

## ANNOUNCEMENTS & ACTIVITIES

Test your music knowledge during our “Name That Tune” music trivia game!  
Every Monday at 9:00am in the dining room.

Relax and unwind during guided trivia with our special guests, Tricia and Vanessa. | Every Tuesday at 1:30pm in the movie theater.

We’re bringin’ bingo back!!! You asked, we listened! Join us for resident-lead bingo games. | Mondays, Wednesdays, and Saturdays at 1:30pm in the bistro.

Enjoy a movie and popcorn. | Every Wednesday at 1:30pm in the movie theater.

All aboard! Learn & play a few fun rounds of Mexican Train | Every Tuesday at 2:00pm in the card room.

Celebrate all of our February birthday babies at our monthly birthday party! | Friday, February 2nd at 3:00pm in the bistro.

Roll the dice, break the ice! Play this fun dice game with neighbors and win prizes! | Friday, February 9th at 2:00pm in the bistro.

Learn something new at trivia before lunch. | Every Tuesday at 11:30am in the dining room.

We’re celebrating Mardi Gras with Jacques & Vince! | Thursday, February 8th at 3:00pm in the dining room.

Join us for Cupid’s Tea Party to celebrate Valentine’s Day and enjoy live music with Encore Entertainment. | Wednesday, February 14th at 3:00pm in the bistro.

Let’s learn the Rumba! Dance lessons with Dee from Ballroom of Reno  
| Thursday, February 8th at 3:00pm in the dining room.

Nate Williams | Executive Director  
Coming Soon | Business Manager  
Joy Hepner | Sales Director  
Joseph Leberski | Dining Director  
Fernando Lopez | Maintenance Director  
Gina Budick | Lifestyle Director

