

# January Newsletter

Hilltop Commons 131 Eureka St. Grass Valley, CA 95945 (530) 272-5274

## HILLTOP COMMONS INFORMATION

**Office: (530) 272-5274**  
**Kitchen: (530) 272-2854**

**Hilltop Salon (Sarah):**  
**(530) 693-9121**

### MISC. PHONE NUMBERS:

Gold Country Lift: 530-271-7433  
Larry King (Uber/Lyft) 808-652-2490  
Bruce Stuebing (Driver) 530-320-5415  
Post Office: 530-273-3429  
The Union: 530-273-9565  
Comcast Cable: 855-307-4896  
Dokimos Pharmacy: 530-274-0100

**Grass Valley Police 530-477-4600**  
**(non-emergency)**

### Laundry Room Hours:

Daily: 7:00am-9:00pm  
Please remove all items from washers and dryers by 9:00pm

**PLEASE DO NOT LEAVE YOUR CLOTHES SITTING IN THE DRYER – PEOPLE MAY NEED TO USE THE DRYER AND PUT YOUR CLOTHES ON THE COUNTER WHERE THEY MAY BE MISTAKEN FOR GIVEAWAY STUFF!!**

**Van Schedule (Van leaves at 10am)**  
**SIGN-UPS ARE REQUIRED!**

**Mondays**  
**Shopping (Brunswick area)**

**Tuesdays**  
**Doctor Appointments**

**Wednesdays**  
**Shopping (Pine Creek area)**

### January Birthdays

Merrill Putnam.....1/3  
Irene Lucas.....1/6  
Nancy Paulson.....1/6  
Frances Baker.....1/10  
Naydean Crowell.....1/14  
Paula Harrow.....1/18  
Doris Moore.....1/31

### January Anniversaries

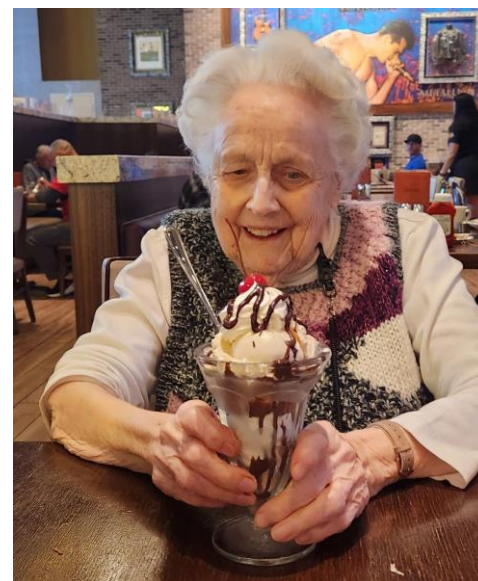
Lee Barnes.....5 years  
Naydean Crowell.....2 years  
Bobbie Swanson.....2 years  
Jack Goetz.....1 year

### Welcome New Resident

**Shari Griffith**

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**Mary Putnam celebrating her 101<sup>st</sup> birthday in November**



### Celebrating January

**New Year's Day**  
*Monday, January 1<sup>st</sup>*  
*(staff holiday)*

**Happy Hour**  
**Music with DD James**  
*Thursday, January 4<sup>th</sup>*

**Bus Outing to**  
**Huckleberry's & Gray Lodge**  
**Wildlife Area**  
*Thursday, January 11<sup>th</sup>*

**Martin Luther King Jr. Day**  
*Monday, January 15<sup>th</sup>*  
*(staff holiday)*

**Happy Hour**  
**Music with Sourdough Slim**  
*Thursday, January 18<sup>th</sup>*

**Bus Outing**  
**Crocker Art Museum**  
*Thursday, January 25<sup>th</sup>*

**Art Show**  
**Wine & Cheese Reception**  
*Friday, January 26<sup>th</sup>*

**Please be sure to check your activities calendar for details and additional events!**

**From the Desk of Jammie Barquilla**  
**Community Administrator**



Hello 2024!

It is hard to believe that 2023 has come and gone. It has flown by fast. New people, new friendships, and new experiences. Precious memories were created, and I am extremely fortunate to have been a part of these adventures with all of you.

