


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
Patriots Landing Retirement Community 	Transportation: APPT. Day 1 9:30 Exercise Class 10:30 Phone & Tech Help 1:00 Sit & Fit 6:15 Mexican Train <small>New Year's Day</small>	Transportation: APPT. Day 2 9:30 Cardio/Strength Fitness 10:30 Playing 8-ball w/Jennifer 1:00 Sit & Fit 2:00 Bingo 3:15 Resident Run Card Games 6:15 Triominos 7:00 Movie Night	3 9:30 Exercise Class 10:00 Red Wind Casino 10:30 Catholic Prayer Service 11:00 Communion 1:00 Sit & Fit 3:00 Needle Group 3:00 Cards: Bridge 6:30 Cribbage 6:30 Bingo	Transportation: APPT. Day 4 9:30 – 11:30 Legendary Doughnuts By flag poles in front 9:30 Cardio/Strength Fitness 10:30 Board Games 1:00 Sit & Fit 2:00 Mahjong 4:30 Thirsty Thursday 6:15 Mexican Train 6:30 Resident Run Card Games	5 9:30 Exercise Class 11:00 Red Robin, Lakewood 10:15 Bible Study 1:00 Sit & Fit 2:00 Bingo 6:15 Triominos 7:00 Friday Night Movie	6 9:15 Support Run 2 Remember 9:30 Exercise w/Jen 10:00 McChord BX/Commissary 10:30 Board Games w/Jen 1:00 Sit & Fit 2:00 Bingo 3:00 Cribbage 6:15 Mexican Train 6:30 Resident Run Card Games 7:00 Trivia Night w/ Steven D. In The Bar 7:00 Saturday Movie Night	
	7 8:20 Shuttle to St. Frances Cab 9:30 Shuttle to St. John Bosco 9:30 Church @ Patriots Landing 1:00 Ft Lewis PX/Commissary 6:15 Triominos 7:00 Movie Night	Transportation: APPT. Day 8 9:30 Exercise Class 1:00 Sit & Fit 2:00 Bean Bag Toss 6:15 Mexican Train	Transportation: APPT. Day 9 9:30 Cardio/Strength Fitness 10:30 Playing 8-ball w/Jennifer 1:00 Sit & Fit 2:00 Bingo 3:15 Resident Run Card Games 6:15 Triominos 7:00 Movie Night	10 9:30 Exercise Class 10:00 Walmart, Lacey 10:30 Catholic Prayer Service 11:00 Communion 1:00 Sit & Fit 2:00 Newcomers Welcome 3:00 Needle Group 3:00 Cards: Bridge 6:30 Cribbage 6:30 Bingo	Transportation: APPT. Day 11 9:30 Cardio/Strength Fitness 10:00 Social w/JBLM Soldiers 1:00 Sit & Fit 2:00 Mahjong 4:30 Thirsty Thursday 6:15 Mexican Train 6:30 Resident Run Card Games	12 9:30 Exercise Class 9:00 Poulsbo Bakery, Coffee Shop & Chocolate Shop 10:15 Bible Study 1:00 Sit & Fit 2:00 Bingo 6:15 Triominos 7:00 Friday Night Movie	13 9:15 Support Run 2 Remember 9:30 Exercise w/Jen 10:00 Ft Lewis PX/Commissary 10:30 Board Games w/Jen 1:00 Sit & Fit 2:00 Bingo 3:00 Music Social w/Northwest Sunshine 6:15 Mexican Train 6:30 Resident Run Card Games 7:00 Saturday Movie Night
	14 8:20 Shuttle to St. Frances Cab 9:30 Shuttle to St. John Bosco 9:30 Church @ Patriots Landing 1:00 McChord BX/Commissary 1:00 Sit & Fit 2:00 Bingo 6:15 Triominos 7:00 Movie Night	Transportation: APPT. Day 15 9:30 Exercise Class 10:30 Brain Fitness 1:00 Sit & Fit 6:15 Mexican Train <small>Martin Luther King Jr. Day</small>	Transportation: APPT. Day 16 9:30 Cardio/Strength Fitness 10:00 ACU Banking for Residents 10:30 Playing 8-ball w/Jennifer 1:00 Sit & Fit 2:00 Bingo 3:15 