






JANUARY



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	Happy New Year! <i>Games, Coloring, and Puzzles in the Shore Room all Day</i> 10:30 Piano with Ken Badger P 1:00 Movie: T	9:00 Morning Social S 9:15 Communion P 10:00 Chair Exercises S 10:45 Which Happened Last? S 1:00 Hand & Foot Card Game C 1:00 Chair Yoga with Beth S 1:30 New Year Craft S 2:00 Documentary T 3:00 Happy Hour P	9:00 Catholic Mass P 9:00 Morning Social S 9:30 Sign me up Susan S 10:00 Chair Exercises S 10:45 Words in a Word S 1:00 Wii Bowling T 1:00 Alternative Art S 2:00 Yahtzee Dice Game P 2:00 One Day University T 3:00 Keystone Drama Club S	9:00 Morning Social S 10:00 Glowstick Exercises S 10:00 Shopping at Old Navy & HomeGoods LB 10:45 Trivia S 10:45 Fitness Room Education F 1:00 Card Making Club C 1:00 Learn Wii Bowling T 1:30 Shopping: Stop & Shop LB 3:00 Prize Pokeno S	9:30 Morning Social S 10:00 Hand Exercises for Arthritis S 10:45 Grandmothers Unite! S 1:00 Wii Bowling T 1:00 Rosary S 1:30 Scenic Ride LB 1:30 Left, Right, Center S 3:00 January Birthday Party & Happy Hour w/ Harry French P	9:30 Morning Social S 10:00 Chair Exercises S 10:45 Hangman S 1:00 Dime Bingo S 2:30 Movie: T
9:30 Morning Social S 10:00 Chair Exercises S 10:45 Mormon Tabernacle S 10:45 Christmas Clean Up S 1:00 Virtual Methodist Service S 1:15 Words in a Word S 2:30 Movie: T	9:00 Morning Social S 9:30 Sign me Up Susan S 10:00 Chair Exercises S 10:45 Bingo! S 1:00 Wii Bowling T 1:00 Manicures S 3:00 Rummikub P 3:00 Sing Along with Aubrey S 7:00 Movie: T	9:00 Morning Social S 9:15 Communion P 10:00 Seated Swingers S 10:30 Music with Julie P 1:00 Hand & Foot Card Game C 1:00 Hand Massages S 2:00 Documentary T 3:00 Elvis Happy Hour P	9:00 Morning Social S 10:00 Chair Exercises S 10:45 Words in a Word S 1:00 Wii Bowling T 1:00 Cooking Class S 2:00 One Day University T 3:00 Scrabble P 3:00 Keystone Drama Clubs Open House! Come if you are interested in learning more about joining the drama club! S	9:00 Morning Social S 10:00 Drumming Exercises P 10:45 Jeopardy S 10:45 Fitness Room Education F 11:30 Lunch at Towne Tavern LB 1:00 Smoothies & Trivia S 2:00 Magic Show with Lyn Dillies! P 3:15 Prize Pokeno S	9:30 Morning Social S 10:00 Hand Exercises for Arthritis S 10:30 Music with Rebecca Pink P 1:00 Wii Bowling T 1:00 Rosary S 1:30 Scenic Ride LB 1:30 Quiddler S 3:00 Happy Hour! P 7:00 Movie: T	9:30 Morning Social S 10:00 Chair Exercises S 10:45 Cape Cod Trivia S 1:00 Dime Bingo S 2:30 Movie: T
9:30 Morning Social S 10:00 Chair Exercises S 10:45 Mormon Tabernacle S 10:45 Words in a Word S 1:00 Virtual Methodist Service S 1:15 Kriya M 3:00 Music with Dave V. P	9:00 Morning Social S 9:30 Sign me Up Susan S 10:00 Chair Exercises S 10:45 Bingo! S 1:00 Wii Bowling T 1:00 Manicures S 3:00 Rummikub P 3:00 Billiards with Debby GM 7:00 Movie: T	9:00 Morning Social S 9:15 Communion P 10:00 Chair Exercises S 10:30 Veterans Café P 10:45 Brain Teasers S 1:00 Hand & Foot Card Game C 1:00 Chair Yoga with Beth S 1:30 Crazy Quotes