



# Keystone Commons

*A Life Fulfilling Retirement Community*

## Holistic Harbors<sup>SM</sup>

### Memory Preservation Enrichment Program at Keystone Commons

The Holistic Harbors<sup>SM</sup> memory care program at Keystone Commons focuses on connection rather than loss, and provides a secure setting for residents with memory and other cognitive challenges, opportunities to thrive through evidence-based enrichment experiences.

- Innovative programming designed to engage residents in purposeful activities
- A secure setting with private outdoor courtyard
- Neighborhood designed for familiarity
- Private apartment-style living
- All-inclusive personal care including assistance with bathing, grooming, dressing, eating and toileting as needed
- Health and wellness monitoring by a nurse
- Trained care associates available to assist with daily routines 24 hours a day, seven days a week
- High staff-to-resident staffing standards
- Three (3) meals per day with emphasis on nutrition and attention to specialized diets, including MIND Diet selections that promote brain-health
- Snacks and beverages available 24 hours a day
- Emergency response system
- All utilities (except personal phone service)
- Weekly housekeeping, linen and personal laundry service
- Scheduled transportation to medical appointments and recreational outings

#### **Holistic Harbors Early- to Middle- Stage Memory Care**

#### **Monthly Service Fee**

Studio	\$7,150
One- Bedroom	\$7,350
Two- Bedroom	\$7,775
Shared Companion Suite with Private Bedroom & Bath	\$5,250

#### **Cottage Neighborhood Memory Care**

#### **Monthly Service Fee**

Studio	\$7,660
Shared Studio	\$5,250

#### **Medication Management**

#### **Monthly Service Fee**

Level 1 (assistance up to 2 times a day)	\$350
Level 2 (assistance 3+ times a day)	\$450
Level 3 (higher level of assistance with medication through LMA)	\$550

For apartments occupied by more than one person, there is an additional charge of \$1,800 per month for the second occupant to cover the cost of the 3 extra meals per day, laundering of additional linens, and monitoring of the health status of the second occupant. Medication management fees noted above may also apply to the second occupant based on an assessment by our licensed nurse. For all applicants who become residents of Keystone Commons, there is a one-time community fee of \$3,500.