












2024 FEBRUARY



 **SERENITY** a Randall Residence
Assisted Living

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
ROLLING THROUGH THE DECADES 1900-1910				1 10- Workout w/ Noodles 10:30- Noodle Ball 12:30- Thrift Store Shopping- will return by 4pm	2 National Bubble Gum Day 10- Morning Stretches 10:30- Trivia 11- Wordle 1- BINGO 3- The early 1900's Documentary in TH 	3 Resident Led Activities
4 10:45- Communion with St. Monica's Catholic Church in the AR	5 10- Morning Stretches 10:30- Trivia 11- Name 5 Game 1- BINGO	6 10- Workout w/ weights 10:30- Facts about 1900 1- BINGO 2:30- Lets Play Cards in the AR 	7 10- Morning Stretches 10:30- Wii Bowling 1- BINGO 3- Manicures 6pm- Bible Study w/ Bobbie 7 Daisey	8 10- Workout w/ Noodles 10:30- Noodle Ball 1- BINGO 2:30- Taste of 1900	9 10- Morning Stretches 10:30- Trivia 11- Wordle 1- BINGO 3- "The men who built America- Frontiersmen"	10 Resident Led Activities 
11 10:45- Communion with St. Monica's Catholic Church in the AR	12 10- Morning Stretches 10:30- Trivia 1- BINGO 3- Manicures	13 10- Workout w/weights 10:30-- Ping Pong 1- BINGO 2:30- Mike Cheesman performs 	14 HAPPY VALENTINES DAY 10- Morning Stretches 10:30- Wordle 11- Finish The Phrase 1- Candy Heart BINGO 2:30- ELVIS 	15 10- Workout w/ Noodle 10:30- Noodle Ball 1- Joe The Character guy will be in the AR to draw a portrait of you in character form.	16 10- Morning Stretches 10:30- Trivia 11- Wordle 1- BINGO 3- Silent Film Documentary in TH	17 Resident Led Activities
18 10:45- Communion with St. Monica's Catholic Church in the AR	19 10- Lucinda playing Hymns on piano 11- Wordle 1- BINGO 2:30- Puzzle Building on 4th floor and in AR	20 10- Workout w/ weights 10:30- Bingo Store 2:30- Monthly Birthday Paty in AR	21 10- Morning Stretches 10:30- Ping Pong 1- Bingo 3- Manicures 	22 10- Therapy Dog Visit 10:45- Workout w. Noodle 1- BINGO 3- Documentary on Panama Canal in TH	23 10- Morning Stretches 10:30- Trivia 11- Wordle 1- BINGO 2:30- Queen Victoria Documentary in TH	24 Resident Led Activities
25 10:45- Communion with St. Monica's Catholic Church in the AR	26 10- Morning Stretches 10:30- Trivia 1- BINGO 3- Manicures	27 10- Workout w/weights 10:30- Wordle 11:30- Lunch outing to Cracker Barrell 2:30- BINGO	28 10- Morning Stretches 10:30- Wii Bowling 1- BINGO 2:30- Rich Gilmore performs 	29 10- Workout w/ Noodle 10:30- Noodle Ball 1- BINGO 2:30- Resident Council		 Susie G.- 2/3 Gene- 2/4 Jerry- 2/5 Judy B.- 2/18 