S 2:00 Documentary T 3:00 Trivia Happy Hour! P	9:00 Morning Social S 10:00 Glowstick Exercises S 10:45 Words in a Word S 1:00 Wii Bowling T 1:00 Alternative Art S 2:00 One Day University T 2:00 Yahtzee Dice Game P 3:00 Scrabble P 3:00 Keystone Drama Club S	8-9 Women's Breakfast CD 9:00 Morning Social S 10:00 Chair Exercises S 9:30 Shopping at Five Below & lunch at the Olive Garden LB 10:45 Wake up with Trivia S 11:00 Food Committee Meeting P 1:00 Chair Massages with Carrie 2:00 Music with Candida P 3:15 Happy Hour! P	9:30 Morning Social S 10:00 Hand Exercises for Arthritis S 10:45 Trivia S 1:00 Wii Bowling T 1:00 Rosary S 1:30 Left, Right, Center S 1:30 Shopping: Market Basket LB 3:00 Prize Pokeno S 7:00 Movie: T	9:30 Morning Social S 10:00 Chair Exercises S 10:45 Fact or Crap S 1:00 Dime Bingo S 2:30 Movie: T
9:30 Morning Social S 10:00 Chair Exercises S 10:45 Mormon Tabernacle S 10:45 Jeopardy S 1:00 Virtual Methodist Service S 1:15 Words in a Word S 2:30 Movie: T	9:00 Morning Social S 9:30 Sign me Up Susan S 10:00 Chair Exercises S 10:45 Bingo! S 1:00 Wii Bowling T 1:00 Manicures S 3:00 Rummikub P 3:00 Sing Along with Aubrey S 7:00 Movie: T	9:00 Morning Social S 9:15 Communion P 10:00 Seated Swingers S 10:45 Presentation: Rita Moreno S 1:00 Hand & Foot Card Game C 1:30 Resident Meeting P 2:30 Happy Hour P 3:30 Speaker: Nancy Franks P	9:00 Morning Social S 10:00 Chair Exercises S 10:45 Words in a Word S 1:00 Wii Bowling T 1:00 Painting with Jessica S 2:00 One Day University T 3:00 Scrabble P 3:00 Keystone Drama Club S	8-9 Men's Breakfast CD 9:00 Morning Social S 10:00 Shake Rattle & Roll S 10:00 Outing: Mass Air & Space Museum LB 10:30 Music with Tony Rocks P 1:00 Hand Massage S 1:00 Andre Rieu in NYC T 3:00 Prize Pokeno S	9:30 Morning Social S 10:00 Hand Exercises for Arthritis S 10:30 Music with The Harper & The Minstrel P 1:00 Wii Bowling T 1:00 Rosary S 1:30 Quiddler S 1:30 Scenic Ride LB 3:00 Happy Hour! P 7:00 Movie: T	9:30 Morning Social S 10:00 Chair Exercises S 10:45 I Should Have Known S 1:00 The Eyes Have is (Photos) S 2:30 Movie: T
9:30 Morning Social S 10:00 Chair Exercises S 10:45 Mormon Tabernacle S 10:45 Words in a Word S 1:00 Virtual Methodist Service S 1:15 \$3 Money Bingo P 2:30 Movie: T	9:00 Morning Social S 9:30 Sign me Up Susan S 10:00 Chair Exercises S 10:45 Bingo! S 1:00 Wii Bowling T 1:00 Manicures S 3:00 Rummikub P 3:00 Billiards with Debby GM 7:00 Movie: T	9:00 Morning Social S 9:15 Communion P 10:00 Chair Exercises S 10:45 Trivia S 1:00 Hand & Foot Card Game C 1:00 Quick Craft S 2:00 Documentary T 3:00 Happy Hour with Marc D. P	9:00 Morning Social S 10:00 Chair Exercises S 10:45 Words in a Word S 1:00 Wii Bowling T 1:00 Cooking Class S 2:00 One Day University T 3:00 Scrabble P 3:00 Keystone Drama Club S	 Activities in Red font are ones you have to sign up for during Sign me up Susan on Monday mornings. 		All Activities are Subject to Change S – Shore T – Theater CD – Chatham Dining Room P – Pub LB – Lobby C – Canal Room M – Meditation Room