

Resident SPOTLIGHT



Sandra

Sandra is our resident of the month. She was born and raised in Oklahoma. Sandy is always smiling. She loves sharing stories of growing up in her home state. She also enjoys visiting with her family and friends. We love having Sandy here at Sweetbriar Villa.

Team Member SPOTLIGHT



Aleigh: Med Tech & Caregiver

Aleigh was born in Spring Creek Nevada. She graduated from high school there and then moved to Oregon with friends to be closer to the ocean. She enjoys painting, hanging out with her friends, singing karaoke and watching football. Her best friend is her dog Lady. Thanks for being a great member of our team, Aleigh!

moments captured



Christmas Caroling:

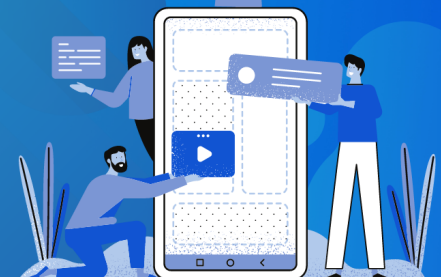
Skipper is singing along with the Inspirational Choir. The choir was our first Christmas event of the season!



Flannel Day: Tracy, Phil & Barbara dressed up for Flannel Day to begin our festive month of December! **Inspirational Choir:** Pete, Joyce and LaraLee enjoying listening to the performance.




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January 2024

Sweetbriar Villa Bulletin

Assisted & Memory Care | 6135 E Street | Springfield, OR 97478 | 541-225-0200



A Note from the Executive Director



Nicole Hampl,
Executive Director

Happy New Year!

Wow, 2024 is here already!! There is something about the first of the year that gives inspiration.

This last year has been a great one with lots of wonderful memories made with each of you. As we enter 2024, I hope our first newsletter of the year finds you happy and content. With the holidays behind us, all of us here at Sweetbriar want

to express our gratitude for your cards, visits and support from last year. I look forward to the new year bringing you prosperity, joy, and good health. We look forward to continuing to serve you and support your goals every step of the way.



HAPPY Birthday

Residents

- Barbara: Jan. 16th

Staff

- Ariel: Jan. 3rd
- Jennifer: Jan. 5th
- Steven: Jan. 9th
- Amber: Jan. 10th
- Didi: Jan. 24th
- Grummy: Jan. 31st

