

Resident Spotlight



Mary Ann H.

Mary Ann was born in Mount-Vernon and grew up on a farm. She went to La Conner High and Skagit Community College for school. She got her AA degree in general studies. She ran a sewing business making dresses and doing alterations for 45 years. She has a son and daughter and two grandchildren. She loves to sit by the fireplace and knit, sew, and crochet. We are so happy you are here, Mary Ann!

Team Member Spotlight



Malyssah, Dietary Aide

Malyssah was born in Porterville, California. She attended Burton Elementary and Apple Valley High. She moved to Mount-Vernon one year ago. Her hobbies include art, scrapbooking, and playing video games. Malysah would like to be a Vlogger when she is finished with school. Vlogger is short for video blogger. She has a true love for dogs and hopes to have one when she gets her own place. Thank you for all you do, Malyssah!



Dave and his good friend Gail sharing basketball stories. Dave went to Gail's big barn that is converted into a basketball court.



Rosie and Stella sharing a ride in Lee's basket on his trike.



Mike and Judy having a great time on our field trip to the ice cream shop.



A Note from the Inn



La Conner Retirement Inn would like to welcome Stacy Boydston as our new Executive Director. Stacy's name and face may be familiar to you since she has been a part of the Inn family since 2017!

Throughout her career at the Inn, she has had direct experience in the business operations and sales of the community. She

brings her familiarity and great appreciation of the residents, families, and staff of La Conner Retirement Inn with her in her new role.

Stacy has an unwavering passion for La Conner Retirement Inn and the greater La Conner community. She has consistently demonstrated a commitment to excellence, dedication to growth, and a genuine connection to the community.

Join us in welcoming Stacy Boydston. Follow along on our Facebook page and community activity board for updates on opportunities for events and meetings with her as our director.

www.laconnerretirementinn.com

February 2024

The Innside Edition

Independent & Assisted Living | 204 N. 1st St. | PO Box 1087 | La Conner, WA 98257 | 360-446-5700

