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JANUARY 2024

Memory Care

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	9:30 Wiggle those Toes 11:00 Sensory Tray 2:00 Bird Watching 2:30 Snacks Happy Hour 3:30 Sing-Along with me 6:00 Travel the World	9:30 Stretch & Bend 10:30 Loren on Guitar 1:30 Puzzles & Games 2:30 Snacks Happy Hour 3:30 Music & Movement	9:30 Fun & Fitness 10:30 Current Events 12:00 Amy on Instrument 1:00 J & J Music 2:30 Snacks Happy Hour 3:30 Music & Movement	9:30 Tap & Sway 10:30 Word Trivia 1:30 Reading Stories 2:30 Snacks Happy Hour 3:30 Record of all time 6:00 Evening Movies	9:30 Exercise with me 10:30 Current Events 1:00 Bamboo Peru Music 2:30 Snacks Happy Hour 3:30 Music & Movement 6:30 Movie Night	9:30 Fun & Fitness 10:30 Activities of Interest 1:30 New Year Fun Facts 2:30 Snacks Happy Hour 3:30 Shoot that ball
9:30 Sunday Stretch 10:30 Current Events 1:30 Coloring/Puzzles 2:30 Bingo Royal 3:30 Seated Yoga	9:30 Wiggle those Toes 11:00 Sensory Tray 2:00 Bird Watching 2:30 Snacks Happy Hour 3:30 Sing-Along with me 6:00 Travel the World	9:30 Stretch & Bend 10:30 Floor Games 1:30 Puzzles & Games 2:30 Snacks Happy Hour 3:30 Music & Movement	9:30 Fun & Fitness 10:30 Floor Games 12:00 Amy on Instrument 1:00 M & K Music 2:30 Snacks Happy Hour 3:30 Music & Movement	9:30 Tap & Sway 10:30 Word Trivia 1:00 Music by Zachary 2:30 Snacks Happy Hour 3:30 Record of all time 6:00 Evening Movies	9:30 Exercise with me 10:30 Current Events 1:30 Coloring/Puzzles 2:30 Snacks Happy Hour 3:30 Music & Movement 6:30 Movie Night	9:30 Fun & Fitness 10:30 Activities of Interest 1:30 Table Games 2:30 Snacks Happy Hour 3:30 Shoot that ball
9:30 Sunday Stretch 10:30 Current Events 1:30 Coloring/Puzzles 2:30 Bingo Royal 3:30 Seated Yoga	9:30 Wiggle those Toes 10:30 MLK-Civil Rights Day 2:00 Bird Watching 2:30 Snacks Happy Hour 3:30 Sing Along with me 6:00 Travel the World	9:30 Stretch & Bend 10:30 Floor Games 1:30 Puzzles & Games 2:30 Snacks Happy Hour 3:30 Music & Movement	9:30 Fun & Fitness 10:30 Floor Games 12:00 Amy on Instrument 2:30 Snacks Happy Hour 3:30 Music & Movement	9:30 Tap & Sway 10:00 Music by Alligator 1:30 Winter Ball Event 2:30 Snacks Happy Hour 3:30 Record of all time 6:00 Evening Movies	9:30 Exercise with me 10:30 Current Events 1:30 Coloring/Puzzles 2:30 Snacks Happy Hour 3:30 Music & Movement 6:30 Movie Night	9:30 Fun & Fitness 10:30 Activities of Interest 1:30 Table Games 2:30 Snacks Happy Hour 3:30 Shoot that ball
9:30 Sunday Stretch 10:30 Current Events 1:30 Coloring/Puzzles 2:30 Bingo Royal 3:30 Seated Yoga	9:30 Wiggle those Toes 11:00 Sensory Tray 2:00 Bird Watching 2:30 Snacks Happy Hour 3:30 Sing-Along with me 6:00 Travel the World	9:30 Stretch & Bend 10:30 Floor Games 1:30 Puzzles & Games 2:30 Snacks Happy Hour 3:30 Music & Movement	9:30 Fun & Fitness 10:30 Floor Games 12:00 Amy on Instrument 2:30 Snacks Happy Hour 3:30 Music & Movement	9:30 Tap & Sway 10:30 Word Trivia 1:30 Reading Stories 2:30 Snacks Happy Hour 3:30 Record of all time 6:00 Evening Movies	9:30 Exercise with me 10:30 Current Events 1:30 Coloring/Puzzles 2:30 Snacks Happy Hour 3:30 Music & Movement 6:30 Movie Night	9:30 Fun & Fitness 10:30 Activities of Interest 1:30 Table Games 2:30 Snacks Happy Hour 3:30 Shoot that ball
9:30 Sunday Stretch 10:30 Current Events 1:30 Coloring/Puzzles 2:30 Bingo Royal 3:30 Seated Yoga	9:30 Wiggle those Toes 11:00 Sensory Tray 1:30 Birthday Bash with Rey 2:30 Snacks Happy Hour 3:30 Sing-Along with me 6:00 Travel the World	9:30 Stretch & Bend 10:30 Floor Games 1:30 Puzzles & Games 2:30 Snacks Happy Hour 3:30 Music & Movement	9:30 Fun & Fitness 10:30 Floor Games 12:00 Amy on Instrument 2:30 Snacks Happy Hour 3:30 Music & Movement			