

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

FEBRUARY 2024

Independent & Assisted Living Life Enrichment Calendar



<p>8:20 Shuttle to St. Frances Cab 9:30 Shuttle to St. John Bosco 9:30 Church @ Patriots Landing 11:15 Chair Yoga w/Monica 1:00 McChord BX/Commissary 1:00 Sit & Fit 2:00 Bingo 6:15 Triominos 7:00 Movie Night</p>	<p>4 Transportation: APPT. Day 9:30 Exercise Class 10:30 Walker Safety Class 12:00 Noon Cribbage 1:00 Sit & Fit 2:00 Nihongo Social 6:15 Mexican Train Valentine Pictures Displayed in Lobby until Feb. 16th</p>	<p>5 Transportation: APPT. Day 9:30 Cardio/Strength Fitness 10:30 Playing 8-ball w/Jennifer 1:00 Sit & Fit 2:00 Bingo 3:15 Resident Run Card Games 6:15 Triominos 7:00 Movie Night</p>	<p>6 9:30 Exercise Class 10:00 Red Wind Casino 10:30 Catholic Prayer Service 11:00 Communion 1:00 Sit & Fit 3:00 Needle Group 3:00 Cards: Bridge 6:30 Cribbage 6:30 Bingo</p>	<p>7 Transportation: APPT. Day 9:30 Cardio/Strength Fitness 1:00 Sit & Fit 2:00 Garden Meeting 3:00 Crafter Corner Valentines 4:30 Thirsty Thursday 6:15 Mexican Train 6:30 Resident Run Card Games</p>	<p>8 9:30 Exercise Class 9:30 Tahoma Nat'l Cemetery 10:15 Social w/JBLM Soldiers 10:15 Bible Study 1:00 Sit & Fit 2:00 Bingo 6:15 Triominos 7:00 Friday Night Movie</p>	<p>9 9:15 Support Run 2 Remember 9:30 Exercise w/Jen 10:00 Ft Lewis PX/Commissary 10:30 Board Games w/Jen 1:00 Sit & Fit 2:00 Bingo 6:15 Mexican Train 6:30 Resident Run Card Games 7:00 Saturday Movie Night 7:00 Trivia Night w/ Steven D. In The Bar <small>Chinese New Year (Year of the Dragon)</small></p>
<p>11 8:20 Shuttle to St. Frances Cab 9:30 Shuttle to St. John Bosco 9:30 Church @ Patriots Landing 11:15 Watercolors w/Monica 1:00 Ft Lewis PX/Commissary 1:00 Sit & Fit 2:00 Bingo (6 games) 3:30 SUPER BOWL 6:15 Triominos 7:00 Movie Night</p>	<p>12 Transportation: APPT. Day 9:30 Exercise Class 10:30 Learn about Bridge The Card Game 12:00 Noon Cribbage 1:00 Sit & Fit 2:00 Bean Bag Toss 6:15 Mexican Train</p>	<p>13 Transportation: APPT. Day 9:30 Cardio/Strength Fitness 10:30 Playing 8-ball w/Jennifer 1:00 Sit & Fit 2:00 Bingo (6 games) 3:00 Mardi Gras Carnival Trivia & Happy Hour 3:15 Resident Run Card Games 6:15 Triominos 7:00 Movie Night <small>Mardi Gras</small></p>	<p>14 Ash Wednesday Fred Meyer, Lakewood 9:30 Exercise Class 10:00 Patriots Landing Church Ash Wednesday Service 11:00 Memphis Belles Social Valentine Special Event 1:00 Catholic Prayer Service/ Ash Wednesday 3:00 Needle Group 3:00 Cards: Bridge 6:30 Cribbage 6:30 Bingo <small>Valentine's Day</small></p>	<p>15 Transportation: APPT. Day 9:30 Cardio/Strength Fitness 10:30 Board Games 1:00 Sit & Fit 2:00 Blood Pressure Clinic 2:00 Mahjong 4:30 Thirsty Thursday 6:15 Mexican Train 6:30 Resident Run Card Games 7:00 History Stories w/Steve D</p>	<p>16 9:30 Exercise Class 10:00 Puyallup Mall and Lunch @ Mall 10:15 Bible Study 1:00 Sit & Fit 1:00 Stations of the Cross 2:00 Bingo 6:15 Triominos 7:00 Friday Night Movie</p>	<p>17 9:00 Ft Lewis PX/Commissary 9:15 Support Run 2 Remember 9:30 Exercise w/Jen 11:00 Peter Cook Titanic Presentation 1:00 Sit & Fit 2:00 Bingo 3:00 Cribbage 3:15 Rummikub 6:15 Mexican Train 6:30 Resident Run Card Games 7:00 Saturday Movie Night</p>
