

January 2024

A Activity Room
D Dining Room
LB Library
L Lobby
AO Activity Director's Office
O Outing
CS Country Store
PD Private Dining Room

A Activity Room
A Activity Room
A Activity Patio
CS Country Store
A Activity Patio

Bringing independence to living and qu	uality to life				PD Private Dining Room	J' HAPPY HOUR
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
HAPPY NEW YEAR	New Year's Day 10:00 A Sit & Be Fit Exercise Class 10:30 L Outdoor Walk 10:45 O Fallbrook Trips: Fallbrook Public Library & Wells Fargo Bank 11:00 LB Puzzle Pickup 1:30 AO Online Shopping 3:30 A Card Game - UNO 6:30 A Evening Movie	10:00 A Sit & Be Fit Exercise Class 10:30 L Outdoor Walk 11:00 A Knitting and Crocheting with Kathy 1:30 D Root Beer Floats 3:30 A BINGO! 6:30 A Evening Movie	10:00 A Sit & Be Fit Exercise Class 10:30 L Outdoor Walk 11:00 C Country Store - Room 207 11:00 Memory Care Picnic - Palomares House and Park 1:30 C Garden Club 3:30 D Hunting Season - Shooting Game 6:30 A Evening Movie	10:00 A Sit & Be Fit Exercise Class 10:30 C Love on a Leash Therapy Dog Visits 11:00 L Outdoor Walk 11:30 B Puzzle Pickup 1:30 D Ice Cream Sundaes 2:00 A BINGO! 4:00 O Dinner Outing - Pakin Wok Bonsall 6:30 A Evening Movie	10:00 A Sit & Be Fit Exercise Class 10:30 Outdoor Walk 10:45 Fallbrook Shopping Trips: Albertsons & CVS 1:30 A Cooking Club 3:30 Happy Hour with Music Entertainment A 6:30 A Evening Movie	9:30 A Sit & Be Fit Exercise Class 10:00 L Outdoor Walk 10:15 O Shopping Outing - Costco - Temecula 11:00 LB Puzzle Pickup 1:30 A Coloring Club 3:30 A BINGO! 6:30 A Evening Movie
9:30 A Sit & Be Fit Exercise Class 10:00 L Outdoor Walk 10:30 A Calvary Church Live Sermon Transmission 10:30 Catholic Communion Room Visits 1:30 AO Online Shopping 3:30 A BINGO! 6:30 A Evening Movie	10:00 A Sit & Be Fit Exercise Class 10:30 L Outdoor Walk 10:45 O Shopping Trips: Dollar Tree, Grocery Outlet, & Bank of America 11:00 LB Puzzle Pickup 1:30 A Wii Bowling 3:30 A Jeopardy! 6:30 A Evening Movie	10:00 A Sit & Be Fit Exercise Class 10:30 L Outdoor Walk 11:00 O Eagles Tribute at Pala Casino 11:30 LB Puzzle Pickup 1:30 D Root Beer Floats 3:30 A BINGO! 6:30 A Evening Movie	10:00 A Sit & Be Fit Exercise Class 10:30 L Outdoor Walk 11:00 CS Country Store - Room 207 12:00 O Women's Lunch Outing - 127 West Socia! House 1:30 C Garden Club 3:30 A Card Game - Blackjack 6:30 A Evening Movie	11 10:00 A Sit & Be Fit Exercise Class 10:30 C Love on a Leash Therapy Dog Visits 11:00 N Outdoor Walk 11:30 N Puzzle Pickup 1:30 D Ice Cream Sundaes 2:30 Memory Care Scenic Drive - Fallbreck/Bensall 3:30 A BINGO! 6:30 Evening Movie	12 10:00 A Sit & Be Fit Exercise Class 10:30 A Outdoor Walk 10:45 O Fallbrook Shopping Trips: Albertsons & CVS 1:30 A Cooking Club 3:30 D Happy Hour with Music Entertainment A 6:30 A Evening Movie	9:30 A Self Guided Exercise Class 9:30 O Shopping Outing - Promenade Mall Outing - Temecula 10:00 L Self Guided Outdoor Walk 11:00 LB Puzzle Pickup 1:30 A Coloring Club 3:30 A BINGO! 6:30 A Evening Movie
