

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

**Patriots
Landing
Retirement
Community**

1
9:00a Morning Greet/Headlines
10:00a One on One
10:30a Morning Fitness
11:00a Brain Games
12:30p Classic TV & One on One
1:00p Sit and Fit (EVG Room)
2:00p Sing Along
3:00p Social Hour Balloon Bop
6:15p Movie Night

New Year's Day

2
9:00a Morning Greet/Headlines
10:00a One on One
10:30a Gentle Fitness Fun
11:00a Brain Games (Charades)
12:30p Classic TV & One on One
1:00p Afternoon Fitness
1:30p Molly and Friends
2:00p Craft Hour
3:00p Social Hour w/word games
6:15p TV Time

3
9:00a Morning Greet/Headlines
10:00a One on One
10:30a Gentle Fitness Fun
10:30a Catholic Prayer Service
11:00a Communion
11:00a Brain Games (Charades)
12:30p Classic TV & One on One
1:00p Afternoon Fitness
1:30p Armchair Travel
3:00p Scenic Bus Ride
6:15p TV Time

4
9:30 – 11:30 Legendary Doughnuts
By flag poles in front
9:00a Morning Greet/Headlines
10:00a One on One
10:30a Gentle Fitness Fun
11:00a Brain Games:
12:30p Classic TV & One on One
1:00p Crafts in Dining Room
3:00p Social Hour with Coloring
6:15p TV Time

5
9:00a Morning Greet/Headlines
10:00a One on One
10:30a Morning Fitness
11:00a Funny Friday Jokes
12:30p Classic TV/ One on One
1:00p Afternoon Fitness
2:00p Armchair Travels
3:00p Social Hour with Games
6:15p Movie Night

6
9:00a Morning Greet/Headlines
9:30a Sensory Station
10:30a Morning Fitness
11:00a Brain Games
1:00p One on Ones
2:00p Movie choice
3:00p Scenic Bus Ride
6:15p Evening Movie

7
9:00a Morning Greet/Headlines
9:30a PL Church and Hymns
11:00a Morning Fitness
12:30p Classic TV/ One on One
1:00p Sunday Sports or Musical
2:30p Sing Along
3:00p Brain Games
6:15p Movie Night

8
9:00a Morning Greet/Headlines
10:00a One on One
10:30a Morning Fitness
11:00a Brain Games
12:30p Classic TV & One on One
1:00p Sit and Fit (EVG Room)
2:00p Sing Along
3:00p Social Hour Balloon Bop
6:15p Movie Night

9
9:00a Morning Greet/Headlines
10:00a One on One
10:30a Gentle Fitness Fun
11:00a Brain Games (Charades)
12:30p Classic TV & One on One
1:00p Afternoon Fitness
1:30p Molly and Friends
2:00p Craft Hour
3:00p Social Hour w/word games
6:15p TV Time

10
9:00a Morning Greet/Headlines
10:00a One on One
10:30a Gentle Fitness Fun
10:30a Catholic Prayer Service
11:00a Communion
11:00a Brain Games (Charades)
12:30p Classic TV & One on One
1:00p Afternoon Fitness
1:30p Armchair Travel
3:00p Scenic Bus Ride
6:15p TV Time

11
9:00a Morning Greet/Headlines
10:00a One on One
10:30a Gentle fitness fun
11:00a Brain Games:
12:30p Classic TV & One on One
1:00p Crafts in Dining Room
2:00p Movie & Molly
3:00p Social Hour with Coloring
6:15p TV Time

12
9:00a Morning Greet/Headlines
10:00a One on One
10:30a Morning Fitness
11:00a Funny Friday Jokes
12:30p Classic TV/ One on One
1:00p Afternoon Fitness
2:00p Armchair Travels
3:00p Social Hour with Games
6:15p Movie Night

13
9:00a Morning Greet/Headlines
9:30a Sensory Station
10:30a Morning Fitness
11:00a Brain Games
1:00p One on Ones
2:00p Movie choice
3:00p Music Social w/Northwest Sunshine
3:00p Scenic Bus Ride
6:15p Evening Movie

14
9:00a Morning Greet/Headlines
9:30a PL Church and Hymns
11:00a Morning Fitness
12:30p Classic TV/ One on One
1:00p Sunday Sports or Musical
2:30p Sing Along
3:00p Brain Games
6:15p Movie Night

15
9:00a Morning Greet/Headlines
10:00a One on One
10:30a Morning Fitness
11:00a Brain Games
12:30p Classic TV & One on One
1:00p Sit and Fit (EVG Room)
2:00p Sing Along
3:00p Social Hour Balloon Bop
6:15p Movie Night

Martin Luther King Jr. Day

16
9:00a Morning Greet/Headlines
10:00a One on One
10:30a Gentle Fitness Fun
11:00a Brain Games (Charades)
12:30p Classic TV & One on One
1:00p Doug Deems (New Time)
1:30p Molly and Friends
2:00p Craft Hour
3:00p Social Hour w/word games
6:15p **6:30p Tim Anderson Music & Wine Social**