Resident Run Card Games 6:15 Triominos 6:30 Tim Anderson Music & Wine Social	17 9:30 Exercise Class 10:00 Puyallup Mall and Lunch @ Mall 10:30 Catholic Prayer Service 11:00 Communion 1:00 Sit & Fit 3:00 Needle Group 3:00 Cards: Bridge 6:30 Cribbage 6:30 Bingo	Transportation: APPT. Day 18 9:30 Cardio/Strength Fitness 10:30 Board Games 1:00 Sit & Fit 2:00 Crafters Corner Cone Craft 4:30 Thirsty Thursday 6:15 Mexican Train 6:30 Resident Run Card Games 7:00 History Stories w/Steve D	19 9:30 Exercise Class 11:30 Carr's Restaurant 10:15 Bible Study 1:00 Sit & Fit 2:00 Bingo 6:15 Triominos 7:00 Friday Night Movie	20 9:15 Support Run 2 Remember 9:30 Exercise w/Jen 10:00 McChord BX/Commissary 10:30 Board Games w/Jen 1:00 Sit & Fit 3:00 Cribbage 3:15 Rummikub 6:15 Mexican Train 6:30 Resident Run Card Games 7:00 Saturday Movie Night
	21 8:20 Shuttle to St. Frances Cab 9:30 Shuttle to St. John Bosco 9:30 Church @ Patriots Landing 1:00 Ft Lewis PX/Commissary 1:00 Sit & Fit 2:00 Bingo 6:15 Triominos 7:00 Movie Night <small>Activity Professionals Week</small>	Transportation: APPT. Day 22 9:30 Exercise Class 1:00 Sit & Fit 2:00 Songbirds 2024 6:15 Mexican Train	Transportation: APPT. Day 23 9:30 Cardio/Strength Fitness 10:00 Patriots Landing Book Club 10:30 Playing 8-ball w/Jennifer 1:00 Sit & Fit 2:00 Bingo 3:15 Resident Run Card Games 6:15 Triominos	24 9:30 Exercise Class 10:00 Lakewood Towne Center 10:30 Catholic Prayer Service 11:00 Communion 1:00 Sit & Fit 2:00 Town Hall 3:00 Needle Group 3:00 Cards: Bridge 6:30 Cribbage 6:30 Bingo <small>Tu B'Shevat Begins</small>	Transportation: APPT. Day 25 9:30 Cardio/Strength Fitness 10:00 Social w/JBLM Soldiers 1:00 Sit & Fit 2:00 Resident Birthday Party w/Lakewood Senior Players 4:30 Thirsty Thursday 6:15 Mexican Train 6:30 Resident Run Card Games	26 9:30 Exercise Class 10:15 Bible Study 11:00 Olive Garden, Tacoma 1:00 Sit & Fit 2:00 Bingo 6:15 Triominos 7:00 Friday Night Movie <small>Australia Day (Observed)</small>	27 9:15 Support Run 2 Remember 9:30 Exercise w/Jen 10:00 Ft Lewis PX/Commissary 10:30 Board Games w/Jen 1:00 Sit & Fit 2:00 Bingo 3:00 Cribbage 3:15 Rummikub 6:15 Mexican Train 6:30 Resident Run Card Games 7:00 Saturday Movie Night
	28 8:20 Shuttle to St. Frances Cab 9:30 Shuttle to St. John Bosco 9:30 Church @ Patriots Landing 1:00 McChord BX/Commissary 1:00 Sit & Fit 2:00 Bingo 6:15 Triominos 7:00 Movie Night	Transportation: APPT. Day 29 9:30 Exercise Class 1:00 Sit & Fit 2:00 Songbirds 2024 6:15 Mexican Train	Transportation: APPT. Day 30 9:30 Cardio/Strength Fitness 10:30 Playing 8-ball w/Jennifer 1:00 Sit & Fit 2:00 Bingo 3:00 Music Social with Hawaiian Essence 3:15 Resident Run Card Games 6:15 Triominos 7:00 Movie Night	31 9:30 Exercise Class 10:00 Fred Meyer, Lacey 10:30 Catholic Prayer Service 11:00 Mass 1:00 Sit & Fit 3:00 Needle Group 3:00 Cards: Bridge 6:30 Cribbage 6:30 Bingo	