HAPPY Birthday

Residents

Sue K., 2/3

Barbara S. 2/12

Staff

Cricket 2/6

Nathan S. 2/23

A Few of Our Favorite Valentine's Memories

Jannette: Giving my mom a big card





Judy R.: My husband cooked me a wonderful rack of lamb

Mary Ann H.: Making and receiving grade school cards



FEBRUARY 2024

La Conner Retirement Inn • 204 N. 1st St., La Conner, WA 98257 • 360-466-5700

SUN	MON	TUE	WED	THU	FRI	SAT
				1 8:30 Coffee with Allie. Bring your fur babies! 10:00 Happy Hearts Fitness 10:30 Battle Ball 1:00 Bible Study 1:30 Sing Along with Suzanne 2:30 Choir Practice 3:30 Pinochle	2 8:00 Coffee with Allie. Bring your fur babies! 10:00 Happy Hearts Fitness 10:30 Battle Ball 1:30 Trivia 3:00 Happy Hour w/ Lee Howard 6:00 Knitting Group Ground Hog Day	3 8:30 Coffee with Allie. Bring your fur babies! 10:00 Happy Hearts Fitness 10:30 Battle Ball 1:00 Manicures 1:30 Mexican Train 2:30 Black Jack 3:30 Pinochle 6:00 Knitting Group
4 9:00 Animal Webcam 10:00 Happy Hearts Fitness 10:30 Battle Ball 10:45 Catholic Communion 1:00 Outing: The Lost Cities of Skagit Valley 1:30 Tombola 2:00 Hot Cocoa Social 3:00 Uno 6:00 Knitting Group	5 9:00 Animal Webcam 10:00 Happy Hearts Fitness 10:30 Battle Ball 1:00 PO-KE-NO 2:00 Mexican Train 3:00 Black Jack 6:00 Discussion Night 6:00 Knitting Group	6 8:30 Coffee with Allie. Bring your fur babies! 10:00 Happy Hearts Fitness 10:30 Battle Ball 1:00 3's dice game 2:00 Local Author "Cheryle Copestick" 3:30 Funny Videos 3:30 Pinochle 6:00 Knitting Group	7 8:30 Coffee with Allie. Bring your fur babies! 10:00 Happy Hearts Fitness 10:00 Writing Group 10:30 Battle Ball 1:00 Fred Meyer 1:30 Mexican Train 2:30 Black Jack 3:30 Funny Videos 6:00 Knitting Group	8 8:30 Coffee with Allie. Bring your fur babies! 10:00 Happy Hearts Fitness 10:00-12:00 Spa Day with Jo 10:30 Battle Ball 1:00 Bible Study 1:30 Mexican Train 2:00 Chat with Allie 2:30 Choir Practice 3:30 Pinochle	9 8:00 Coffee with Allie. Bring your fur babies! 10:00 Happy Hearts Fitness 10:30 Battle Ball 1:30 Trivia 3:00 Happy Hour w/ Monte Asken 4:00 Funny Videos 6:00 Knitting Group	10 8:30 Coffee with Allie. Bring your fur babies! 10:00 Happy Hearts Fitness 10:30 Battle Ball 1:30 Mexican Train 2:30 Black Jack 3:30 Pinochle 6:00 Knitting Group Lunar New Year
11 9:00 Animal Webcam 10:00 Happy Hearts Fitness 10:30 Battle Ball 10:45 Catholic Communion 1:00 Outing: The Lost Cities of Skagit Valley 1:30 Manicures 2:00 Adult Coloring 3:00 Super Bowl 6:00 Knitting Group	12 9:00 Animal Webcam 10:00 Happy Hearts Fitness 10:30 Battle Ball 1:00 PO-KE-NO 2:00 Mexican Train 3:00 Black Jack 6:00 Discussion Night 6:00 Knitting Group	13 8:30 Coffee with Allie. Bring your fur babies! 10:00 Happy Hearts Fitness 10:30 Battle Ball 1:30 3's dice game 2:00 Chat with Troy 2:30 Winter Craft 3:30 Funny Videos 3:30 Pinochle 6:00 Knitting Group	14 8:30 Coffee with Allie. Bring your fur babies! 10:00 Happy Hearts Fitness 10:00 Writing Group 10:00 Ash Wednesday  10:30 Battle Ball 1:00 Fun Trip 1:30 Valentine's Day Ballroom Dancing & Champagne	15 8:30 Coffee with Allie. Bring your fur babies! 10:00 Happy Hearts Fitness 10:00-12:00 Spa Day with Jo 10:30 Battle Ball 1:00 Bible Study 1:30 Mexican Train 2:00 Chat with Nathen 2:30 Choir Practice 3:30 Pinochle 6:30 Wine Tasting \$5 	16 8:00 Coffee with Allie. Bring your fur babies! 10:00 Happy Hearts Fitness 10:30 Battle Ball 1:30 Trivia 3:00 Happy Hour w/ Old Time Fiddlers 4:00 Funny Videos 5:00-6:00 Sweetheart Dinner 6:00 Knitting Group	17 8:30 Coffee with Allie. Bring your fur babies! 10:00 Happy Hearts Fitness 10:30 Battle Ball 1:00 Manicures 1:30 Mexican Train 2:30 Black Jack 3:30 Pinochle 6:00 Knitting Group
18 9:00 Animal Webcam 10:00 Happy Hearts Fitness 10:30 Battle Ball 10:45 Catholic Communion 1:00 Outing: The Lost Cities of Skagit Valley 1:30 Tombola 2:00 Root beer Floats Social 3:00 Uno 6:00 Knitting Group	19 9:00 Animal Webcam 10:00 Happy Hearts Fitness 10:30 Battle Ball 1:00 PO-KE-NO 2:00 Mexican Train 3:00 Black Jack 6:00 Discussion Night 6:00 Knitting Group Presidents Day	20 8:30 Coffee with Allie. Bring your fur babies! 10:00 Happy Hearts Fitness 10:30 Battle Ball 1:30 3's dice game 2:00 Chat with Stacy 2:30 Black Jack 3:30 Pinochle 6:00 Knitting Group	21 8:30 Coffee with Allie. Bring your fur babies! 10:00 Happy Hearts Fitness 10:00 Writing Group 10:30 Battle Ball 1:00 Walmart 1:15 Resident Council 3:00 Resident Birthdays 3:30 Funny Videos 6:00 Knitting Group	22 8:30 Coffee with Allie. Bring your fur babies! 10:00 Happy Hearts Fitness 10:30 Battle Ball 11:00 Lunch at Secret Cove 1:00 Bible Study 1:30 Mexican Train 2:00 Chat w/Medical Team 2:30 Choir Practice 3:30 Pinochle	23 8:00 Coffee with Allie. Bring your fur babies! 10:00 Happy Hearts Fitness 10:30 Battle Ball 1:30 Trivia 3:00 Happy Hour with Sisco Heights 4:00 Funny Videos 6:00 Knitting Group	24 8:30 Coffee with Allie. Bring your fur babies! 10:00 Happy Hearts Fitness 10:30 Battle Ball 1:30 Mexican Train 2:30 Black Jack 3:30 Pinochle 6:00 Knitting Group
25 9:00 Animal Webcam 9:00 Church Service 10:00 Happy Hearts Fitness 10:30 Battle Ball 10:45 Catholic Communion 1:00 Outing: The Lost Cities of Skagit Valley 1:00 Manicures 2:00 Adult Coloring 3:00 Uno	26 9:00 Animal Webcam 10:00 Happy Hearts Fitness 10:30 Battle Ball 1:00 PO-KE-NO 2:00 Mexican Train 3:00 Black Jack 6:00 Discussion Night 6:00 Knitting Group	27 8:30 Coffee with Allie. Bring your fur babies! 10:00 Happy Hearts Fitness 10:30 Battle Ball 1:30 3's dice game 2:30 Black Jack 3:00 Welcome Tea 3:30 Pinochle 6:00 Knitting Group	28 8:30 Coffee with Allie. Bring your fur babies! 10:00 Happy Hearts Fitness 10:00 Writing Group 10:30 Battle Ball 1:00 Outing for Ice Cream 1:30 Mexican Train 2:30 Black Jack 3:30 Funny Videos 6:00 Knitting Group	29 8:30 Coffee with Allie. Bring your fur babies! 10:00 Happy Hearts Fitness 10:30 Battle Ball 1:00 Bible Study 1:30 Mexican Train 2:30 Choir Practice 3:30 Pinochle 6:00 Knitting Group		



LA CONNER RETIREMENT INN

February 2024

upcoming events

1st at 1:30 pm
Sing with Suzanne

2nd at 3 pm
Happy Hour: Lee Howard

4th at 1 pm
Trip to the Lost Cities of Skagit Valley

6th at 2 pm
Author Cheryle Copestick

9th at 3 pm
Happy Hour: Monte Asken

14th at 1:30 pm
Champagne and Ballroom Dancing

16th at 3 pm
Happy Hour: the Old Time Fiddlers

16th at 5 pm
Sweetheart Dinner

22nd at 11 an
Lunch at the Secret Cove

23rd at 3 pm
Happy Hour: Sisco Heights

28th at 1 pm
Outing to Popsie's for ice cream

Our mission is to create and maintain comfortable, caring environments for those who depend on us.