Resident **SPOTLIGHT**



Mary

Mary is one of our amazing residents and is celebrating her birthday this month! You can often find her playing bingo or all around the community ready with a friendly hello for anyone she meets! Mary enjoys spending time with her family and loved ones. Be sure to wish her a happy birthday if you run into her!

Team Member SPOTLIGHT



Norma, Housekeeping

Join us in congratulating Norma on two years of being part of the Emerald Gardens Family! Norma is a great team player, often found helping in various departments. One of her favorite things about working in our community is the warm welcome she receives from residents and team members alike. She also enjoys spending time with her grandchildren and baking.





Woodburn Public Library Pop-Up:

Each month, Allison will be visiting and bringing the library to our community! She'll arrive with a variety of books, audiobooks and DVDs for residents to check out.





Granny Fi's and A Spot Of Tea: The owners of Granny Fi's hosted us for a private tea hour! We got to enjoy traditional English snacks along with a variety of hot tea flavors. We had a splendid time!





A Note from the Leadership Team



Happy New Year to all of our friends and family! We invite you to embrace the new year as we are. "Approach the New Year with resolve to find the opportunities hidden in each new day." - Michael Josephson. We are looking forward to

creating new experiences and memories with everyone in 2024!

Our top 3 activities NOT TO BE MISSED in January are:

- 1. Senior Nutrition Talk on 1/10 @ 5:30 pm. Haley Mccoy with Traditions Health and Hospice will lead the talk. It will be a great way to get ready for a healthy 2024!
- 2. Tea Time on 1/12 @ 3 pm. We will be having a traditional high tea with scrumptious snacks and delectable teas!
- 3. Popcorn Tasting Party on 1/19 @2:30 pm. To celebrate National Popcorn Day, we will have a fun popcorn social with a variety of unique flavors of popcorn for you to enjoy!