17
9:00a Morning Greet/Headlines
10:00a One on One
10:30a Gentle Fitness Fun
10:30a Catholic Prayer Service
11:00a Communion
11:00a Brain Games (Charades)
12:30p Classic TV & One on One
1:00p Afternoon Fitness
1:30p Armchair Travel
3:00p Scenic Bus Ride
6:15p TV Time

18
9:00a Morning Greet/Headlines
10:00a One on One
10:30a Gentle fitness fun
11:00a Brain Games:
12:30p Classic TV & One on One
1:00p Crafts in Dining Room
2:00p Movie & Molly
3:00p Social Hour with Coloring
6:15p TV Time

19
9:00a Morning Greet/Headlines
10:00a One on One
10:30a Morning Fitness
11:00a Funny Friday Jokes
12:30p Classic TV/ One on One
1:00p Afternoon Fitness
2:00p Armchair Travels
3:00p Social Hour with Games
6:15p Movie Night

20
9:00a Morning Greet/Headlines
9:30a Sensory Station
10:30a Morning Fitness
11:00a Brain Games
1:00p One on Ones
2:00p Movie choice
3:00p Scenic Bus Ride
6:15p Evening Movie

21
9:00a Morning Greet/Headlines
9:30a PL Church and Hymns
11:00a Morning Fitness
12:30p Classic TV/ One on One
1:00p Sunday Sports or Musical
2:30p Sing Along
3:00p Brain Games
6:15p Movie Night

Activity Professionals Week

22
9:00a Morning Greet/Headlines
10:00a One on One
10:30a Morning Fitness
11:00a Brain Games
12:30p Classic TV & One on One
1:00p Sit and Fit (EVG Room)
2:00p Songbirds 2024 EVG RM
3:00p Social Hour Balloon Bop
6:15p Movie Night

23
9:00a Morning Greet/Headlines
10:00a One on One
10:30a Gentle Fitness Fun
11:00a Brain Games (Charades)
12:30p Classic TV & One on One
1:00p Afternoon Fitness
1:30p Molly and Friends
2:00p Craft Hour
3:00p Social Hour w/word games
6:15p TV Time

24
9:00a Morning Greet/Headlines
10:00a Cheryl Z. Music
10:30a Catholic Prayer Service
11:00a Communion
11:00a Brain Games
12:30p Classic TV & One on One
1:00p Afternoon Fitness
1:30p Armchair Travel
3:00p Scenic Bus Ride
6:15p Evening Movie

Tu B'Shevat Begins

25
9:00a Morning Greet/Headlines
10:00a One on One
10:30a Gentle Fitness Fun
11:00a Brain Games (Charades)
12:30p Classic TV & One on One
1:30p Molly and Friends
2:00p David R Music
3:00p Social Hour with Coloring
6:15p TV Time

26
9:00a Morning Greet/Headlines
10:00a One on One
10:30a Morning Fitness
11:00a Funny Friday Jokes
12:30p Classic TV/ One on One
1:00p Afternoon Fitness
2:00p Armchair Travels
3:00p Social Hour with Games
6:15p Movie Night

Australia Day (Observed)

27
9:00a Morning Greet/Headlines
9:30a Sensory Station
10:30a Morning Fitness
11:00a Brain Games
1:00p One on Ones
2:00p Movie choice
3:00p Scenic Bus Ride
6:15p Evening Movie

28
9:00a Morning Greet/Headlines
9:30a PL Church and Hymns
11:00a Morning Fitness
12:30p Classic TV/ One on One
1:00p Sunday Sports or Musical
2:30p Sing Along
3:00p Brain Games
6:15p Movie Night

29
9:00a Morning Greet/Headlines
10:00a One on One
10:30a Morning Fitness
11:00a Brain Games
12:30p Classic TV & One on One
1:00p Sit and Fit (EVG Room)
2:00p Songbirds 2024 EVG RM
3:00p Social Hour Balloon Bop
6:15p Movie Night

30
9:00a Morning Greet/Headlines
10:00a One on One
10:30a Gentle Fitness Fun
11:00a Brain Games (Charades)
12:30p Classic TV & One on One
1:00p Afternoon Fitness
1:30p Molly and Friends
2:00p Craft Hour
3:00p Music Social with Hawaiian Essence
6:15p TV Time

31
9:00a Morning Greet/Headlines
10:00a One on One
10:30a Gentle Fitness Fun
10:30a Catholic Prayer Service
11:00a Mass
11:00a Brain Games
12:30p Classic TV & One on One
1:00p Afternoon Fitness
1:30p Armchair Travel
3:00p Scenic Bus Ride
6:15p Evening Movie

January 2024

Patriots Landing Memory Care Activities

