

January 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	New Year's Day 1 11:00 Fitness Fun 3:00 Movie of Choice	2 9:30 Bible Study 11:00 Fitness Fun 1:30 Make-up Monday Manicures 3:00 Movie of Choice	3 8:30 Shuttle Bus Runs 1:30 Welcome Wagers 3:00 Movie of Choice	4 9:30 Book Club Meeting 11:00 Fitness Fun 1:30 January with Jackie 3:00 Movie of Choice	5 9:30 Shepard's Care 11:00 Fitness Fun 1:30 Bingo 3:00 Movie of Choice	6 9:30 Fitness Fun 10:30 Resident Gathering In The Library 1:30 Winter Trivia
7 11:00 Coffee & Chat 1:30 Bingo	Toes by Pros/Happy Birthday Vic 8 11:00 Fitness Fun 2:00 Celebrate Elvis Presley's Birthday 3:00 Movie of Choice	9 9:30 Bible Study 11:00 Fitness Fun 1:30 Flower Arranging 3:00 Movie of Choice	10 8:30 Shuttle Bus Runs 10:30 Weight Clinic - All Residents 1:30 Dollar Tree Shopping 3:00 Movie of Choice	11 9:30 Book Club Meeting 11:00 Fitness Fun 1:30 Hot Apple Cider Social 3:00 Movie of Choice	12 9:30 Shepard's Care 11:00 Fitness Fun 1:30 Bingo 3:00 Movie of Choice	13 9:30 Fitness Fun 10:30 Resident Gathering In The Library 2:00 Children's Recital
14 11:00 Coffee & Chat 1:30 Bingo	Martin Luther King Jr. Day 15 9:00 Monday Manicures 11:00 Fitness Fun 1:30 Starbucks Coffee Outing 3:00 Movie of Choice	Happy Birthday Jeana 16 9:30 Bible Study 11:00 Fitness Fun 1:30 Resident Council Meeting 2:00 Dining Service Meeting 3:00 Movie of Choice	Iris's 100th Birthday 17 8:30 Shuttle Bus Runs 2:00 Audrey & Company 3:00 Movie of Choice	18 9:30 Book Club Meeting 11:00 Fitness Fun 1:30 Yarn Stars 3:00 Movie of Choice	Happy Birthday Justin 19 9:30 Shepard's Care 11:00 Fitness Fun 1:30 Bingo 3:00 Movie of Choice	20 9:30 Fitness Fun 10:30 Resident Gathering In The Library 1:30 Snowflake Cookies
21 11:00 Coffee & Chat 1:30 Bingo	22 11:00 Fitness Fun 1:30 Winter Hangman 3:00 Movie of Choice	23 9:30 Bible Study 11:00 Fitness Fun 11:30 Lunch Outing-Sign Up With Linda 3:00 Movie of Choice	24 8:30 Shuttle Bus Runs 1:30 Left and Right 3:00 Movie of Choice	25 9:30 Book Club Meeting 11:00 Fitness Fun 1:30 Hot Tea and Fortune Cookies 3:00 Movie of Choice	Happy Birthday Janice 26 9:30 Shepard's Care 11:00 Fitness Fun 1:30 Bingo 3:00 Movie of Choice	27 9:30 Fitness Fun 10:30 Resident Gathering In The Library 1:30 Paper Angels
28 11:00 Coffee & Chat 1:30 Bingo	29 9:00 Monday Manicures 11:00 Fitness Fun 1:30 Make Magic Cookie Bars 3:00 Movie of Choice	30 9:30 Bible Study 11:00 Fitness Fun 1:30 New Year Spelling Bee 3:00 Movie of Choice	31 8:30 Shuttle Bus Runs 1:30 January Birthday Party 3:00 Movie of Choice			



**REGENCY PARK PLACE
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**Associate
of the
Month**



This Month's RESPECT Winner

Thank you Briana for making such a wonderful impact with our residents.

**Our Administrative Team
at Regency Park Place**

Executive Director, Rochelle Collett
Director of Nursing, Fabiola Luecke
Business Office Manager, Jackie Cadinha
Care Coordinator, Rex Rood
Life Enrichment Director, Linda Elder
Dining Services Director, Sarah Crocker
Housekeeping Supervisor, Melida Eason
Maintenance Director, J.D. Collett



Warm Up With Ginger Tea

If the winter weather leaves you with cold hands and feet, try drinking a cup of ginger tea. The herb can help improve blood circulation, making your extremities feel warmer.

Celebrating MLK Jr. Day

The country pays tribute to Martin Luther King Jr. every year on the third Monday in January. In 2024, the holiday falls on King's actual date of birth, Jan. 15. This year also marks a major milestone, as the date would have been the civil rights leader's 95th birthday.



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