

## MEET THE TEAM

### **Samantha Mc Manus**, Executive Director

Entering the field in 2003, Samantha brings her expertise as a nurse as well as a compassionate heart to The Lakes. Senior care has always been a passion for her, entering the field in high school as a certified nurse aide. From there she served the community as a charge nurse for almost a decade. A Paducah native, she has one son and has been happily married to Andy for 6 years. Samantha looks forward to serving The Lakes of Paducah for many years to come.

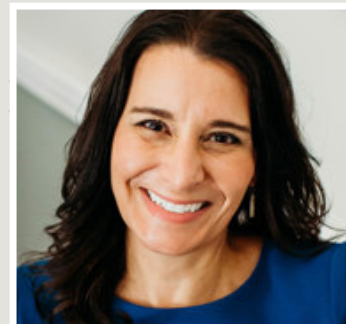


### **Lindsay Rutherford**, Director of Resident Care & Wellness

Lindsay has nearly 10 years of experience as a nurse. She started out working as an LPN and later decided to go back to school for her RN degree. Lindsay spent most of her nursing career in long-term care and has a passion for the elderly population. She has been a resident of Paducah Kentucky her entire life and has two children she loves spending time. Her hobbies are shopping and going out to eat.

### **Laura Todino**, Director of Community Relations

Laura has a passion for serving seniors and it shows. Ever since she was little, she knew working with seniors was her calling. She is certified by Argentum as a Senior Living Sales Counselor has worked in senior living since 2005. Laura is married to her husband Dan and they have two daughters. She considers it an honor to help families and seniors with the next exciting step of their life journey.



### **Regina Carter**, Open Arms Program Director

Regina has been a Certified Dementia Practitioner since 2000 specializing in Alzheimer's/Dementia Care. She feels that senior care is not just her passion but also her purpose. Regina treasures the bonds and relationships that are developed through the care that she provides, and she is looking forward to building new relationships and creating new memories with the residents in our Open Arms Memory Care community.

**Alex Travis, Director of Culinary Services**

Alex demonstrates a real heart and passion for cooking, one that was cultivated by his Dad from an early age. He began his career in a small polish restaurant in Grand Rivers at 18 years old. Alex loves cooking for people especially seniors and loves seeing the smile it brings to their faces. He especially loves creating tasty dishes for the residents at The Lakes. Alex is a newlywed and joys taking his dog on walks and to the park with his wife.



**Leslie Hamilton, Director of Life Engagement**

Leslie is passionate and energetic about her role here at the Lakes. She loves creating fun memorable events for seniors. Leslie has her bachelors from Murray State University in public relations and marketing. She has two sons and a miniature schnauzer. She enjoys spending time with her mom, reading, shopping, and spending time outside. Leslie has a lot of energy and is very passionate about life. She looks forward to creating many memorable moments with staff and residents.

**Debra Amos, Business Office Director**

Debra brings with her twenty years' experience in the business office field. She handled billing, invoices and leases at the Jackson House Senior Housing Apartments and in the business office at Mayfield Nursing and Rehab. Debra was raised in the Reelfoot Lake, and has two daughters and one son and is a grandmother as well. Debra's faith and family are the most important things to her and feels called to serve others. Her smile lets everyone know she is always available to do what she can for others. .



**Bryan Spees, Director of Maintenance**

Bryan has been with us since our doors opened in 2015. He started in the kitchen as our chef and is known as our grill master at cookouts. He has a varied career in landscaping, home improvement, and sound engineer for a country music star. Bryan feels all his experiences have benefited him in this position. He, his wife, and son enjoy many outdoor adventures!

**Peggy Thomason, Concierge**

Peggy is a people person, and it shows! She loves working with seniors, hearing their stories, and helping them in any way she can. She is originally from Earlington, KY. She worked at Southern Bell in Madisonville KY for 27 years, and West Kentucky Telephone for 13 years. She has two daughters and one son. She enjoys spending time with her four grandkids and one great grandchild.

