

Resident SPOTLIGHT

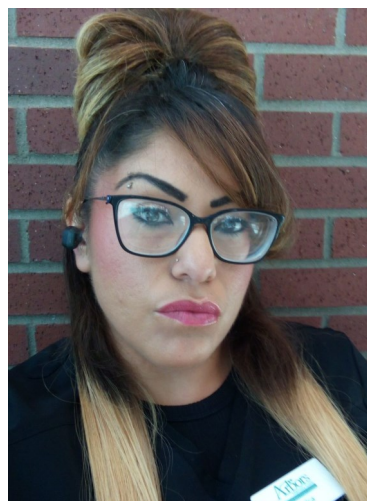


Thomas joined the Arbors family this year, brightening our days with his smile and rainbow suspenders. Thomas makes sure the outside trails are used, walking with anyone and everyone in the fresh air. Thomas regularly checks on the birds and is always down for a good game of corn hole.

Prior to joining the Arbors family, Tom was a college math professor for more than 33 years and tended a thriving tomato garden. We're hoping to get tips from him this spring when we start our Arbors garden. Keep on smiling, Tom!

Team Member SPOTLIGHT

Jessica recently joined the Arbors family as a caregiver. With a background in caring for those with disabilities, she's transitioned seamlessly into senior care. Her love for the residents and the community was an instant fit, making it no surprise when



her co-workers nominated her for employee of the month.

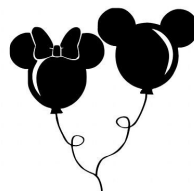
In her off hours, Jessica spends most of her time with her two-year old son and caring for her family. She makes sure to hit the gym regularly too, though. Self care matters!

When visiting Arbors, you're likely to see Jessica on one knee, chatting with a resident and doing her best to brighten their day in any small way that she can. We love having you as part of the Arbors family, Jess!

moments captured



Disney Fun Time: Here at Arbors, we couldn't let Mickey Mouse's birthday pass without throwing a party! Ears were passed around, Minnie Mouse herself stopped by (looking a lot like our new activities director), mickey pancakes were eaten and of course no birthday is complete without cake and balloons!



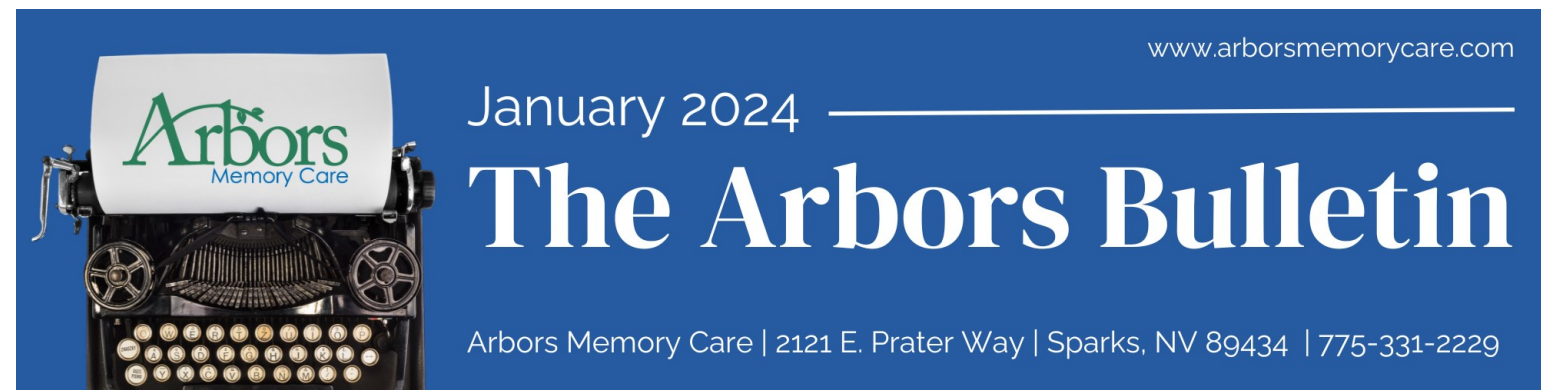
The holidays at Arbors were magical this year with gingerbread houses, grinch visits, carolers, card making and much more!



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The Arbors Bulletin

Arbors Memory Care | 2121 E. Prater Way | Sparks, NV 89434 | 775-331-2229

Nevada Caregiver Coalition Nominees Announced



The annual Nevada Caregiver Coalition announced the nominees for 2023. The Arbors family was thrilled to see three of our caregivers on the list.

Justine, Christina, and Christian were recognized as going above and beyond with their efforts in resident care.

Nominees were given recognition certificates

by Senator Catherine Cortez Masto and Congressman Mark Amodei.

Arbors made sure to recognize their award-winning family members with gift baskets and boasting rights. We're so proud! of you guys! Thank you for your hard work and dedication to our residents.

A Note from the Executive Director



Assaad Zeid,
Executive Director

Good bye 2023 and Hello 2024! 2023 was both rewarding and challenging. For us at Arbors, every day is rewarding; we get to care, serve and love our residents.

Thank you all for the wonderful gifts brought in for our residents. They had a great time opening presents during the holiday party and on Christmas day.

I am looking forward to what 2024 will bring us. I wish you and all of your loved ones a happy and a healthy 2024.

HAPPY Birthday

Residents

- Ginger, January 1st
- Wendy, January 3rd
- Raymond, January 19th
- Cleta, January 21st

Staff

- Jeff, January 5th
- Diane, January 19th
- Kai, January 23rd
- Beatriz, January 27th
- Kalli, January 30th

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end on us.