<p>18 8:20 Shuttle to St. Frances Cab 9:30 Shuttle to St. John Bosco 9:30 Church @ Patriots Landing 11:15 Theater Read w/Monica 1:00 McChord BX/Commissary 1:00 Sit & Fit 2:00 Bingo 6:15 Triominos 7:00 Movie Night</p>	<p>19 Transportation: APPT. Day 9:30 Exercise Class 10:30 Board Games in Bistro 12:00 Noon Cribbage 1:00 Sit & Fit 2:00 Songbirds 2024 6:15 Mexican Train <small>Presidents' Day</small></p>	<p>20 Transportation: APPT. Day 9:30 Cardio/Strength Fitness 10:00 Book Club Meets to Pick Books. ALL Welcome! 10:00 ACU Banking for Residents 10:30 Playing 8-ball w/Jennifer 1:00 Sit & Fit 2:00 Bingo 3:15 Resident Run Card Games 6:15 Triominos 7:00 Movie Night</p>	<p>21 9:30 Exercise Class 10:00 Lakewood Towne Center 10:30 Catholic Prayer Service 11:00 Communion 1:00 Sit & Fit 2:00 RAPL 3:00 Needle Group 3:00 Cards: Bridge 6:30 Cribbage 6:30 Bingo</p>	<p>22 Transportation: APPT. Day 9:30 Cardio/Strength Fitness 10:15 Social w/JBLM Soldiers 1:00 Sit & Fit 2:00 Resident Birthday Party w/Bob Wangen 4:30 Thirsty Thursday 6:15 Mexican Train 6:30 Resident Run Card Games</p>	<p>23 9:30 Exercise Class 10:15 Bible Study 11:00 Budd Bay Café, Olympia 1:00 Sit & Fit 1:00 Stations of the Cross 2:00 Bingo 6:15 Triominos 7:00 Friday Night Movie</p>	<p>24 9:15 Support Run 2 Remember 9:30 Exercise w/Jen 10:00 McChord BX/Commissary 10:30 Board Games w/Jen 1:00 Sit & Fit 2:00 Bingo 3:00 Cribbage 3:15 Rummikub 6:15 Mexican Train 6:30 Resident Run Card Games 7:00 Saturday Movie Night</p>
<p>25 8:20 Shuttle to St. Frances Cab 9:30 Shuttle to St. John Bosco 9:30 Church @ Patriots Landing 11:15 Chair Yoga w/Monica 1:00 Ft Lewis PX/Commissary 1:00 Sit & Fit 2:00 Bingo 6:15 Triominos 7:00 Movie Night</p>	<p>26 Transportation: APPT. Day 9:30 Exercise Class 10:30 Brain Fitness 12:00 Noon Cribbage 1:00 Sit & Fit 2:00 Songbirds 2024 6:15 Mexican Train 6:00 Dave Robbecke Music & Wine Social</p>	<p>27 Transportation: APPT. Day 9:30 Cardio/Strength Fitness 10:00 Patriots Landing Book Club 10:30 Playing 8-ball w/Jennifer 1:00 Sit & Fit 2:00 Bingo 3:15 Resident Run Card Games 6:15 Triominos</p>	<p>28 9:30 Exercise Class 10:00 Trader Joes, UP 10:30 Catholic Prayer Service 11:00 Mass 1:00 Sit & Fit 2:00 Town Hall 3:00 Needle Group 3:00 Cards: Bridge 6:30 Cribbage 6:30 Bingo</p>	<p>29 Transportation: APPT. Day 9:30 Cardio/Strength Fitness 10:30 Board Games 1:00 Sit & Fit 2:00 Crafter Corner Leap Year 4:30 Thirsty Thursday 6:15 Mexican Train 6:30 Resident Run Card Games</p>	<p>Patriots Landing Retirement Community</p> 	