Let's start the New Year off by remembering to check your activity calendar every day. You won't want to miss out on any of the fun and informative events already in the works for 2024. It's going to be an amazing year!

I would like to remind everyone that our office is staffed 24 hours a day. Our fantastic evening porters, Al, Andrea, Kirino, and Mosa are just a phone call away and ready to help in any emergency. Our office number is 530-272-5274. Your safety and well-being are always our top priority.

We all get the exact same 365 days. The only difference is what we do with them.

Happy New Year!!

**New Years is all about getting another chance. A chance to forgive, to do better, to do more, to give more, to love more. And stop worrying about 'what if' and start embracing what would be.**

## Marketing Stuff By Traci Gelgood Marketing Director

Happy New Year! It's a new year, a new start, and an opportunity for new adventures! There will be a lot of great activities coming up, including some great bus outings! You can try something new, and maybe try something different!

I want to again thank everyone at Hilltop for making this a truly great place to live, and a great place to work! Your kindness and caring makes all the difference to me, and to everyone who walks into this community.

I want to remind you that some important phone numbers can always be found in the back of this newsletter every month, including the office and the kitchen, as well as Comcast, the post office, Dokimos pharmacy, transportation options, and more!

Remember: A kind word or a smile can make someone's day! If you share a smile, it's likely that you will get one back. It can mean so much, especially to someone needs one!!

Stay happy, healthy, and safe!!



## Activities Stuff By Jill Mahanna Activities Director

Happy New Year, Hilltop! It's 2024, the fifth year of the 2020s decade and a leap year. Yes, there will be a February 29th this year! I'm thinking all good things for 2024. Let's make it a wonderful year! 😊

We will start out with a very good thing—an art show featuring paintings and three-dimensional art by our residents. Residents have made these on their own and at monthly painting and sculpting events. Please join us on January 26th for wine and cheese and a truly impressive array of art pieces. Some may even be for sale!

There will also be a Sculpt and Sip event on Wednesday, January 17th. Space is limited so I will have a sign-up sheet outside my office.

Our first bus outing this month will be to a wildlife area with spectacular bird viewing, called Gray Lodge. We will also have brunch at Huckleberry's in Gridley. Later in the month, we will go to the Crocker Art Museum.

Let's try a couple of new things this month. I have a ladder game that requires throwing a ball on a string. It looks fun for a Friday afternoon. And, I have a resident interested in backgammon. Any backgammon players out there? Or anyone interested in learning? Let me know. It's always nice to try new things!

I appreciate each one of you and I love my job. Happy 2024!

## Culinary Corner

Happy New Year everyone!! Out with the old and in with the new. This last year went by so fast. It was a good year for me and this one will be just as good if not better. I hope you all enjoyed your holidays! 2024 here we are!

Come join the cooking demo for some monthly cooking treats in the common area. We want to bring you some insights, tips, and tricks while we talk about food. It will be on the activities calendar every month. It's a fun way to be more involved with the kitchen and the food!

Let's talk for a minute about how important it is to speak up if you're not happy with something. We have so many choices for each meal service. I find that sometimes communication doesn't happen, and something goes too long without being addressed. Please reach out to me so we can discuss any concerns! If my servers cannot resolve the issue, please ask for the cook or for me. Also, if you are not happy with how your plate looks, or if something is missing from your plate, please reach out to your server to take it back and have it corrected. This should not happen, but it does from time to time. If you don't speak up things will not get fixed, and we need to be made aware that something is wrong. Addressing this will help my staff to double-check plates before serving. I am always here to address these issues. If it's during the weekend you can ask for Becky or Josh, or leave me a comment card in the box, or come see me Monday through Friday.

Please be mindful of the dining room times of service. If you are coming down 5 or 10 minutes before closing, we ask that you consider a to-go box. You can also call the kitchen to let us know that you need a to-go box. And please make sure to sign up for an alternate meal before 2pm if you are not interested in having the dinner meal. If you do not sign up early, we cannot accommodate an alternate meal at dinner.

Finally, we want to thank each one of you for the kitchen staff holiday donations. We send our love and smiles and are greatly appreciative for all of you.

Happy New Year - let's make this an incredible special year as one big family at Hilltop!

Sincerely,

Bonnie Riley (Chef)

**Kitchen #530- 272-2854**



## Holiday Party

