




Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>  <h1>FEBRUARY 2024</h1> <h2>Random Acts of Kindness Month</h2> </div>				<div> <div>1</div> <p>           9:00 Tai Chi DVD - RR            9:00 Catholic Communion - CH            9:00 <b>Outing with Hilltop Commons: Covered Bridge &amp; Lunch at Lumberjacks</b>            12:00 Wii Bowling Session 1 - RR            12:30 Wii Bowling Session 2 - RR            2:30 <b>Happy Hour: Jerry Lopes</b>            6:00 Bingo with Lori - RR         </p> </div>	<div> <div>2</div> <p> <b>***GROUNDHOG DAY***</b>            9:00 <b>Outing- Nut Tree Shopping and Lunch</b>            9:00 Qi Gong DVD - RR            10:00 Seated Exercise -RR            1:30 The History of Groundhog Day - RR             3:00 Afternoon Bingo - RR            6:00 Friday Night Movie - RR         </p> </div>	<div> <div>3</div> <p>           10:00 Senior Stretching DVD Seated Exercise - RR            11:00 Seated Yoga DVD - RR            1:00 Wii Bowling Session 1- RR            1:30 Wii Bowling Session 2- RR            2:30 Crossword Puzzle Club - RR            6:00 Saturday Night Movie - RR         </p> </div>
<div> <div>4</div> <p>           9:00 Tai Chi DVD - RR            10:00 Brain Teasers - RR            11:00 Seated Yoga DVD - RR            1:00 Matinee Movie - RR with Popcorn            6:00 Bingo with Lori - RR         </p> </div>	<div> <div>5</div> <p>           9:00 Qi Gong DVD - RR            10:00 Seated Exercise - RR            11:00 Tai Chi DVD - RR            12:00 Wii Bowling 1 - RR            12:30 Wii Bowling 2 - RR            2:30 Horse Races - RR   <i>Come Place Your Bets!</i>            3:30 Fireside Colored Art - LB            6:00 Puzzle Hour - LB         </p> </div>	<div> <div>6</div> <p>           9:00 Tai Chi DVD - RR            10:00 Seated Strength Exercise Class with Ginger - RR            11:00 Name that Tune - RR            1:00 <b>Innovage Presentation on Medical Services &amp; Assistance Program</b> - RR            2:30 Bean Bag Baseball - RR            6:00 Yahtzee Hour - LB         </p> </div>	<div> <div>7</div> <p>           9:00 Qi Gong DVD - RR            10:00 Seated Strength Exercise Class with Ginger - RR            11:00 Activity Talk with Ginger - RR            1:00 POKENO - RR            2:30 Afternoon Bingo - RR            3:30 Wii Golfing - RR            6:00 Residents Card Night - LB         </p> </div>	<div> <div>8</div> <p>           9:00 Tai Chi DVD - RR            9:00 Catholic Communion - CH            10:00 Seated Exercise -RR            12:00 Wii Bowling Session 1 - RR            12:30 Wii Bowling Session 2 - RR            12:30 <b>Ceramics Class</b> - CR            2:30 <b>Happy Hour &amp; Music with Todd Morgan</b> - RR            6:00 Bingo with Lori - RR         </p> </div>	<div> <div>9</div> <p>           9:30 <b>Outing- California Railroad Museum &amp; Chinese Lunch</b>            9:00 Qi Gong DVD - RR            10:00 Seated Exercise -RR            11:00 Chinese New Year History - RR            2:00 <b>Society for the Blind Presentation</b> - RR            6:00 Friday Night Movie - RR         </p> </div>	<div> <div>10</div> <p> <b>***CHINESE NEW YEAR***</b>            10:00 Senior Stretching DVD Seated Exercise - RR            11:00 Seated Yoga DVD - RR            1:00 Wii Bowling Session 1- RR            1:30 Wii Bowling Session 2- RR            2:30 Crossword Puzzle Club - RR            6:00 Saturday Night Movie - RR         </p> </div>
