

Sunday	Monday Nov. 26 - Dec. 2`	Tuesday Dec. 24 - Dec. 30	Wednesday Jan. 21 - Jan .27	Thursday Feb. 18- Feb. 24	Friday Mar. 17 - Mar. 23-	Saturday Apr. 21 - Apr. 27
<b>Breakfast</b>						
Juice of Choice Choice of Cold or Hot Cereal Sausage Link Pancakes Margarine & Syrup Milk Coffee or Hot Tea	Juice of Choice Choice of Cold or Hot Cereal Scrambled Egg Bagel w/ Cream cheese Margarine & Jelly Milk Coffee or Hot Tea	Juice of Choice Choice of Cold or Hot Cereal Egg Omelet Bacon Toast Margarine & Jelly Milk Coffee or Hot Tea	Juice of Choice Choice of Cold or Hot Cereal French Toast w/ Blueberry Sauce Margarine & Syrup Milk Coffee or Hot Tea	Juice of Choice Choice of Cold or Hot Cereal Fried Eggs Corn Beef Hash Toast Margarine & Jelly Milk Coffee or Hot Tea	Juice of Choice Choice of Cold or Hot Cereal Waffle Scrapple Margarine & Syrup Milk Coffee or Hot Tea	Juice of Choice Choice of Cold or Hot Cereal Egg Patty w/ Ham & Cheese on Croissant Milk Coffee or Hot Tea
<b>Lunch</b>						
BBQ Spare Ribs Baked Potato Buttered Corn Dinner Roll or Bread Margarine Black Forest Cake Milk Beverage of Choice	Stuffed Cabbage Roll Mashed Potatoes Italian Green Beans Dinner Roll or Bread Margarine Cream Pie Milk Beverage of Choice	Lasagna with Meat sauce Tossed Salad with Dressing Garlic Bread Fruit Cobbler Milk Beverage of Choice	Chicken Tetrzzini Sliced Carrots Dinner Roll or Bread Margarine Lemon Pudding Parfait Milk Beverage of Choice	Meatloaf Scalloped Potatoes Vegie Blend Dinner Roll or Bread Margarine Chocolate Cake with Chocolate Frosting Milk Beverage of Choice	Crab Cakes Steak Fries Creamy Coleslaw Dinner Roll or Bread Margarine Pumpkin Mousse Milk Beverage of Choice	Baked Chicken Bread Stuffing Prince Edward Veg Blend Dinner Roll or Bread Margarine Sherbet Cups Milk Beverage of Choice
Southwest Chicken	Roast Turkey	Veal Marsala Rice	Butter Crumb Fish	Glazed Ham Steak	Teriyaki Pork Chop	Smoked Sausage
<b>Dinner</b>						
Cream of Broccoli Soup Saltine Crackers Chip Streak Sandwich W/ Peppers & onions Potato Cakes Peaches Milk Beverage of Choice	Beef Noodle Soup Saltine Crackers Hot Dog on Bun Baked Beans Assorted Jell-O Milk Beverage of Choice	Chicken Corn Chowder Saltine Crackers Ham Salad Sandwich on Rye w/ Lett & Tom Breaded Pickle Chips Ambrosia Milk Beverage of Choice	Beef Chili with Beans Tossed Salad with Dressing Cornbread Margarine Fruit Cup Milk Beverage of Choice	Cream of Cauliflower Soup Saltine Crackers BBQ Pork on a Bun Potato Wedges Pineapple Dream Milk Beverage of Choice	Tomato Basil Soup Saltine Crackers Grilled Cheese Sandwich Chips & Pickles Ice Cream Milk Beverage of Choice	Vegetable Soup Saltine Crackers Cheeseburger on Bun Vegetable blend W Italian Dressing Spiced Pears Milk Beverage of Choice
Mushroom & Cheese Quiche	Chicken Nuggets WW/Dippingw/g	Beef & Cheddar On Bun	Home Made Pizza Tossed Salad w/ Dressing	Seafood Salad Sandwich	Cottage Cheese & Fruit Plate	Turkey Club Sandwich
<b>HS Snack</b>						
Snack of the Day	Snack of the Day	Snack of the Day	Snack of the Day	Snack of the Day	Snack of the Day	Snack of the Day





