

Bringing independence to living and quality to life

Ring in the New Year

With New Year's Eve landing on a Sunday this year, Residents at Regency on Whidbey rang in 2024 more than once. On Friday, December 29th we rang in the new year 2 days and several hours early. Complete with fancy finger-food, party hats, noise makers, and champagne. Residents watched previous New Year countdowns from far-away lands like Australia and Dubai. They also learned that the ball in New York City is not the only "drop" that the U.S. has on New Year's Eve. Other cities and towns throughout America offer countdowns with dropped items ranging from giant beach balls, to huge pinecones, to an extra large wrench, and even a real fish.

On Sunday, New Year's Eve, our church service, led by former Resident Bob Burke, focused on hope for the coming year. After the service, we had a special musical performance by flutist Kim Breilein. Residents enjoyed a libation or sparkling cider during her performance, and we concluded the afternoon by singing Auld Lang Syne.

We hope your 2024 is off to a wonderful start.



February
2024



Regency on Whidbey's Management Team

Wilma Jo Flaherty
Executive Director

Kathleen Pendleton MN/RN
Wellness Director

Anelyn Ronquillo LPN
AL Nurse Manager

Mandy Gibbs LPN
MC Nurse Manager

Stephanie Teano
Business Office Manager

Teri Mendiola
Community Relations
Director

Lanida Brophy
AL Life Enrichment Director

Rene Schlangen
MC Life Enrichment Director

Terry Jackson
Dietary Manager

Anne Hofferth
Payroll/HR Director

Jeff Lujan
Maintenance Director

Jayla Lawing
MC Resident Care Coordinator

Rebecca Letendre
AL Resident Care Coordinator



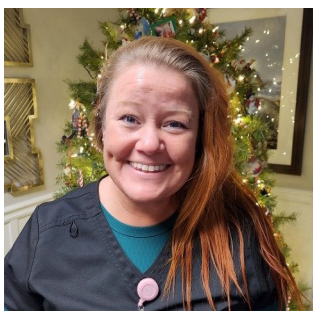
Staff

- **Amy Taitano—2/2**
- **Brandi Kedzie—2/5**
- **Mari Ramirez—2/5**
- **Cathy Hernkind—2/8**
- **Love Parba—2/10**
- **Rex Hummell—2/15**
- **Wayne Dorrenbacher—2/15**
- **Bob Letendre—2/20**
- **Elanina Cranford—2/22**
- **Denise Nystrom—2/23**
- **Nick Mariano—2/23**
- **Ike Taitano—2/24**
- **Mackenzie Severns—2/25**

New MC Nurse Manager

A self-described Navy-brat, Mandy was born in Coupeville and grew-up on the West Coast. Some of her early education was in the Oak Harbor School System, but she graduated from Lemoore H.S. near Fresno, CA. Following her family, she returned to Oak Harbor where she studied at Skagit Valley College, earning her LPN. She worked for awhile in Pediatrics, but says that she prefers elder-care and the histories that Residents share. Mandy has been with Regency on Whidbey for 2 years and we are very pleased to announce her as the new Nurse Manager in Memory Care.

Congratulations, Mandy!!!!



Traveling the Dementia Journey Together

**Harbor Care at
Regency on
Whidbey invites you
to join our
Memory Care
Support Group
Thursday,
February 1st
2:00pm—3:30pm
Regency Assisted
Living Building
3rd Floor Day Room**



**Regency on Whidbey's
Front door is
unlocked from
8:30am—5:00pm
Daily**

**Please schedule visits
appropriately.**

**If you will be visiting
or returning to the
building after 5:00pm,
please contact the front
desk for the door code.**

Thank you!!





Thank you to all the Residents and their Families, who so generously gave to our Employee Holiday Fund.

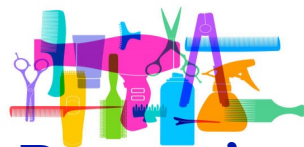
2023 has been a year of ups & downs, as we continued to deal with new protocols & precautions associated with the recent pandemic, but thanks to your generosity every employee at our facility received a well-deserved Christmas gift.

