 4:00 Color With Me 4:30 Healthy Hands 6:00 Evening Movie	9:30 Balloon Toss 10:00 Manicure 10:30 Game Show 11:30 Healthy Hands 1:00 Creative Coloring 2:00 Table Games 3:00 TV & Snack 4:00 Brain Games 4:30 Healthy Hands 6:00 Evening Move
24 9:30 Sit & Be Fit 10:00 Healthy Harir 10:30 Game Show 11:30 Healthy Hands 1:00 Walk & Talk 2:00 Color sorting 3:00 Relax & Snack 4:00 Color With Me 4:30 Healthy Hands 6:00 Evening Movie 3:00 Evening Movie	25 9:30 Balloon Toss 10:00 Manicure Monday 10:30 Game Show 11:30 Healthy Hands 1:00 Creative Coloring 2:00 Table Games 3:00 TV & Snack 4:00 Brain Games 4:30 Healthy Hands 6:00 Evening Move	26 9:30 Chair Yoga 10:00 Beautiful You 10:30 Game Show 11:30 Healthy Hands 1:30 Worship Service 2:30 Bingo 3:00 Music & Snack 4:00 Name that Rhyme 4:30 Healthy Hands 6:00 Evening Movie	27 9:30 Walk With Me 10:00 Scenic Drive 10:30 Game Show 11:30 Healthy Hands 1:00 Bean Bag Toss 2:00 Dollar Store 3:00 Movie & Snack 4:00 Walk & Talk 4:30 Healthy Hands 6:00 Evening Movie	28 9:30 Sit & Be Fit 10:00 Healthy Hair 10:30 Game Show 11:30 Healthy Hands 1:00 Walk & Talk 2:00 Color Sorting 3:00 Relax & Snack 4:00 Color With Me 4:30 Healthy Hands 6:00 Evening Movie	29 9:30 Balloon Toss 10:00 Manicure 10:30 Game Show 11:30 Healthy Hands 1:00 Creative Coloring 2:00 Table Games 3:00 TV & Snack 4:00 Brain Games 4:30 Healthy Hands 6:00 Evening Move

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### 503-665-1994

### SAT

2 9:30 Sit & Be Fit 10:00 Healthy Hair 10:30 Game Show 11:30 Healthy Hands 1:00 Walk & Talk 2:00 Color Sorting 3:00 Relax & Snack 4:00 Color With Me 4:30 Healthy Hands 6:00 Evening Movie

9

9:30 Sit & Be Fit 10:00 Healthy Hair 10:30 Game Show 11:30 Healthy Hands 1:00 Walk & Talk 2:00 Color Sorting 3:00 Relax & Snack 4:00 Color With Me 4:30 Healthy Hands 6:00 Evening Movie

16

9:30 Sit & Be Fit 10:00 Healthy Hair 10:30 Game Show 11:30 Healthy Hands 1:00 Walk & Ťalk 2:00 Color Sorting 3:00 Relax & Snack 4:00 Color With Me 4:30 Healthy Hands 6:00 Evening Movie

23

9:30 Sit & Be Fit 10:00 Healthy Hair 10:30 Game Show 11:30 Healthy Hands 1:00 Walk & Talk 2:00 Color Sorting 3:00 Relax & Snack 4:00 Color With Me 4:30 Healthy Hands 6:00 Evening Movie

30

9:30 Sit & Be Fit 10:00 Healthy Hair 10:30 Game Show 11:30 Healthy Hands 1:00 Walk & Talk 2:00 Color sorting 3:00 Relax & Snack 4:00 Color With Me 4:30 Healthy Hands 6:00 Evening Movie



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