



Mike

This month's Resident Spotlight is shining on this kind gent. Mike is a charming fellow who enjoys good conversation. He loves people, animals and staying fit. Thank you Mike for sharing your kind demeanor with us!



Kristin, Maintenance

Kristin was voted Employee of the Month and that is no surprise! Her work ethic is stellar. She works hard until the job is done. If you need a hand she will be there! She's kind and friendly and we all appreciate and adore her. Thank you Kristin, for everything you do!



moments captured



Our residents enjoy a good workout with so many benefits: improved brain health, weight management, and strong bones and muscles to name a few!

"Improved Health" on Youtube is one of our favorite channels.



In these freezing temperatures, you can't beat a hot cup of tea, yummy cookies and good company. Such a great time for comfortable inspiring conversation.

A sweet time had by all!



February 2024

The Renaissance Reader

Assisted Living & Memory Care | 2772 W. Avante Loop | Coeur D'Alene, ID 83815 | 208-664-6116



A Note from the Executive Director

Hello Families and Friends and Residents!



Kirk Goodin,
Executive Director

Well we can all say that January proved to have a strong visit from Mr. Winter! Thank you for your patience as our maintenance crew (Rylan and Kristin) worked hard to keep our sidewalks clear and de-iced as much as possible.

We have our monthly Dementia Conversations Support Group approaching on Feb. 8th at 5 pm in Mirabelle House. This group is for anyone affected by a memory care diagnosis and

their families and friends. The group is guided by a local R.N. from an outside provider. We look forward to seeing you if you would like to join.

Stacy, Life Enrichment Director, and her team are working hard to put the Valentine's Day Dance together and all of the festivities that will bring. Stacy and her team do a heartfelt job to ensure everyone is happy and their HEARTS are fulfilled.

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HAPPY Birthday

Residents

- Karen L, February 4th
- George W, February 5th
- Violetta Z, February 13th
- Doris T, February 15th
- Virginia H, February 21st
- Sharon G, February 22nd

Staff

- Jessica S, February 7th
- Mary M, February 9th
- Isabelle E, February 13th
- Emily S, February 14th
- Jennifer S, February 15th
- Heidi S, February 21st
- Lynn L, February 24th

