January 2024

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|--|---|---|--|--|---|--|
| | 1 New Years Day 9:30 Exercise 10:00 Holiday music 1:00 Family and friends time 3:00 Games AR | 2 9:45 Current news 10:00 Bingo 1:00 Reminisce 3:00 1-1's | 3 9:30 Exercise 10:00 Trivia 1:00 Spa time for feet 4:30 News and discussion | 4 Trivia Day 10:00 Trivia time 1:00 Bingo 3:00 Arm exercises and music | 5 Twelfth Night 9:30 Exercise 10:00 Movie 1:00 Bus Ride 4:30 Movie in AR | 6 10:00 Bingo 1:00 Family fun time games in activity room |
| 7 Old Rock Day 10:00 Nail care time 1:00 Worship and sing with Missionary Bap- tist Church | 8 Argyle Day 9:30 Exercise 10:00 Gospel singers 1:00 Name that tune 3:00 1-1 letter writing | 9 9:45 Current news 10:00 Bingo 1:00 Dominoes 2:00 Music with Tom | 10 9:30 Exercise 10:00 Short story time 1:00 Spa time for feet | 11 New Moon 10:00 Corn hole in AR 1:00 Bingo 3:00 1-1's | 12 Kiss A Ginger Day 9:30 Exercise 10:00 Movie 1:00 Bus ride 3:00 Movie AR | 13 Eagle Day 10:00 Bingo 1:00 Connect Four in activity room |
| 14 World Logic Day 10:00 Nail care time 1:00 Worship on Tape in activity room | 15 Humanitarian Day 9:30 Exercise 10:00 Gospel singers 1:00 Sensory time its Smell and Tell 4:00 1-1's | 16 10:00 Bingo 1:00 Lets fill bird feeders and put out 4:00 Craft time make door hangers | 17 Cable Car Day 9:30 Exercise 10:00 Resident Coun- cil 1:00 B-Day Party 3:00 Country music | 18 Thesaurus Day 10:00 Trivia 1:00 Bingo 4:30 Music with Tom | 19 Popcorn Day 9:30 Exercise 10:00 Movie 1:00 Bus ride 3:30 1-1's | 20 Tech Day 10:00 Bingo 1:00 Independent resident games 6:00 Family Bingo night |
| 21 World Religion Day 10:00 Nail care time 1:00 Worship on Tape in activity room | 22 9:30 Exercise 10:00 Gospel singers 1:00 Balloon volley- ball in AR 4:00 Classical music | 23 8:00 Morning visits 10:00 Bingo 1:00 Uno card games 5:00 Channel 21 news | 24 Belly Laugh Day 9:30 Exercise 10:00 Trivia 1:00 Spa time for feet 3:00 Scrabble time | 25 Opposite Day 8:00 Morning visits 10:00 Craft time 1:00 Bingo 3:00 Dominoes AR | 26 9:30 Exercise 10:00 Movie 1:00 Bus ride 4:30 Movie in AR | 27 Holocaust Memorial Day 10:00 Bingo 1:00 Watch Discovery Channel about the Holocaust |
| 28 10:00 Nail care time 1:00 Worship on tape In activity room | 29 National Puzzle Day 9:30 Exercise 10:00 Gospel singers 1:00 Crossword puzzles as a group | 30 Croissant Day 8:00 Morning visits 10:00 Bingo 1:00 Lets make crois- sants and have a so- cial | 31 | | | |