

Sunday

Monday

Tuesday

Wednesday

Thursday


Friday

Saturday

February 2024

is the month of Love  & Sweet Surprises.

1:00 Mexican Train-AC
6:30 Movie-L/T: **Amazon Sound of Freedom**
2023 2h 10m PG-13



4 9:00 Stretch & Balance w/Tom Avenell-CL
10:00 Shopping: **Trader Joe's-L**
1:00 Knit Pickers-AC
1:00 Rummikub-GR
1:15 Bank Runs-L
2:30 Sing Along w/Sue & Bev-CL

5 9:00 Music in Motion w/Rowena Alberto-CL
10:00 Blank Slate w/Tonya-GR
1:00 Shuffleboard-AC
2:00 **Chronology Game-GR**
4:00 Resident Wine Social-AC
*Bring: Wine, Glass, & Snacks

6 9:15 Physical Therapy w/Campus Commons PT-CL
10:45 **Outing: Sacramento Revolution Winery & Kitchen Wine Tasting-L**
1:00 Bingo w/Paige-AC
2:30 **Paint & Sip w/Teresa Gutierrez-AC**
7:00 Bookworms Book Club-L/T

7 9:00 Weights & Balance w/Tonya-CL
10:50 **Birthday Group Photo-AC**
11:00 **February Birthday Brunch Celebration-DR**
1:00 Rummikub-GR
2:00 Mexican Train w/Tonya-AC
2:30 Writer's Group-GR
6:30 Theatre Thursday-L/T
On The Town
1949 1h 37m

8 9:00 Chair Yoga w/Diane-CL
1:00 Wii Bowling-AC
2:15-3:30 **Happy Hour: Todd Morgan-CL**
6:15 Rummikub-GR


Groundhog Day

9 1:00 Bingo w/Christa H.-AC 10



Chinese New Year (Year of the Dragon)

1:00 Mexican Train-AC
3:30 **Superbowl Party: Food, Soda, Beer & Friends w/Rick**



6:30 Movie-L/T: **Netflix Love, Guaranteed**
2022 1h 31m PG

11 9:00 Stretch & Balance w/Tom Avenell-CL
10:00 Shopping: **Target-L**
10:30 **Vendor: Comfy Items w/Alfred Caesar-L**
1:00 Knit Pickers-AC
1:00 Rummikub-GR
1:15 Bank Runs-L
2:30 Wii Bowling-AC

12 9:00 Weights & Balance w/Tonya-CL
10:00 Blank Slate w/Tonya-GR
1:00 Encore w/Victoria-GR
2:00 **Bookmobile-PL**
2:00 **Assorted Card Making w/Ginny J.-AC**
4:00 Resident Wine Social-AC
*Bring: Wine, Glass, & Snacks

Mardi Gras 


13 9:00 Weights & Balance w/Tonya-CL
1:00 Bingo w/Paige-AC
1:00 **Valentine's Photos-Office**
1:00 **Candy Bar Station-L**
2:30 **Valentine's Day Party w/Happy Trails Duo-CL**



Valentine's Day

14 9:00 Weights & Balance w/Christa H.-CL
9:15 **Outing: Placerville Red Hawk Casino/Eateries w/Winding Commons-L**
10:30 **Ceramic Class w/Claudia Hiles-AC**
1:00 Rummikub-GR
2:00 Mexican Train-AC
6:30 Theatre Thursday-L/T
Flower Drum Song 1961 2h 11m

15 9:00 Chair Yoga w/Diane-CL
1:00 Wii Bowling-AC
2:00 **Presentation: Bird Watching Sacramento Audubon Society w/Guest Speaker: Paul Miller-CL**
6:15 Rummikub-GR




16 1:00 Bingo w/Christa H.-AC 17



1:00 Mexican Train-AC
6:30 Movie-L/T: **Netflix Love Again**
2023 1h 44m PG-13

18 ***STAFF HOLIDAY**
9:00 Stretch & Balance w/Tom-CL
1:00 Knit Pickers-AC
1:00 Rummikub-GR
2:30 Sing Along w/Sue & Bev-CL



Presidents' Day

19 9:00 Weights & Balance w/Tonya-CL
10:00 Blank Slate w/Tonya-GR
1:00 **Activities Talk/Feedback w/Tonya-CL**
2:00 **Chronology Game-GR**
4:00 Resident Wine Social-AC
*Bring: Wine, Glass, & Snacks

20 9:15 Physical Therapy w/Campus Commons PT-CL
10:30 **Outing: Mid-Town Sac Westminster Church Music at Noon & Packed Lunches-L**
1:00 Bingo w/Paige-AC
2:00 **Horse Races (Doors Open) for Snacks, Drinks, & Bidding**
2:30 **Horse Races (Starting Time) w/Karen & Tonya-CL**
*Take friends for extra tickets

21 9:00 Weights & Balance w/Tonya-CL
1:00 Rummikub-GR
2:00 Mexican Train w/Tonya-AC
2:30 Writer's Group-GR
6:30 Theatre Thursday-L/T
Three Little Words
1950 1h 42m

22 9:00 Weights & Balance w/Tonya-CL
9:00-1:00 **Chair Massage w/Kevin McLachlan-BS**
1:00 Trivia w/Victoria D.-AC
2:15-3:30 **Happy Hour: Tony Quinn-CL**
6:15 Rummikub-GR

23 1:00 Bingo w/Christa H.-AC 24



1:00 Mexican Train-AC
6:30 Movie-L/T: **Amazon A Dog's Purpose**
2010 1h 39m PG



25 9:00 Stretch & Balance w/Tom Avenell-CL
10:00 Shopping: **Dollar Tree-L**
1:00 Knit Pickers-AC
1:00 Rummikub-GR
1:15 Bank Runs-L
2:30 Wii Bowling-AC

26 9:00 Weights & Balance w/Tonya-CL
10:00 Blank Slate w/Tonya-GR
1:00 Encore w/Victoria-GR
2:00 **Seminar: Social Media, Facebook & Questions w/Jocelyn Kaufenberg American River Companion Care-CL**
4:00 Resident Wine Social-AC
*Bring: Wine, Glass, & Snacks

27 9:00 Weights & Balance w/Tonya-CL
10:00 **Outing: Folsom Scenic Drive & Lunch: Fat's Asia Bistro-L**
1:00 Bingo w/Paige-AC
2:30 Spanish Class w/Mary K.-GR

28 9:00 Weights & Balance w/Tonya-CL
1:00 Rummikub-GR
2:00 **Prize Bingo w/Deanna-CL**
2:00 Mexican Train w/Tonya-AC
6:30 Theatre Thursday-L/T
Stormy Weather
1943 1h 17m




Campus Commons Senior Living
Worry Less... Smile More 😊

AC=ACTIVITY CENTER, BS=BEAUTY SALON, CL=CABARET LOUNGE, CC=COMPUTER CENTER, DR=DINING ROOM, GR=GAME ROOM, L/T=LIBRARY/THEATRE, L=LOBBY, PA=POND AREA *All Activities are subject to change.