SUN	MON	TUE	WED	THU	FRI	SAT
				1 8:00 Morning Chat (All) 9:00 Armchair Travel (St) 9:00 Bean Bag Toss (V) 10:00 Music Trivia (A) 10:00 Sit & Be Fit (M) 11:00 Heart Art <3 (R) 1:00 Heart Art <3 (A) 2:00 Dawn Hewitt (LE) 3:00 Karaoke (V) 3:00 Bingo (A)	2 8:00 Morning Chat (All) 9:30 Balloon Volleyball (R) 10:00 Balloon Volleyball (St) 11:00 Karaoke (A) 1:30 The Coeur d’Aleers 2:30 Residents Choice (M) 3:30 Finish the Lyric (R)	3 8:00 Morning Chat (All) 9:00 Morning Meditation (R) 10:00 Sit & Be Fit (V) 11:00 Yahtzee (A) 1:00 Let’s Bake (St) 2:00 Saturday Laughs (A/R) 3:00 Bingo (M)
4 8:00 Morning Chat (All) 9:00 One on One (St) 10:00 Morning Meditation with Heidi (M) 11:00 Bingo (V) 1:00 Rosary (A) 2:00 Bingo (R) 3:00 Tea Time (St)	5 8:00 Morning Chat (All) 9:00 Classic Music Monday (St) 10:00 Sit & Be Fit (M) 11:00 Karaoke (R) 1:00 Trivia (V) 2:00 Love Wreaths with Aunaleah (St) 3:00 Tea Time (A)	6 8:00 Morning Chat (All) 9:00 Sweet Stories (St) 9:00 Soup for the Soul (A) 10:00 Sit & Be Fit (V) 10:00 Tea Time (M) 11:00 Sit & Be Fit (A)(R) 1:00 Bingo (St) 2:00 Yogurt Parfait (Cart) 3:00 Rummikub (M) 3:00 Mystery Hour (R)	7 8:00 Morning Chat (All) 9:00 Puzzles (St) 9:00 Soup for the Soul (V) 10:00 Shopping Trip (All) 11:30 Sit & Be Fit (St) 1:00 Love Box Craft (V) 1:00 Trivia (A) 2:00 Tea Time (R) 3:30 Resident Council (All)	8 8:00 Morning Chat (All) 9:00 Armchair Travel (St) 9:00 Bean Bag Toss (V) 10:00 Music Trivia (A) 10:00 Sit & Be Fit (M) 11:00 Heart Art <3 (R) 1:00 Heart Art <3 (A) 2:00 Finish the Lyric (St) 2:00 Trivia (M) 3:00 Karaoke (V) 3:00 Bingo (A)	9 8:00 Morning Chat (All) 9:30 Balloon Volleyball (R) 10:00 Balloon Volleyball (St) 11:00 Karaoke (A) 1:00 Yahtzee (V) 2:00 Residents’ Choice (M) 3:00 Finish the Lyric (R)	10 8:00 Morning Chat (All) 9:00 Morning Meditation (R) 10:00 Sit & Be Fit (V) 11:00 Yahtzee (A) 1:00 Love Pong (St) 2:00 Saturday Laughs (A/R) 3:00 Bingo (M)
11 8:00 Morning Chat (All) 9:00 One on One (St) 10:00 Morning Meditation with Heidi (M) 11:00 Bingo (V) 1:00 Rosary (A) 2:00 Bingo (R) 3:00 Super Bowl Party	12 8:00 Morning Chat (All) 9:00 Classic Music Monday (St) 10:00 Sit & Be Fit (M) 11:00 Karaoke (R) 1:00 Trivia (V) 2:00 Ronnee McGee (LE) 3:00 Tea Time (A)	13 8:00 Morning Chat (All) 9:00 Sweet Stories (St) 9:00 Soup for the Soul (A) 10:00 Sit & Be Fit (V) 10:00 Tea Time (M) 11:00 Sit & Be Fit (A)(R) 1:00 Bingo (St) 2:00 Cupid Floats (Cart) 3:00 Rummikub (M) 3:00 Mystery Hour (R)	14 Ash Wed. & Valentine’s Day  8:00 Morning Chat (All) 9:00 Puzzles (St) 9:00 Soup for the Soul (V) 10:00 Balloon Volleyball (A) 10:00 Trivia (R) 11:00 Sit & Be Fit (St) 11:00 Yahtzee (M) 1:00 Movie/Popcorn (V) 1:00 Trivia (A) 2:00 Valentine’s Day Dance!!	15 8:00 Morning Chat (All) 9:00 Armchair Travel (St) 9:00 Bean Bag Toss (V) 10:00 Music Trivia (A) 10:00 Sit & Be Fit (M) 11:00 Arts & Crafts (R) 1:00 Arts & Crafts (A) 2:00 Table Pong (St) 2:00 Trivia (M) 3:00 Karaoke (V) 3:00 Bingo (A)	16 8:00 Morning Chat (All) 9:30 Balloon Volleyball (R) 10:00 Balloon Volleyball (St) 11:00 Karaoke (A) 1:00 Yahtzee (V) 2:00 Residents’ Choice (M) 3:00 Finish the Lyric (R)	17 8:00 Morning Chat (All) 9:00 Morning Meditation (R) 10:00 Sit & Be Fit (V) 11:00 Yahtzee (A) 1:00 Let’s Bake (St) 2:00 Saturday Laughs (A/R) 3:00 Bingo (M)
