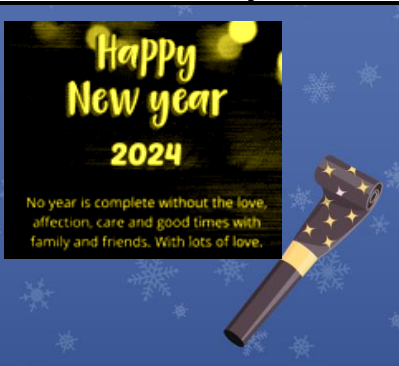






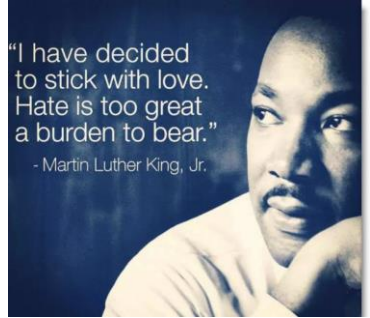
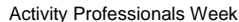


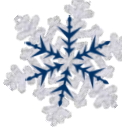







Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
 <p>Happy New Year 2024 No year is complete without the love, affection, care and good times with family and friends. With lots of love.</p>	<p>STAFF HOLIDAY 1 9:00 Stretch & Balance w/Tom-CL 1:00 Knit Pickers-AC 1:00 Rummikub-GR 2:30 Sing Along w/Sue & Bev-CL</p>  <p>New Year's Day</p>	<p>9:00 Music in Motion w/Rowena-CL 2 10:00 Blank Slate w/Tonya-GR 1:00 Shuffleboard-AC 2:00 Chronology Game-GR 4:00 Resident Wine Social-AC *Bring: Wine, Glass, & Snacks</p>	<p>9:15 Physical Therapy w/Campus Commons PT-CL 3 10:00 Outing: Sacramento Movies: Century Arden (TBD) & Mimi's Café-L 1:00 Bingo w/Paige-AC 2:30 Assorted Card Making w/Ginny-AC 7:00 Bookworms Book Club-L/T</p>	<p>9:00 Weights & Balance w/Tonya-CL 4 9:45 Outing: Lincoln Thunder Valley Casino & Lunch: On-Site Eateries w/Roseville Commons-L 1:00 Rummikub-GR 2:00 Mexican Train-AC 6:30 Theatre Thursday-L/T Meet Me In Las Vegas 1956 1h 52m</p>	<p>9:00 Chair Yoga w/Diane-CL 5 1:00 Wii Bowling-AC 2:15-3:30 Happy Hour: Moon Glow-CL 6:15 Rummikub-GR</p> 	<p>1:00 Bingo w/Christa-AC 6</p>	
<p>1:00 Mexican Train-AC 7 6:30 Movie-L/T: Netflix The Secret: Dare To Dream 2020 1h 47m PG</p> 	<p>9:00 Stretch & Balance w/Tom-CL 8 10:00 Dr. Hague-BS 10:00 Shopping: Trader Joe's-L 1:00 Knit Pickers-AC 1:00 Rummikub-GR 1:15 Bank Runs-L 2:30 Wii Bowling-AC</p>	<p>9:00 Music in Motion w/Rowena-CL 9 10:00 Blank Slate w/Tonya-GR 1:00 Encore w/Victoria-GR 2:00 Bookmobile-PL 2:30 Food Demo w/Front Line Cook Mike-CL 4:00 Resident Wine Social-AC *Bring: Wine, Glass, & Snacks</p>	<p>9:00 Weights & Balance w/Tonya-CL 10 10:00 Outing: Sacramento Crocker Art Museum & Lunch: Crocker Café-L 1:00 Bingo w/Paige-AC 2:30 Spanish Class w/Mary K.-GR 2:30 Wii Bowling-AC</p> 	<p>9:00 Weights & Balance w/Tonya-CL 11 10:50 Birthday Group Photo-AC 11:00 January Birthday Brunch Celebration-DR 1:00 Rummikub-GR 2:00 Mexican Train w/Tonya-AC 2:30 Writer's Group-GR 6:30 Theatre Thursday-L/T The Gay Divorcee 1934 1h 45m</p> 	<p>9:00 Weights & Balance w/Tonya-CL 12 9:00-1:00 Chair Massage w/Kevin McLachlan-BS 1:00 Wii Bowling-AC 2:15-3:30 Happy Hour: Alincia Vela-CL 6:15 Rummikub-GR</p> 	<p>1:00 Bingo w/Christa-AC 13</p>	