<div> <div>11</div> <p> <b>***SUPERBOWL SUNDAY***</b>            9:00 Tai Chi DVD - RR            10:00 Brain Teasers - RR            11:00 Seated Yoga DVD            3:00 <b>Superbowl Game &amp; Resident Potluck</b> - RR             6:00 Bingo with Lori - RR         </p> </div>	<div> <div>12</div> <p> <b>*ABRAHAM LINCOLN'S B-DAY*</b>            9:00 Qi Gong DVD - RR            10:00 Seated Exercise - RR            10:00 <b>Valentine Chocolate &amp; Candy Boutique</b>            12:00/12:30 Wii Bowling            2:30 Horse Races - RR   <i>Come Place Your Bets!</i>            3:30 Life of Abraham Lincoln- RR            6:00 Puzzle Hour - LB         </p> </div>	<div> <div>13</div> <p> <b>***MARDI GRAS***</b>            9:00 Tai Chi DVD - RR            10:00 Seated Exercise -RR            11:00 Seated Massages - CR            1:00 <b>Drew's Crew: Card Sharks Game</b> - RR             1:30 <b>Hearing Aid Checks</b>            2:30 Bean Bag Baseball - RR            4-6 p.m. <b>Mardi Gras Dinner</b> - DR            6:00 Yahtzee Hour - LB         </p> </div>	<div> <div>14</div> <p> <b>***VALENTINE'S DAY***</b>            9:00 Qi Gong DVD - RR            9:00 Bible Study &amp; Worship - CH            10:00 Seated Exercise - RR            11:00 Valentine History - RR            2:30 <b>Valentine's Day Party with Del &amp; Susan</b> - RR             3:30 Fireside Chat - LB            4-6 p.m. <b>Valentine's Day Dinner</b>            6:00 Residents Card Night - LB         </p> </div>	<div> <div>15</div> <p> <b>*SUSAN B ANTHONY DAY*</b>            9:00 Tai Chi DVD - RR            9:00 Catholic Communion - CH            10:00 Seated Exercise - RR            11:00 Susan B Anthony -RR            12:00 Wii Bowling Session 1 - RR            12:30 Wii Bowling Session 2 - RR            2:30 <b>Happy Hour &amp; Music with Gary Blodgett</b> - RR            6:00 Bingo with Lori - RR         </p> </div>	<div> <div>16</div> <p>           9:00 <b>Outing- High Hand Nursery and Lunch at Mongolian BBQ</b>            9:00 Qi Gong DVD - RR            10:00 Seated Exercise - RR            11:00 U.S. Presidents History-RR            2:30 <b>Karaoke Hour with Jim &amp; Linda</b> - RR             6:00 Friday Night Movie         </p> </div>	<div> <div>17</div> <p>           10:00 Senior Stretching DVD Seated Exercise - RR            11:00 Seated Yoga DVD - RR            1:00 Wii Bowling Session 1- RR            1:30 Wii Bowling Session 2- RR            2:30 Crossword Puzzle Club - RR            6:00 Saturday Night Movie - RR         </p> </div>
<div> <div>18</div> <p>           9:00 Tai Chi DVD - RR            10:00 Brain Teasers - RR            11:00 Seated Yoga DVD - RR            1:00 Matinee Movie with Popcorn - RR            6:00 Bingo with Lori - RR         </p> </div>	<div> <div>19</div> <p> <b>***PRESIDENT'S DAY***</b>            9:00 Qi Gong DVD - RR            10:00 Seated Exercise - RR            10:30 a.m. to 12:30 p.m. <b>President's Day Brunch</b> - DR            11:00 Tai Chi DVD - RR            12:00/12:30 Wii Bowling - RR Session 1 &amp; 2            2:00 Holiday Movie - RR             6:00 Puzzle Hour - LB         </p> </div>	<div> <div>20</div> <p> <b>***LOVE YOUR PET DAY***</b>            9:00 Tai Chi DVD - RR            10:00 Seated Strength