February Word Search

С	R	E	С	N	Κ	С	N	E	U	E	D	R	С
U	Ε	W	0	U	R	0	S	E	N	Υ	Α	N	Н
Р	٧	L	E	D	Α	L	U	Н	I	D	F	W	0
I	Α	Y	S	L	F		R	N	Α	N	R	0	С
D	L	T	R	Н	Ε	W	D	R	Α	Α	I	0	0
L	Ε	Ε	E	Α	D	Т	L	С	I	С	Ε	Т	L
F	N	В	Α	R	U	N	Т	Е	С	S	N	D	Α
L	T	D	U	R	E	R	W	Е	U	Ε	D	R	T
0	Ι	N	0	E	Ε	0	В	S	R	F	K	Α	E
W	N	0	D	Н	R	S	W	E	E	T	Н	С	R
Е	Ε	Y	С	R	K	E	Υ	F	F	T	E	Т	R
R	Α	Y	Α	N	R	I	N	N	Н	Ε	Α	R	Т
S	R	R	I	C	Ε	D	Ε	T	W	R	R	Ε	T
Ε	N	Р	Т	E	N	S	R	Ε	D	R	W	R	N

PinkCupidValentineCardHeartCandyFriendFlowersSweetRedFebruaryRoseChocolateLetterArrow

February 2024



55+ RESORT-STYLE LIVING

2110 Swanson Avenue Lake Havasu City, AZ 86403 (928) 600-4743

THE VIEWS MANAGEMENT TEAM

Johnna Perkins

Executive Director

Victoria Van Lith

Leasing Coordinator

Leslie McElroy

Business Office Manager

Erica Holcombe

Administrative Assistant

Sophia VanderJagt

Activities Director

Russ Eaves

Maintenance Director

Kelly Eaves

Lead Housekeeper

Jacob "Moose" Rios

Executive Chef

Alicia Van Lith

Dining Room Manager

Resident Birthdays

11th Warren Jones
12th Jerry Hughes
19th Carol Horton
20th Sandy Smith
26th Caroline Northup
28th Norman Jansen

Resident Board Members

30

Barbara Carlson
Betty Crippin
Terri Erickson
Sharon Leyden
Edd Braun
Sandy Smith



Director's Corner

Let's talk about health and wellness and the resources you have to obtain a better quality of life. Many of you have existing ailments and health concerns that are preventing you from living a more active lifestyle. This is something that I think about quite often. I want all of our residents to have access to as much information as possible when it comes to their well-being. Over the last year and a half, I have been keeping a list of referrals such as in-home care/healthcare, primary care, mobile labs, veteran's resources, hospice services, social security/Medicare advocates, and will and trust planning. I plan to start inviting these service providers to our resident meetings in hopes it will enlighten you as to what options you have, especially if you are having difficulty getting into a primary doctor.

To aid in keeping an active lifestyle and to put some of those aches and pains at bay, don't forget about all the wonderful activities that your staff offers every month. Pool aerobics is on the schedule Mon-Fri @9:30am where you can get your cardio fitness going or just soak those throbbing muscles and ligaments.

Chair Fitness and walking at Rotary
Park are also on the calendar a few
times a week. Not only is getting your
body moving important to your
health but sunshine, fresh air, and a
stroll by the lake have natural moodboosting effects. Or if you just don't
feel comfortable leaving the
community, let the halls be your
walking path.

Whatever you decide, know that only you can make each day better with the choices you make.

I also want to congratulate our very own Victoria Van Lith as our new leasing coordinator. Please welcome her as you have me. She is going to be marvelous!

- Johnna Perkins



Special Events

- 2-2 First Friday
- 2-3 Winterfest
- 2-8 Resident Meeting
- 2-8 Eating at Loco's Bar & Cosina
- 2-9 Glasses Cleaning/ Repair
- 2-11,18,25 Grace Arts: Carousel
- 2-14 Valentine's Dinner Special
- 2-15 Board Game Night
- 2-16,17,18 Rockabilly Reunion
- 2-21 Birthday Celebration
- 2-23 Eating at College Street
- 2-24 Farmer's Market
- 2-26 Baleigh's Dinner Special

(Time for Events will be on the Calendar)

Check us out online: www.theviewsatlakehavasu.com



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ASU Spotlight: ••• Bennez Kornegay ••

Meet Bennez! Bennez is an RA for the ASU students here at the Views. He grew up in Philadelphia, Pennsylvania for the first half of his life, moved to Florida, and is now in Havasu. Bennez enjoys sports of many kinds, including baseball, basketball, and volleyball. However, he particularly enjoys soccer, as he has played the sport since middle school! Bennez was drawn to Lake Havasu for the sense of community and the friendly atmosphere of the town. He also prefers the size and location of the campus, in comparison to other larger campuses. Bennez is currently in his junior year and is studying Kinesiology (physical therapy). He got his passion for the health care and medical field from his family. This field provides many options such as pediatric care, sports medicine, and elderly rehab. Bennez is also interested in teaching music and loves to play the piano. After he graduates, Bennez plans on staying in Havasu for one final year before moving back to the East Coast to be near family (and for his favorite football team-Go Eagles!). When you see Bennez around, make sure

to say hello!