18 8:00 Morning Chat (All) 9:00 One on One (St) 10:00 Morning Meditation with Heidi (M) 11:00 Bingo (V) 1:00 Rosary (A) 2:00 Bingo (R) 3:00 Tea Time (St)	19 8:00 Morning Chat (All) 9:00 Classic Music Monday (St) 10:00 Sit & Be Fit (M) 11:00 Karaoke (R) 1:00 Trivia (V) 2:00 Arts & Crafts with Aunaleah (St) 3:00 Tea Time (A)	20 8:00 Morning Chat (All) 9:00 Sweet Stories (St) 9:00 Soup for the Soul (A) 10:00 JJ Dion (LE) 11:00 Sit & Be Fit (A)(R) 1:00 Bingo (St) 2:00 Pudding Parfait (Cart) 3:00 Rummikub (M) 3:00 Mystery Hour (R)	21 8:00 Morning Chat (All) 9:00 Puzzles (St) 9:00 Soup for the Soul (V) 10:00 Balloon Volleyball (A) 10:00 Trivia (R) 11:00 Sit & Be Fit (St) 11:00 Yahtzee (M) 1:00 Movie/Popcorn (V) 1:00 Trivia (A) 2:00 Tea Time (R) 3:00 Craft (M)	22 8:00 Morning Chat (All) 9:00 Armchair Travel (St) 9:00 Bean Bag Toss (V) 10:00 Music Trivia (A) 10:00 Sit & Be Fit (M) 11:00 Arts & Crafts (R) 1:00 Arts & Crafts (A) 2:00 Yahtzee (St) 2:00 Trivia (M) 3:00 <i>Sip and Paint (All) See Stacy for sign-up</i>	23 8:00 Morning Chat (All) 9:30 Balloon Volleyball (R) 10:00 Jim Dossey (LE) 11:00 Karaoke (A) 1:00 Yahtzee (V) 2:00 Residents’ Choice (M) 3:00 Finish the Lyric (R)	24 8:00 Morning Chat (All) 9:00 Morning Meditation (R) 10:00 Sit & Be Fit (V) 11:00 Yahtzee (A) 1:00 Table Pong (St) 2:00 Bingo (M) 3:00 Dance Party (All)
25 8:00 Morning Chat (All) 9:00 One on One (St) 10:00 Morning Meditation with Heidi (M) 11:00 Bingo (V) 1:00 Rosary (A) 2:00 Bingo (R) 3:00 Tea Time (St)	26 8:00 Morning Chat (All) 9:00 Classic Music Monday (St) 10:00 Sit & Be Fit (M) 11:00 Karaoke (R) 1:00 Trivia (V) 2:00 Tactiles (St) 3:00 Tea Time (A)	27 8:00 Morning Chat (All) 9:00 Sweet Stories (St) 9:00 Soup for the Soul (A) 10:00 Sit & Be Fit (V) 10:00 Tea Time (M) 11:00 Sit & Be Fit (A)(R) 1:00 Bingo (St) 2:00 Banana Split (Cart) 3:00 Rummikub (M) 3:00 Mystery Hour (R)	28 8:00 Morning Chat (All) 9:00 Puzzles (St) 9:00 Soup for the Soul (V) 10:00 Balloon Volleyball (A) 10:00 Trivia (R) 11:00 Sit & Be Fit (St) 11:00 Yahtzee (M) 1:00 Movie/Popcorn (V) 1:00 Trivia (A) 2:00 Tea Time (R)) 3:00 Craft (M)	29 8:00 Morning Chat (All) 9:00 Armchair Travel (St) 9:00 Bean Bag Toss (V) 10:00 Music Trivia (A) 10:00 Sit & Be Fit (M) 11:00 Arts & Crafts (R) 1:00 Arts & Crafts (A) 2:00 Bowling (St) 2:00 Trivia (M) 3:00 Karaoke (V) 3:00 Bingo (A)		



THE RENAISSANCE
AT COEUR D’ALENE

February
2024

upcoming events

Musical Guests

Dawn Hewitt

2/1 (M)

The Coeur d’
Aleers

2/2 (M)

Ronnee McGee

2/12 (A)

JJ Dion

2/20 (M)

Jim Dossey

2/23 (A)

Super Bowl Party

2/11 at 3 pm

Valentine’s Dance

2/14 at 2 pm

Ash Wednesday

2/14

(LE)= Live Entertainment

(M)= Mirabelle

(V) =Versailles

(R) = Rochelle

(St) = St Michelle

(A) = Avonlea

Our mission is to create and maintain comfortable, caring environments for those who depend on us.