Exercise Class with Ginger - RR            11:00 Name that Tune - RR            1:00 <b>Chef Chat with Louis</b> - RR            2:30 Bean Bag Baseball - RR            3:30 Funniest Pet Videos of 2023 - RR            6:00 Yahtzee Hour - LB  </p> </div>	<div> <div>21</div> <p>           9:00 Qi Gong DVD - RR            10:00 Seated Strength Exercise Class with Ginger - RR            11:00 TV Trivia- RR            1:00 POKENO - RR            2:30 Afternoon Bingo - RR            3:30 Jokes &amp; Riddles - RR            6:00 Residents Card Night - LB         </p> </div>	<div> <div>22</div> <p>           9:00 Tai Chi DVD - RR            9:00 Catholic Communion - CH            10:00 Seated Exercise -RR            12:00 Wii Bowling Session 1 - RR            12:30 Wii Bowling Session 2 - RR            12:30 <b>Ceramics Class</b> - CR            2:30 <b>Happy Hour with Capital City Reflections</b> - RR            6:00 Bingo with Lori - RR         </p> </div>	<div> <div>23</div> <p>           9:00 Qi Gong DVD - RR            9:00 <b>Bus Outing- Delta Drive and Lunch at on the Delta River</b>            10:00 Seated Exercise - RR            11:00 How Sugar is Made - RR            1:00 Afternoon Movie - RR            3:00 Afternoon Bingo - RR            6:00 Friday Night Movie - RR         </p> </div>	<div> <div>24</div> <p>           10:00 Senior Stretching DVD Seated Exercise - RR            11:00 Seated Yoga DVD - RR            1:00 Wii Bowling Session 1- RR            1:30 Wii Bowling Session 2- RR            2:30 Crossword Puzzle Club - RR            6:00 Saturday Night Movie - RR         </p> </div>
<div> <div>25</div> <p>           9:00 Tai Chi DVD - RR            10:00 Brain Teasers - RR            11:00 Seated Yoga DVD - RR            1:00 Matinee Movie with Popcorn - RR            6:00 Bingo with Lori - RR         </p> </div>	<div> <div>26</div> <p>           9:00 Qi Gong DVD - RR            10:00 Seated Exercise - RR            11:00 Tai Chi DVD - RR            12:00 Wii Bowling Session 1 - RR            12:30 Wii Bowling Session 2 - RR            2:00 <b>Springtime Craft Project</b> - RR            3:30 Fireside Colored Art - LB            6:00 Puzzle Hour - LB         </p> </div>	<div> <div>27</div> <p>           9:00 Tai Chi DVD - RR            10:00 Seated Exercise -RR            11:00 Seated Massages - CR            1:00 <b>Teaching Kitchen w/ Chef Louis: Eggs</b>             2:30 Bean Bag Baseball - RR            3:30 Share your Favorite Keepsake by the Fire - LB            6:00 Yahtzee Hour - LB         </p> </div>	<div> <div>28</div> <p>           9:00 Qi Gong DVD - RR            9:00 Bible Study &amp; Worship - CH            10:00 Seated Strength Exercise Class with Ginger - RR            11:00 TV Trivia- RR            1:00 POKENO - RR            2:30 Afternoon Bingo - RR            3:30 Fireside Chat - LB            6:00 Residents Card Night- LB -         </p> </div>	<div> <div>29</div> <p> <b>***LEAP YEAR DAY***</b>            9:00 Tai Chi DVD - RR            9:00 Catholic Communion - CH            10:00 Seated Strength Exercise Class with Ginger - RR            12:00 Wii Bowling Session 1 - RR            12:30 Wii Bowling Session 2 - RR            2:30 <b>Happy Hour &amp; Birthday Party with Mike Ely</b> - RR            6:00 Bingo with Lori - RR         </p> </div>	<div>  <h1>Happy Valentine's Day!</h1> </div>	