JANUARY 2024

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SUN	MON	TUE	WED	THU	FRI	SAT
	1 Happy New Year! 9:00 Coffee & Hot Cocoa 10:00 Music With Phil 10:30 Residents Choice 11:00 Cards & Coffee 1:30 Manicures 2:00 Hand Massage 3:00 Bingo	2 10:00 Fireside Chat 11:00 Walking in Groups 11:30 Coffee & Games 1:30 Movie & Popcorn 3:00 Bingo 4:00 Reading In Memory Care	3 Happy Birthday Arial! 10:30 Scenic Drive 11:00 Balloon Ball 1:00 Movie & Chocolate Covered Cherries for Choc. Cherry Day 2:00 Movie 3:00 Bingo 4:00 Music & Movement	4 Spaghetti Day 10:30 Trivia 11:00 Travel Videos 1:30 Coloring 2:00 Milk & Cookies 3:00 Bingo 4:00 Walking In Groups	5 Happy Birthday Jennifer! 9:00 Music & Movement 10:00 Memory Care Craft 11:00 Chair Yoga 11:30 Puzzles 1:30 Coffee & Cards 2:30 Walking in groups 3:00 Bingo 4:30 Friday Fun Cart	6 10:00 Memory Care Puzzles 11:00 Coloring 1:00 Walking In Groups 2:00 Elvis Is In The Building 3:30 Bingo 4:30 Craft
	7 10:00 Coloring 11:00 Craft 1:00 Movie 3:00 Bingo 4:00 Memory Care Coloring 5:00 Puzzles	8 9:00 Family Room Gathering 10:00 Music With Phil 10:30 Bible Study 11:00 Cards & Coffee 1:30 Manicures 2:00 Hand Massages 3:00 Bingo	9 Happy Birthday Steven! 10:00 Balloon Ball 11:00 Resident Council Meeting 1:00 Memory Care Tea Time 2:00 Tea Tuesday 3:00 Bingo 4:00 Puzzles	10 Happy Birthday Amber! 10:30 Scenic Drive 11:00 Movie 1:00 Popcorn Social 1:30 Monthly Birthday Party 2:00 Staff Meeting 3:30 Bingo 4:00 Walking In Groups	11 10:30 Family Room Gathering 11:00 Craft 1:30 Lavender Hand Massage 2:00 Comedy Hour 3:00 Bingo 4:00 Memory Care Craft	12 Hot Tea Day 9:00 Music & Movement 10:00 Inspirational Music 11:00 Chair Yoga 11:30 Puzzles 1:30 Tea & Cards 2:30 Walking In Groups 3:00 Bingo 4:00 Memory Care Craft
	14 10:00 Coloring 11:00 Craft 1:00 Movie 3:00 Bingo 4:00 Memory Care Craft 5:00 Puzzles	15 Strawberry Day 9:00 Family Room Gathering 10:00 Music With Phil 10:30 Bible Study 11:00 Cards & Coffee 1:30 Manicures 3:00 Bingo	16 Happy Birthday Barbara! 10:30 Fireside Chat 11:00 Walking In Groups 11:30 Coffee & Games 1:30 Movie & Popcorn 3:00 Bingo 4:00 Puzzles	17 Popeye's Day 10:30 Scenic Drive 11:00 Walking In Groups 1:30 Movie & Popcorn 2:00 Popeye Movie 3:00 Bingo 4:00 Memory Care Coloring	18 Sweatshirt Day 10:00 Balloon Ball 11:00 Cards & Coffee 1:30 Fireside Chat 2:00 Manicures 3:00 Bingo 4:00 Memory Care Craft	19 Popcorn Day 10:00 Music & Movement 11:00 Chair Yoga 11:30 POPCORN SOCIAL 1:30 Coffee & Cards 2:30 Walking In Groups 3:00 Bingo 4:00 Evening News
	21 10:00 Coloring 11:00 Puzzles 1:30 Walking On Groups 2:00 Comedy Hour 3:00 Bingo 4:00 Reading Group 5:00 Fireside Chat	22 9:00 Family Room Gathering 10:00 Music With Phil 10:30 Bible Study 11:00 Cards & Coffee 1:30 Manicures 3:00 Bingo	23 Pie Day 10:00 Balloon Ball 10:30 Sing Along 11:00 Craft 1:30 Tea Tuesday & Pie 2:00 Memory Care Craft 3:00 Bingo 4:00 Puzzles	24 Happy Birthday Didi! 10:30 Scenic Drive 11:30 Cards & Coffee 1:30 Movie & Peanut Butter Cookies for PB Day! 2:00 Reading In Memory Care 3:00 Bingo 4:00 Puzzles	25 10:30 Yoga 11:00 Cards & Coffee 1:30 Beading Craft 2:30 Walking In Groups 3:00 Bingo 4:00 Memory Care Reading	26 10:00 Inspirational Music 11:00 Chair Yoga 1:30 Coffee & Cards 2:30 Walking In Groups 3:00 Bingo 4:00 Memory Care Puzzle
	28 10:00 Coloring 11:00 Beading Craft 1:30 Bean Bag Toss & Balloon Ball 2:00 Comedy Hour 3:00 Bingo 4:00 Puzzles	29 Puzzles Day 9:00 Family Room Gathering 10:00 Music With Phil 10:30 Bible Study 11:00 Puzzles! 1:30 Manicures 3:00 Bingo	30 Croissant Day 10:30 Balloon Day 11:00 Sing Along 11:30 Coloring 1:30 Tea Tuesday 2:00 Croissant Activity 3:00 Bingo 4:00 Puzzles	31 Happy Birthday Grummy! 10:00 Balloon Ball 11:00 Trivia 1:30 Music & Movement 2:00 Memory Care Coloring 3:00 Bingo 4:00 Memory Care Reading		

Our mission is to create and maintain comfortable, caring environments for those who depend on us.