HAPPY Birthday

Residents

- Mary, 1/2
- Peggy, 1/7
- Miriam, 1/22
- Bonnie, 1/25
- Joyce, 1/29

Staff

- Jael, 1/7
- Ashley 1/10
- Valeria, 1/29
- Alberto, 1/30

JANUARY 202	24 Emerald G	iardens • Assisted Ca	are • 1890 Newber	g Hwy Woodburn, OR 970	• 503-982-4000	
SUN	MON	TUE	WED	THU	FRI	SAT
Activity Locations: MR = Upstairs Movie Room DR = Dining Room FL = Fireside Lounge	1 New Years Day 8:15 Daily Newsletter 9:30 Walk & Talk 10:00 Bingo (DR) 1:00 New Years Resolutions Craft (MR) 3:00 Music With David Minton (DR) 4:00 Yahtzee (MR) 5:25 Monday Night Football (MR)	2 Natl. Science Fiction Day 8:15 Daily Newsletter 9:30 Walk & Talk 10:00 Word Games (MR) 11:15 Takeout Tuesday "Chicken Shanty" (DR) 1:00 Manicures 2:30 Science Fiction Movie Trivia (MR) 4:45 Hot Cocoa & Chat (DR)	3 Women Rock Day 8:15 Daily Newsletter 9:30 Walk & Talk 10:00 Bingo (DR) 1:15 D.I.Y. New Years Cards For Friends (MR) 3:00 Cyndi Lauper Documentary (MR) 4:00 Card Games (MR) 4:45 Coffee & Chat (DR)	4 National Spaghetti Day 8:15 Daily Newsletter 10:00 Sit & Stretch (MR) 11:45 Coffee & Chat (DR) 1:30 Afternoon Movie: "Click "(MR) 4:00 Dice Games (MR) 5:15 Thursday Night Football (MR)	5 National Bird Day 8:15 Daily Newsletter 10:00 Bingo (DR) 1:00 Wii Games (MR) 2:30 Virtual Bird Aviary Walk Through Tour (MR) 4:00 Board Games (MR) 5:25 Friday Night Concert Stream: "Bon Jovi: "No End In Sight" (MR)	9:15 Daily Newsletter 9:45 Walk & Talk 10:15 Bingo (DR) 1:00 Manicures 3:00 Virtual Hike (MR) 4:00 Game Hour (MR) 5:25 Saturday Episode: "Incredible Animal Journeys - Ocean Odysseys" (MR)
7 Globetrotters Day 9:00 Daily Newsletter 9:15 Christian Church Service Stream (MR) 10:15 Bingo (DR) 1:00 Globetrotters Documentary (MR) 3:15 Painting Club (MR) 4:00 Game Hour (MR) 5:15 Sunday Night Football (MR)	8 Earths Rotation Day 8:15 Daily Newsletter 9:30 Walk & Talk 10:00 Bingo (DR) 1:00 Safeway Trip 3:00 Video About Foucault's Pendulum (MR) 4:00 Yahtzee (MR) 5:25 Monday Night Football (MR)	9 National Word Nerd Day 8:15 Daily Newsletter 9:30 Walk & Talk 10:00 Word Games (MR) 11:45 Takeout Tuesday: "Taco Bell" 1:15 Manicures 3:15 Word Craft (FL) 4:45 Coffee & Chat (DR)	8:15 Daily Newsletter 9:30 Walk & Talk 10:00 Bingo (DR) 1:30 Chef Chat (DR) 2:30 Documentary on Eagles (MR) 4:00 Card Games (MR) 5:30 Senior Nutrition Seminar	11 Int. Thank You Day 8:15 Daily Newsletter 10:00 Sit & Stretch (MR) 11:00 Woodburn Library Pop-Up Library Event (FL) 1:30 Afternoon Movie: "The Best Years Of Our Lives" (MR) 3:45 Dice Games (MR) 5:15 Thursday Night Football (MR)	12 National Hot Tea Day 8:15 Daily Newsletter 10:00 Bingo (DR) 1:15 Vision Boards (FL) 3:00 Tea Time (DR) 4:00 Board Games (MR) 5:25 Friday Night Concert Stream: "Elvis—'68 Comeback Special" (MR)	13 Nat'l Vision Board Day 9:15 Daily Newsletter 9:45 Walk & Talk 10:15 Bingo (DR) 1:00 Manicures 3:00 Virtual Hike (MR) 4:00 Game Hour (MR) 5:25 Saturday Episode: "Incredible Animal Journeys - Chasing The African Rains" (MR)
9:00 Daily Newsletter 9:15 Christian Church Service Stream (MR) 10:15 Bingo (DR) 1:00 Country Drive 3:15 Painting Club (MR) 4:00 Game Hour (MR) 5:15 Sunday Night Football (MR)	15 M.L.K. Jr Day 8:15 Daily Newsletter 9:30 Walk & Talk 10:00 Bingo (DR) 1:00 Manicures 2:30 Martin Luther King JR Documentary (MR) 4:00 Yahtzee (MR) 5:25 Monday Night Football (MR)	16 Natl. Fig Newton Day 8:15 Daily Newsletter 9:30 Walk & Talk 10:00 Word Games (MR) 11:30 Takeout Tuesday "Jimmy Johns" 1:30 Tuesday Trivia (MR) 3:15 Fig Newtons Snack (DR) 4:45 Coffee & Chat (DR)	8:15 Daily Newsletter 9:30 Walk & Talk 10:00 Bingo (DR) 3:00 Documentary on Kids & Their Inventions (MR) 4:00 Card Games (MR) 4:45 Coffee & Chat (DR)	18 Maintenance Day 8:15 Daily Newsletter 10:00 Sit & Stretch (MR) 10:30 Coffee & Donuts w/ Roel (FL) 1:30 Afternoon Movie: "Elsa & Fred"(MR) 4:00 Dice Games (MR) 5:15 Thursday Night Football (MR)	19 National Popcorn Day 8:15 Daily Newsletter 10:00 Bingo (DR) 1:00 Wii Games (MR) 2:30 Popcorn Tasting (DR) 4:00 Board Games (MR) 5:25 Friday Night Concert Stream: "The Beach Boys Live in Convert 50th Anniversary" (MR)	20 Cheese Lovers Day 9:15 Daily Newsletter 9:45 Walk & Talk 10:15 Bingo (DR) 1:00 Manicures 3:00 Cheese Tasting (DR) 4:00 Game Hour (MR) 5:25 Saturday Episode: "Incredible Animal Journeys - Alaska's River Race" (MR)
21 Nat'l Granola Bar Day 9:00 Daily Newsletter 9:15 Christian Church Service Stream (MR) 10:15 Bingo (DR) 1:30 D.I.Y. Granola Bars (DR) 3:15 Painting Club (MR) 4:00 Game Hour (MR) 5:15 Sunday Night Football (MR)	22 Intl. Sweatpants Day 8:15 Daily Newsletter 9:30 Walk & Talk 10:00 Bingo (DR) 1:00 Dollar Tree Trip 3:00 Movie: "Wish Man" (MR) 4:00 Yahtzee (MR) 5:25 Monday Night Football (MR)	23 Nat'l Handwriting Day 8:15 Daily Newsletter 9:30 Walk & Talk 10:00 Word Games (MR) 11:15 Country Cottage Lunch Outing 1:00 Manicures 2:30 Tuesday Trivia (MR) 3:00 Letters For Friends (FL) 4:45 Coffee & Chat (DR)	24 Intl. Day Of Education 8:15 Daily Newsletter 9:30 Walk & Talk 10:00 Bingo (DR) 1:30 Resident Council (DR) 3:00 Educational Refresh Video: "Basic Geography" (MR) 4:00 Card Games (MR) 4:45 Coffee & Chat (DR)	25 National Fish Taco Day 8:15 Daily Newsletter 10:00 Sit & Stretch (MR) 10:30 Winter Theme Craft (FL) 1:30 Afternoon Movie: "Golden Eye"(MR) 4:00 Dice Games (MR) 5:15 Thursday Night Football (MR)	8:15 Daily Newsletter 10:00 Bingo (DR) 1:00 Wii Games (MR) 2:30 Virtual Australia Outback Tour (DR) 4:00 Board Games (MR) 5:25 Friday Night Concert	27 Nat'l Geographic Day 9:15 Daily Newsletter 10:15 Bingo (DR) 1:00 Manicures 3:00 Church Choir Performance (DR) 4:00 Game Hour (MR) 5:25 Episode: "Incredible Animal Journey's - Home At The End Of The Earth" (MR)
9:00 Daily Newsletter 9:15 Christian Church Service Stream (MR) 10:15 Bingo (DR) 1:15 Country Drive 3:15 Painting Club (MR) 4:00 Game Hour (MR) 5:15 Sunday Night Football (MR)	29 National Puzzle Day 8:15 Daily Newsletter 9:30 Walk & Talk 10:00 Bingo (DR) 1:00 Manicures 2:30 Puzzles (MR) 4:00 Yahtzee (MR) 5:25 Monday Night Football (MR)	30 Nat'l Croissant Day 8:15 Daily Newsletter 9:30 Walk & Talk 10:00 Word Games (MR) 11:15 Takeout Tuesday "Arctic Circle" 1:30 Afternoon Movie (MR) 3:00 Tuesday Trivia (MR) 4:45 Coffee & Chat (DR)	8:15 Daily Newsletter 9:30 Walk & Talk 10:00 Bingo (DR) 1:15 Educational Refresh Video: "Intro To Anatomy & Physiology" (MR) 3:00 Hot Cocoa Bar (DR) 4:00 Card Games (MR) 4:45 Coffee & Chat (DR)	* HAPPY NEW YEAR 2024	***	All activities are subject to change per mandated health guidelines.

January 2024

upcoming events

January 1:

New Years Day Celebration with Music by David Minton!

January 8:

Safeway Trip

January 11:

Woodburn Public Library Pop-Up Event

January 14:

Country Drive

January 22:

Dollar Tree Trip

January 27:

Live Church Choir Performance

January 28:

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January 31:

Hot Cocoa Bar

If you would like to go on an outing, please make sure to sign up at the front desk.



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