Thank you for brightening our holidays!!!



Residents

- Marjory Berwick—2/2
- Ann Spaeth—2/7
- Pat Coffey—2/10
- Bernie Skrivseth—2/11
- Nancy Tellez—2/11
- Marolyn Slayter—2/12
- Anne Luick—2/14
- Donna Sheetz—2/15
- James Ramler—2/16
- Suzie Morgan—2/18
- Ramona Laster—2/24
- Vonnie Secketa—2/24



Regency's Beauty Salons

We have a new beautician!!

You can schedule your appointment with Kayla by calling her directly at... 706-936-0265

Assisted Living

Wednesday 9:00am—2:00pm
Thursday 9:00am-2:00pm

Memory Care

Tuesday 9:00am—12:00pm



The Last Tuesday of every month is reserved for Anacortes Doctor Visits.

We cannot accommodate visits to other areas.

Please DO NOT schedule local appointments on that day.

Thank You!!!



We need your help!!

Nominations for our RESPECT program have dropped-off dramatically, please consider filling-out a nomination form.

In an effort to make the process easier, we have simplified the nomination forms, and they will now be located at the front desk.

Once complete, simply drop the nomination form in the drop-box next to the desk.



Congratulations December RESPECT Winner—Cristy Wilcox

Cristy was born and raised in the Philippines for 18 years. She then moved to Japan, where she lived for 15 years. During her time in Japan, she went to school, earning three different medical certifications and learning to speak, read, and write Japanese fluently. Japan is where she began her work in caregiving.

Cristy came to Whidbey Island with her husband who was in the Navy. Now retired, he and Cristy own their own business The Sassy Girls, which specializes in decorating for parties and special events.

Regency has the distinction of being Cristy's first job in America. She has been at Regency on Whidbey for four years, working the NOC shift the entire time. While a lot of people try to leave the NOC shift, Cristy says it works perfectly for her and her family, stating that she doesn't feel like she misses anything. "When I go to work the kids are already asleep and when I get home they are just getting ready for school."

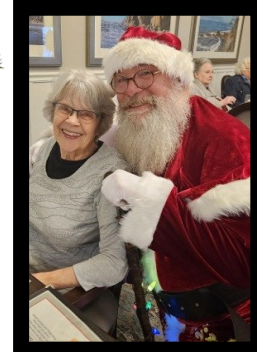
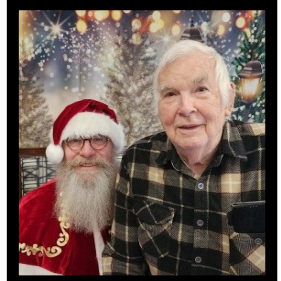
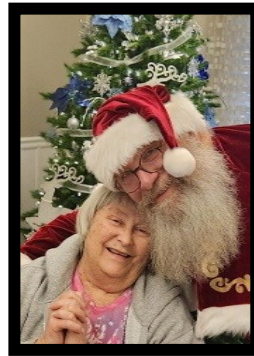
When asked what she likes best about her work at Regency, she spoke of how important and rewarding she finds caregiving and stressed that her work hours allow her to accomplish everything that she wants to in her personal life.

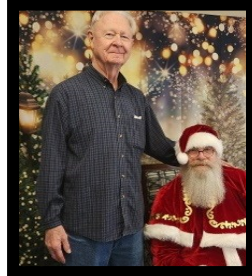
On a shift that is difficult to staff and even harder to maintain, Cristy has a wonderful attitude, exemplary attendance, and truly cares about her Residents. That is why Cristy was selected as our December Employee of the Month.

Thank you, Cristy, for all you do!! Congratulations!!!

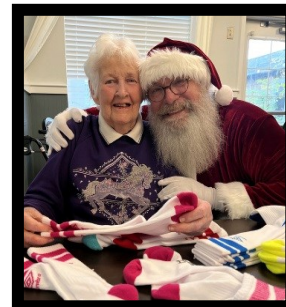


A Visit from Santa





Memory Care Moments





Bringing independence to living and quality to life

1040 SW Kimball Drive ~ Oak Harbor, WA 98277

360-279-0933