<p>1:00 Mexican Train-AC 14 6:30 Movie-L/T: Netflix Elvis 2022 2h 39m PG-13</p>	<p>STAFF HOLIDAY 15 9:00 Stretch & Balance w/Tom-CL 1:00 Knit Pickers-AC 1:00 Rummikub-GR 2:30 Sing Along w/Sue & Bev-CL</p> <p>Martin Luther King Jr. Day</p>	<p>9:00 Music in Motion w/Rowena-CL 16 10:00 Blank Slate w/Tonya-GR 1:00 Activities Talk/Feedback w/Tonya-CL 2:00 Chronology Game-GR 4:00 Resident Wine Social-AC *Bring: Wine, Glass, & Snacks</p>	<p>9:15 Physical Therapy w/Campus Commons PT-CL 17 10:45 Outing: South Sacramento El Novillero Restaurant Fine Mexican Cuisine-L 1:00 Bingo w/Paige-AC 2:00 Horse Races w/Karen & Tonya-CL *Take friends for extra tickets 7:00 Bookworms Book Club-L/T</p>	<p>9:00 Weights & Balance w/Tonya-CL 18 10:30 Ceramic Class w/Claudia-AC 1:00 Rummikub-GR 2:00 Mexican Train-AC 2:30 Seminar: Shoulder Problems w/Campus Commons PT Mark Eddy-CL 6:30 Theatre Thursday-L/T On Moonlight Bay 1951 1h 34m</p>	<p>9:00 Chair Yoga w/Diane-CL 19 1:00 Wii Bowling-AC 2:15-3:30 Happy Hour: Incorrigible-CL 6:15 Rummikub-GR</p> 	<p>1:00 Bingo w/Christa-AC 20</p>	
<p>1:00 Mexican Train-AC 21 6:30 Movie-L/T: Amazon Prime Book Club: The Next Chapter 2023 1h 48m PG-13</p>  <p>Activity Professionals Week</p>	<p>9:00 Stretch & Balance w/Tom-CL 22 10:00 Shopping: Target-L 1:00 Knit Pickers-AC 1:00 Rummikub-GR 1:15 Bank Runs-L 2:30 Wii Bowling-AC</p>	<p>9:00 Music in Motion w/Rowena-CL 23 10:00 Blank Slate w/Tonya-GR 1:00 Encore w/Victoria-GR 2:30 Paint & Sip w/Teresa-AC 4:00 Resident Wine Social-AC *Bring: Wine, Glass, & Snacks</p> 	<p>9:00 Weights & Balance w/Tonya-CL 24 10:30 Outing: Mid-Town Sac Westminster Church Music at Noon & Packed Lunches-L 1:00 Bingo w/Paige-AC 2:30 Spanish Class w/Mary K.-GR</p>  <p>Tu B'Shevat Begins</p>	<p>9:00 Weights & Balance w/Tonya-CL 25 1:00 Rummikub-GR 2:00 Mexican Train w/Tonya-AC 2:30 Writer's Group-GR 6:30 Theatre Thursday-L/T Footlight Parade 1933 1h 43m</p> 	<p>9:00 Weights & Balance w/Tonya-CL 26 9:00-1:00 Chair Massage w/Kevin McLachlan-BS 1:00 Wii Bowling-AC 2:15-3:30 Happy Hour: Jerry Lopes-CL 6:15 Rummikub-GR</p>  <p>Australia Day (Observed)</p>	<p>1:00 Bingo w/Christa-AC 27</p>	
<p>1:00 Mexican Train-AC 28 6:30 Movie-L/T: Amazon Prime Hope Springs 2012 1h 40m PG-13</p> 	<p>9:00 Stretch & Balance w/Tom-CL 29 10:00 Shopping: Dollar Tree-L 1:00 Knit Pickers-AC 1:00 Rummikub-GR 1:15 Bank Runs-L</p>	<p>9:00 Music in Motion w/Rowena-CL 30 10:00 Blank Slate w/Tonya-GR 1:00 Shuffleboard-AC 2:00 Prize Bingo (Free) w/Deanna-CL 4:00 Resident Wine Social-AC *Bring: Wine, Glass, & Snacks</p> 	<p>9:00 Weights & Balance w/Tonya-CL 31 10:00 Outing: Rocklin Venita Rhea's Brunch-L 1:00 Bingo w/Paige-AC 2:30 Wii Bowling-AC</p> 	<p>JANUARY 2024 Campus Commons Senior Living</p> 			

AC=ACTIVITY CENTER, BS=BEAUTY SALON, CL=CABARET LOUNGE, CC=COMPUTER CENTER, DR=DINING ROOM, GR=GAME ROOM, L/T=LIBRARY/THEATRE, L=LOBBY, PA=POND AREA *All Activities are subject to change.