9:30 A Sit & Be Fit Exercise Class 10:00 L Outdoor Walk 10:30 A Calvary Church Live Sermon Transmission 10:30 Catholic Communion Room Visits 1:30 A Tech Support 3:30 A BINGO! 6:30 A Evening Movie	Martin Luther King Jr. Day 15 10:00 A Sit & Be Fit Exercise Class 10:30 L Outdoor Walk 10:45 O Fallbrook Trips: Fallbrook Public Library & Wells Fargo Bank 11:00 LB Puzzle Pickup 1:30 A Craft Club 3:30 A Game - Horse Racing 6:30 A Evening Movie	10:00 A Sit & Be Fit Exercise Class 10:30 L Outdoor Walk 11:00 A Knitting and Crocheting with Kathy 1:30 D Root Beer Floats 3:30 A BINGO! 6:30 A Evening Movie	17 10:00 A Sit & Be Fit Exercise Class 10:30 Outdoor Walk 11:00 Country Store - Room 207 1:30 B Puzzle Pickup 3:30 A Royals Tea Party w/ Special Guests 6:30 A Evening Movie	10:00 A Sit & Be Fit Exercise Class 10:30 C Love on a Leash Therapy Dog Visits 11:00 L Outdoor Walk 11:30 O Men's Lunch Outing - Hooters- San Marcos 11:30 LB Puzzle Pickup 1:30 D Ice Cream Sundaes 3:30 A BINGO! 6:30 A Evening Movie		9:30 A Sit & Be Fit Exercise Class 10:00 L Outdoor Walk 10:15 O Shopping Outing - Walmart - Temecula 11:00 LB Puzzle Pickup 1:30 A Coloring Club 3:30 A BINGO! 6:30 A Evening Movie
9:30 A Sit & Be Fit Exercise Class 10:00 L Outdoor Walk 10:30 A Calvary Church Live Sermon Transmission 10:30 Catholic Communion Room Visits 1:30 AO Online Shopping 3:30 A BINGO! 6:30 A Evening Movie	10:00 A Sit & Be Fit Exercise Class 10:30 L Outdoor Walk 10:45 O Shopping Trips: Dollar Tree, Grocery Outlet, & Bank of America 11:00 B Puzzle Pickup 1:30 B Wii Bowling 3:30 A Jeopardy! 6:30 A Evening Movie		10:00 A Chair Yoga with Patty Gomez 10:30 L Outdoor Walk 11:00 C Country Store - Room 207 1:30 C Garden Club 3:30 D Cornhole competition 6:30 A Evening Movie	10:00 A Sit & Be Fit Exercise Class 10:30 C Love on a Leash Therapy	10:00 A Sit & Be Fit Exercise Class 10:30 L Outdoor Walk 10:45 O Fallbrook Shopping Trips: Albertsons & CVS 12:15 PD Monthly Birthday Lunch 1:30 A Matinee Movie 3:30 D Happy Hour with Music Entertainment \(\) 6:30 A Evening Movie	9:30 A Sit & Be Fit Exercise Class 10:00 L Outdoor Walk 10:15 O Shopping Outing - Trader Joe's - Temecula 11:00 LB Puzzle Pickup 1:30 A Coloring Club 3:30 A BINGO! 6:30 A Evening Movie
9:30 A Sit & Be Fit Exercise Class 10:00 L Outdoor Walk 10:30 A Calvary Church Live Sermon Transmission 10:30 Catholic Communion Room Visits 1:30 A Tech Support 3:30 A BINGO! 6:30 A Evening Movie	10:00 A Sit & Be Fit Exercise Class 10:30 L Outdoor Walk 10:45 O Fallbrook Trips: Fallbrook Public Library & Wells Fargo Bank 11:00 LB Puzzle Pickup 1:30 A Craft Club 3:30 A Card Game - UNO 6:30 A Evening Movie	9:00 O Disneyland!!! 10:00 A Sit & Be Fit Exercise Class 10:30 L Outdoor Walk 11:00 A Knitting and Crocheting with Kathy 1:30 D Root Beer Floats 3:30 A BINGO! 6:30 A Evening Movie	31 10:00 A Sit & Be Fit Exercise Class 10:30 L Outdoor Walk 11:00 C Country Store - Room 207 12:00 O Memory Care Scenic Drive 1:30 C Garden Club 3:30 D Bowling 6:30 A Evening Movie	7117	Happy Birthday! 4th - Joyce O. 11th - Frances P. 28th - Dale P.	