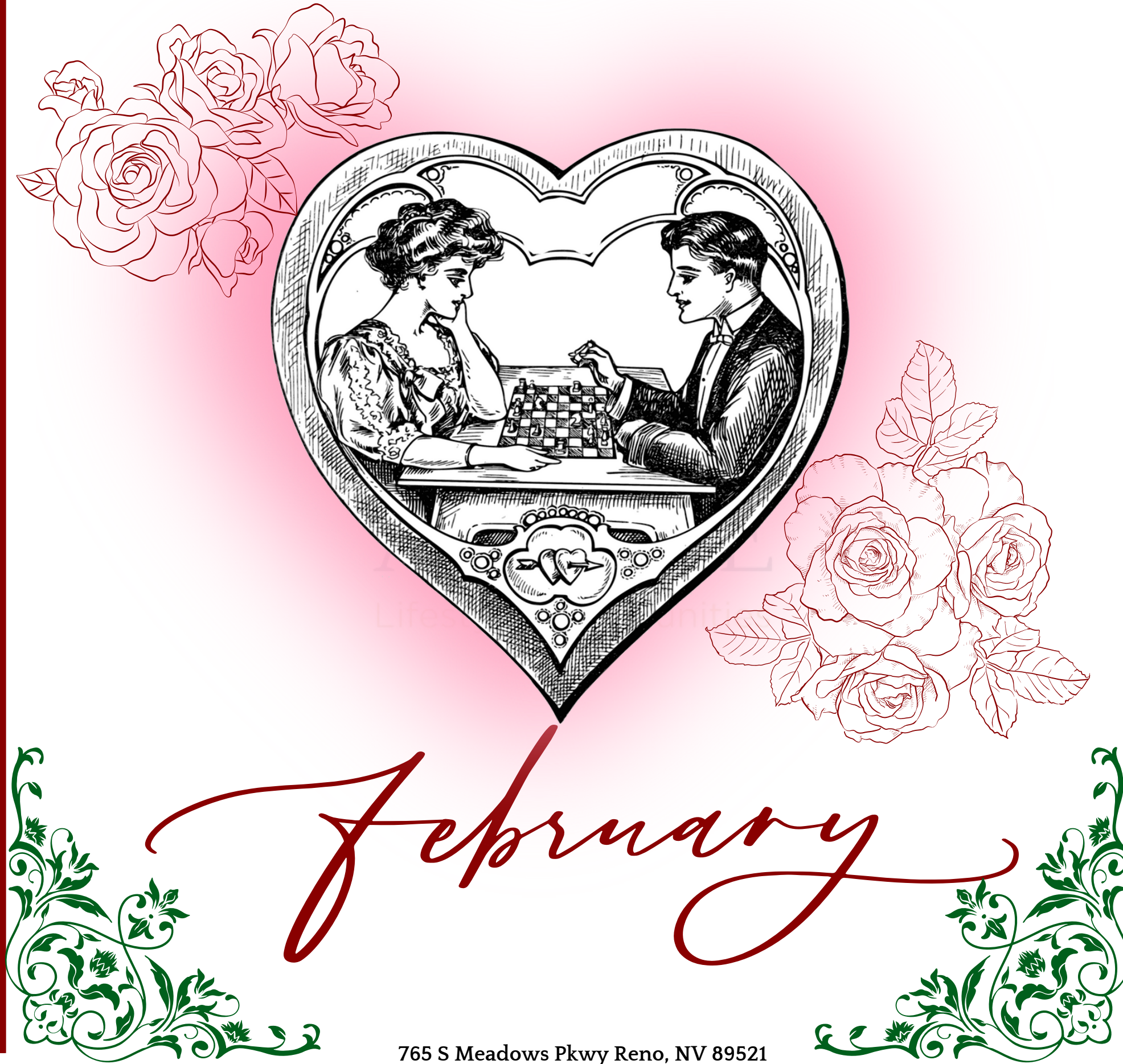
### MTN LAKES DIRECTORY

HAIR STYLIST | Terriejean Olsen | (775) 560-3842  
Transportation | MTN Lakes Office | (775) 384-1026

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MOUNTAIN LAKES  
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765 S Meadows Pkwy Reno, NV 89521



