

January 15th 2024 through January 21st 2024 Menu



Monday, January 15th

Breakfast

Oatmeal, Cold Cereal, Scrambled Eggs, Crispy Bacon, Home Fries, Fruit Cup, Choice of Eggs, Assorted Juices, Coffee, Hot Tea, 2% Milk

Lunch

Cream of Potato Soup

Ham w/Macaroni & Cheese, Cauliflower & Red Peppers, Wheat Dinner Roll

Alternate

Braised Beef Tips w/Mushrooms, Mashed Potatoes, Cauliflower & Red Peppers

Dessert

Pineapple Upside Down Cake / S.F. Chocolate Cake

Dinner

Egg Salad on Croissant, French Fries, Creamy Cucumber Salad

Alternate

Fried Shrimp w/Cocktail Sauce, French Fries, Creamy Cucumber Salad

Dessert

Ice Cream/Assorted/S.F. Desserts

Tuesday, January 16th

Breakfast

Cream of Wheat, Cold Cereal, Scrambled Eggs, Sausage Patty, Assort. Donuts, Yogurt Cup, Choice of Eggs, Assorted Juices, Coffee, Hot Tea, and 2% Milk

Lunch

Broccoli & Cheddar Soup

Baked Flounder w/Lemon Butter, Seasoned Rice Pilaf, Crispy Homemade Coleslaw

Alternate

Balsamic Glazed Chicken w/Bacon, Seasoned Rice Pilaf, Crispy Homemade Coleslaw

Dessert

Cinnamon Coffee Cake / Fresh Fruit

Dinner

Meat Lasagna, Baked Potato, Zucchini Medley

Alternate

Pork Chop w/Gravy & Onions, Baked Potato, Zucchini Medley

Dessert

Ice Cream/Assorted/S.F. Desserts

Wednesday, January 17th

Breakfast

Oatmeal, Cold Cereal, Scrambled Eggs, Turkey Crispy Bacon, Belgian Waffles w/ Syrup,, Banana, Choice of Eggs, Assorted Juices, Coffee, Hot Tea, and 2% Milk

Lunch

Vegetable Soup

Beef Stroganoff, Buttered Egg Noodles, Asparagus Tips

Alternate

Marinated Pork Loin w/Gravy, Buttered Egg Noodles, Asparagus Tips

Dessert

Black Forest Pudding Cup / S.F. Pudding

Dinner

Ginger Soy & Honey Salmon, Mashed Potatoes, Seasoned Green Beans

Alternate

Turkey Marsala w/Mushrooms, Mashed Potatoes, Asparagus Tips

Dessert

Ice Cream/Assorted/S.F. Desserts

Thursday, January 18th

Breakfast

Cream of Wheat, Cold Cereal, Scrambled Eggs, Pork Roll, French Toast w/ Syrup, Apple Slices, Choice of Eggs, Assorted Juices, Coffee, Hot Tea, and 2% Milk

Lunch

French Onion Soup

Turkey Meatloaf w/Gravy, Basil Garlic Mashed Potatoes

Alternate

Bourbon Maple Glazed Ham, Basil Garlic Potatoes, Italian Blend Vegetables

Dessert

Chilled Pears / S.F. Vanilla Cake

Dinner

Chicken Tenders w/Sweet & Sour Sauce, Vegetable Orzo Pasta, Caribbean Vegetable Blend

Alternate

Grilled Cheese Hot Dog, French Fries, Caribbean Vegetable Blend

Dessert

Ice Cream/Assorted/S.F. Desserts

Friday, January 19th

Breakfast

Oatmeal, Cold Cereal, Scrambled Eggs, Sausage Links, Buttered Biscuits, Orange Wedges, Choice of Eggs, Assorted Juices, Coffee, Hot Tea, and 2% Milk

Lunch

Cream of Tomato Basil Soup

Butter Crumb Tilapia, Almond Rice, Apple Cranberry Almond Slaw

Alternate

Turkey Melt on Croissant, Potato Chips, Apple Cranberry Almond Slaw

Dessert

Lemon Cake w/Icing / S.F. Jell-O

Dinner

Chicken Ranch Wrap, Home Fried Potatoes, Spinach Apple & Feta Salad

Alternate

Fisherman's Platter, Home Fried Potatoes, Pickled Beet Salad

Dessert

Ice Cream/Assorted/S.F. Desserts

Saturday, January 20th

Breakfast

Cream of Wheat, Cold Cereal, Cheese Omelets, Crispy Scrapple, Assorted Muffins, Banana, Choice of Eggs, Assorted Juices, Coffee, Hot Tea, and 2% Milk

Lunch

Vegetable Barley Soup

Savory Pork Roast, Oven Roasted Potatoes, Honey Dijon Brussel Sprouts

Alternate

Grilled Chicken w/Cranberry Glaze, Oven Roasted Potatoes, Honey Dijon Brussel Sprouts

Dessert

Apple Brown Betty / Fresh Fruit

Dinner

Baked Penne Pasta w/Sausage, Italian Green Beans, Garlic Bread

Alternate

Cheeseburger Deluxe, Waffle Fries, Crispy Coleslaw

Dessert

Ice Cream/Assorted/S.F. Desserts

Sunday, January 21st

Breakfast

Oatmeal, Cold Cereal, Scrambled Eggs, Turkey Sausage, Pancakes w/ Syrup, Orange Wedges, Choice of Eggs, Assorted Juices, Coffee, Hot Tea, and 2% Milk

Lunch

Chicken Noodle Soup

Slow Simmered Pot Roast w/Gravy, Carrots, Celery & Onions, Mashed Potatoes

Alternate

Chicken w/Lemon Sauce, Mashed Potatoes, Celery, Carrots & Onions

Dessert

Chocolate Cream Pie / S.F. Brownies

Dinner

Cheddar Baked Cod, Brown Rice Pilaf, Roasted Buttered Broccoli

Alternate

Turkey Platter, Savory Stuffing, Roasted Buttered Broccoli, Cranberry Sauce

Dessert

Ice Cream/Assorted/S.F. Desserts