| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|-------------------|--|--|---------------------------------------|--|---|----------|
| FE | BR | | RY | 9-10am Chair Exercise | 9-10am Chair Exercise Ground Hog Day | 3 |
| 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| | 12pm Mexican Train 1pm Mahjong | 9-10am Chair Exercise 1pm Hand & Foot | 9am Bagels & Cream Cheese | 9-10am Chair Exercise | 9-10am Chair Exercise | |
| 11 | 12 | 13 | 14 | 15 | 16 | 17 |
| Super Bowl Sunday | 12pm Mexican Train 1pm Mahjong | 9-10am Chair Exercise 1pm Hand & Foot | Pam Belgium Waffles Valentine's Day | 9-10am Chair Exercise BUNCO! 1:30pm Bring \$2 and finger food or dessert to share | 9-10am Chair Exercise | |
| 18 | 19 | 20 | 21 | 22 | 23 | 24 |
| | Office Closed in Observance of President's Day **HAPPY*** PRESIDENTS' DAY | 9-10am Chair Exercise 1pm Hand & Foot | Chocolates & Painting | | 9-10am Chair Exercise 5-9:30pm Karaoke with Mike Boyle | |
| 25 | 12pm Mexican Train 1pm Mahjong | 9-10am Chair Exercise 1pm Hand & Foot | Noon - Chili Cook-Off | 9-10am Chair Exercise | | |