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>To those born in February, the Mtn Lakes team wishes you the Happiest of Birthdays!</p>				<p>19:00am Ted Talk: What Makes Life Good? - T 10:00am Group Exercise with Betty- B 1:30pm Bible Study - T 3:30pm Happy Hour &amp; Live Music w/ Colin Ross - DR</p>	<p>210:00am Body &amp; Balance w/ Vicki- T 1:30pm Famous Dave's BBQ Luncheon - OS 1:00pm Pinochle* - CR 3:00 February Birthday Party - B 8:00pm UNR vs. San Jose Basketball - T</p>	<p>310:00am Smith's Trip - OS 1:30pm Walmart - OS 10:00am Needle Craft - B 3:00 Indoor Walking Club - L</p>
<p>48:00am Bus to Church - OS 10:00am Open Gym* - FC 3:00 Indoor Walking Club* - L 3:30pm Fireside Tea* - Library</p>	<p>59:00am Name That Tune &amp; Coffee - DR 11:00am Rummikub* - CR 1:30pm Bingo* - B 3:00 pm Bean Bag Baseball* - B 3:00 Indoor Walking Club - L 4:00 pm Letters to our Neighbors - B</p>	<p>610:00am Group Exercise with Betty- B 11:30 Trivia - DR 1:00pm Photo Shoot - DR 1:00pm Pinochle - CR 1:30pm Meditation with Tricia - T 2:00 Mexican Train Group - CR 3:30pm Live Music w/ John Palmore - DR</p>	<p>79:00am Coffee Chat - L 11:00am Indoor Garden Club - B 1:00pm Photo Shoot - DR 1:30pm La La Land - T 1:30pm Bingo* - B 3:00 pm Bean Bag Baseball* - B 4:00 Billiard's w/ Fred - CR</p>	<p>89:00am Ted Talk: Growing Old is a Blessing - T 10:00am Group Exercise with Betty- B 1:00pm Photo Shoot - DR 1:30pm Bible Study - T 3:00pm Mardi Gras Happy Hour &amp; Live Music w/ Jacques &amp; Vince - DR</p>	<p>910:00am Body &amp; Balance w/ Vicki- T 11:00 Sparrow Boutique - DR 1:00pm Photo Shoot - DR 1:00pm Pinochle* - CR 1:30pm Legends Casino - OS 2:00 Roll the Dice, Break the Ice Game - CR 5:00pm UNR vs. San Diego - T</p>	<p>1010:00am Smith's Trip - OS 10:00am Needle Craft - B 1:30pm Grocery Outlet - OS 3:00 Indoor Walking Club - L</p>
<p>118:00am Bus to Church - OS 10:00am Open Gym* - FC 3:00 Indoor Walking Club* - L 3:30pm Super Bowl Viewing Party - T</p>	<p>129:00am Name That Tune &amp; Coffee - DR 11:00am Rummikub* - CR 1:30pm Bingo* - B 3:00 pm Bean Bag Baseball* - B 3:00 Indoor Walking Club - L 4:00 pm Tech Help - CR</p>	<p>1310:00am Group Exercise with Betty- B 11:30 Trivia - DR 1:00pm Pinochle - CR 1:30pm Meditation with Vanessa - T 2:00 Mexican Train Group - CR</p>	<p>149:00am Coffee Chat - L 11:00am Card Games - CR 1:30pm Blazing Saddles - T 3:00 pm Cupid's Tea Party &amp; Live Music w/ Encore Entertainment- B 4:00 Billiard's w/ Fred - CR</p>	<p>159:00am Ted Talk: 4 Phases of Retirement - T 10:00am Group Exercise with Betty- B 1:30pm Bible Study - T 3:30pm Happy Hour &amp; Live Music w/ DD James - DR</p>	<p>1610:00am Body &amp; Balance w/ Vicki- T 1:00pm Pinochle* - CR 1:30pm Michael's Craft Store - OS 3:00 Martin &amp; Monroe Show - DR</p>	<p>1710:00am Smith's Trip - OS 10:00am Needle Craft - B 11:00 Planetarium Outing - OS 3:00 Indoor Walking Club - L 8:30pm UNR vs. UNLV - T</p>
<p>188:30am Run 4 Love - OS 10:30am-1:00pm MLE Brunch - DR 10:00am Open Gym* - FC 3:00 Indoor Walking Club* - L 3:30pm Fireside Tea - Library</p>	<p>199:00am Name That Tune &amp; Coffee - DR 11:00am Rummikub* - CR 1:30pm Bingo* - B 3:00 pm Bean Bag Baseball* - B 3:00 Indoor Walking Club - L 4:00 pm Brain Games - B</p>	<p>2010:00am Group Exercise with Betty- B 11:30 Trivia - DR 1:00pm Pinochle - CR 1:30pm Meditation w/ Tricia - T 2:00 Mexican Train Group - CR 3:30 Floral Arranging - B</p>	<p>219:00am Coffee Chat - L 11:00am Parfait Making Class - B 1:30pm Bruce Almighty - T 1:30pm Bingo* - B 3:00 pm Bean Bag Baseball* - B 4:00 Billiard's w/ Fred - CR</p>	<p>229:00am Ted Talk: The Power of Positivity - T 10:00am Group Exercise with Betty- B 1:30pm Bible Study - T 3:30pm Happy Hour &amp; Live Music w/ Bob - DR</p>	<p>2310:00am Body &amp; Balance w/ Vicki- T 1:00pm Pinochle* - CR 1:30pm Automobile Museum Outing - OS 3:00 New Orleans Armchair Travel - B 7:00pm UNR vs. San Jose - T</p>	<p>2410:00am Smith's Trip - OS 10:00am Needle Craft - B 1:30pm Scheels Outing - OS 3:00 Indoor Walking Club - L</p>
<p>258:00am Bus to Church - OS 10:00am Open Gym* - FC 3:00 Indoor Walking Club* - L 3:30pm Fireside Tea* - Library</p>	<p>269:00am Name That Tune &amp; Coffee - DR 11:00am Rummikub* - CR 1:30pm Bingo* - B 3:00 pm Bean Bag Baseball* - B 3:00 Indoor Walking Club - L 4:00pm Brain Games - B</p>	<p>2710:00am Group Exercise with Betty- B 11:30 Trivia - DR 1:00pm Pinochle - CR 1:30pm Meditation with Vanessa - T 2:00 Mexican Train Group - CR 3:30 Live Music w/ Larry - DR</p>	<p>289:00am Coffee Chat - L 11:00am Card Games - CR 1:30pm The Blues Brothers - T 1:30pm Bingo* - B 3:00 pm Bean Bag Baseball* - B 4:00 Billiard's w/ Fred - CR</p>	<p>299:00am Ted Talk: 6 Behaviors to Increase your Confidence - T 10:00am Group Exercise with Betty- B 1:30pm Bible Study - T 3:00pm Rumba Dance Lessons w/ Dee - DR</p>	<p>“*” Indicates resident-lead activity.</p>	

LOCATION KEY	OP = Outdoor Patio	P = Private Dining	OS = Offsite Event	A...	♦Healthy♦	♦Mindful♦	Life.	OFFICE HOURS	Monday - Saturday	8:00 am - 5:00 pm
	FC = Fitness Center	B = Bistro	DR = Dining Room		♦Creative♦	♦Inquisitive♦			Sunday	CLOSED
	T = Theater	L=Lobby	CR = Card Room		♦Playful♦	♦Social♦				