

FEBRUARY 2024



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				Kayaking 9 AMPool Exercise - 10 AMMah Jong - 1 PM	Resident Off-site Breakfast - 9 AM Resident Off-site Golf - 12 PM Canasta - 1 PM	Pool Exercise 11 AM
Section 4 Yoga Class 10 AM	Cake and Coffee 9:30 AM Chair Strength Class - 11 AM Canasta - 1 PM	Mah Jong - 1 PM 6	Walking Club 8:20 AM Bagels and Coffee on the Patio - 9:30 AM Lunch and Learn with Compass Health - 12 PM	 ※ Kayaking 9 AM ❖ Pool Exercise - 10 AM ❖ Mah Jong - 1 PM Resident Social Gathering - 5 PM 	Resident Off-site Breakfast - 9 AM Resident Off-site Golf - 12 PM Canasta - 1 PM	Pool Exercise 11 AM
11	Cake and Coffee 9:30 AM Chair Strength Class - 11 AM Canasta - 1 PM Food Truck - 4 PM	Mah Jong - 1 PM 13	Walking Club 8:20 AM Bagels and Coffee on the Patio - 9:30 – 10:30 AM Valentine Treats in Media Room (Sign up required) - 1 PM	X Kayaking 9 AM Pool Exercise - 10 AM Mah Jong - 1 PM	Resident Off-site Breakfast - 9 AM Resident Off-site Golf - 12 PM Canasta - 1 PM	Pool Exercise 11 AM
	Cake and Coffee 9:30 AM Chair Strength Class - 11 AM Canasta - 1 PM	Mah Jong - 1 PM Hoodie Hoo/Cherry Pie Day on the Patio - 2 PM	Walking Club 8:20 AM ■ Bagels and Coffee on the Patio 9:30 – 10:30 AM	 ✓ Kayaking 9 AM ✓ Pool Exercise - 10 AM Mah Jong - 1 PM Resident Social Gathering with Live Music - 5 PM 	Resident Off-site Breakfast - 9 AM Resident Off-site Golf - 12 PM Canasta - 1 PM	Pool Exercise 24
Section 25 Yoga Class 10 AM	Cake and Coffee 9:30 AM Chair Strength Class - 11 AM Canasta - 1 PM	Mah Jong - 1 PM 27	Walking Club 8:20 AM Bagels and Coffee on the Patio 9:30 AM Bus to Hard Rock Casino (Sign up required) - 9 AM SHARP	✗ Kayaking 9 AM❖ Pool Exercise - 10 AM▼ Mah Jong - 1 PM		