Sunday	Monday Nov. 19 - Nov. 25	Tuesday Dec. 17 - Dec.23	Wednesday Jan. 14 - Jan.20	Thursday Feb. 11 - Feb. 17	Friday Mar. 10 - Mar. 16	Saturday Apr. 14- Apr. 20
<b>Breakfast</b>						
Juice of Choice Choice of Cold or Hot Cereal Egg Omelet w/ Cheese Toast Margarine & Jelly Milk Coffee or Hot Tea	Juice of Choice Choice of Cold or Hot Cereal French Toast Sausage Link Margarine & Syrup Milk Coffee or Hot Tea	Juice of Choice Choice of Cold or Hot Cereal Fried Eggs Fresh Fruit Milk Coffee or Hot Tea	Juice of Choice Choice of Cold or Hot Cereal Pancakes W/ Strawberry Sauce Milk Coffee or Hot Tea	Juice of Choice Choice of Cold or Hot Cereal Scrambled Eggs Sausage Gravy w/ Biscuits Margarine & Jelly Milk Coffee or Hot Tea	Juice of Choice Choice of Cold or Hot Cereal Waffle Bacon Margarine & Syrup Milk Coffee or Hot Tea	Juice of Choice Choice of Cold or Hot Cereal Egg Omelet Ham & Cheese Toast Margarine & Jelly Milk Coffee or Hot Tea
<b>Lunch</b>						
Sweet & Sour Chicken Pot stickers Oriental Blend Dinner Roll or Bread Margarine Harvest Cake Milk Beverage of Choice	Turkey Alfredo Steamed Broccoli Dinner Roll or Bread Margarine Milk Rice Pudding Beverage of Choice	Veal Cutlet with Mushroom Sauce Mashed Potatoes Cream Corn Dinner Roll or Bread Margarine Mandarin Oranges Milk Beverage of Choice	Smothered Pork Chops Oven Potatoes Dill Carrots Dinner Roll or Bread Margarine Lemon Meringue Pie Milk Beverage of Choice	Chicken Parm w/ Spaghetti Tossed Salad W/ Dressing Garlic Bread Pudding Swirl Milk Beverage of Choice	Crab Cakes Tartar Sauce Steak Fries Creamy Coleslaw Dinner Roll or Bread Margarine Lemon Cake w/ Lemon Icing Milk Beverage of Choice	Tuna Noodles Casserole Peas & Carrots Dinner Roll Ice Cream Sundae Milk Beverage of Choice
Beef Tips	Salisbury Steak w/ Gravy Mashed Potatoes	Stuffed Peppers	Cheese Crumb Cod	Glazed Ham Sweet Potatoes	Country Steak w/ Gravy	Apple Roast Pork Mashed Potatoes
<b>Dinner</b>						
Italian Wedding Soup Saltine Crackers Pulled Pork on a Bun French Fries Fruit Cup Milk Beverage of Choice	Chicken Rice Soup Saltine Crackers Pierogies w/ Butter & onions Pea Salad Oatmeal Cookie Milk Beverage of Choice	Minestrone Soup Saltine Crackers Crispy Chicken Sandwich Potato salad Fruit Cheesecake Pudding Milk Beverage of Choice	New England Clam Chowder Saltine Crackers Hamburger Bun w/ Fried Onions Tomato &Cucumber Salad Sherbet Milk	Vegetable Soup Saltine Crackers Open-Faced Roast Beef Sandwich Creamy Pasta Salad Cinnamon Scalloped Peaches Milk Beverage of Choice	Cream of Mushroom Soup Saltine Crackers Chicken Salad Sandwich Onion Pedals Tropical Fruit Milk Beverage of Choice	Chicken Orzo Soup Saltine Crackers BLT Sandwich W/ Cheese Breaded Green Beans Pineapple Dream Milk Beverage of Choice
Egg Salad On Croissant	Chicken Quesadilla	Tuna Salad Sandwich	French Bread Pizza	Italian Submarine Sandwich w/ Lettuce & Tomato	Grilled Cheese & Tomato Sandwich	Sloppy Joe on Bun
<b>HS Snack</b>						
Snack of the Day	Snack of the Day	Snack of the Day	Snack of the Day	Snack of the Day	Snack of the Day	Snack of the Day