


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	NEW YEAR'S DAY 1 9:00 Qi Gong DVD - RR 10:00 Seated Exercise -RR 10:30 a.m. to 12:30 p.m. New Year's Day Brunch & Dinner To-Go Pick-up 12:00 Wii Bowling 1 - RR 12:30 Wii Bowling 2 - RR 2:00 Afternoon Movie - RR 5:15 Monday Night Football- RR	NATIONAL CREAM PUFF DAY 2 9:00 Tai Chi DVD - RR 10:00 Seated Exercise - RR 11:00 All About Cream Puffs- RR 12:30 Undeck the Halls - RR 2:30 Bean Bag Baseball - RR 3:30 Undeck the Halls- RR 6:00 Yahtzee Hour - LB	3 9:00 Qi Gong DVD - RR 10:00 Seated Exercise -RR 11:00 Activity Talk with Ginger - RR 1:00 POKENO - RR 2:30 Afternoon Bingo - RR 3:30 Wii Golfing - RR 6:00 Residents Card Night - LB	4 9:00 Tai Chi DVD - RR 9:00 Catholic Communion - CH 9:45 Outing- Thunder Valley Casino & Lunch with Campus Commons 12:00 Wii Bowling Session 1 - RR 12:30 Wii Bowling Session 2 - RR 2:30 Happy Hour: Rick Turnage 6:00 Bingo with Lori - RR	SCREENWRITERS DAY 5 9:00 Outing- Shopping & Lunch at Ikeda's Country Market 9:00 Qi Gong DVD - RR 10:00 Seated Exercise -RR 1:30 Come Meet Our Very Own Screenwriter, Patti Walker- RR 2:00 Movie Review Patti's Work: Six Days & Seven Nights 6:00 Friday Night Movie - RR	6 10:00 Senior Stretching - RR DVD Seated Exercise 11:00 Seated Yoga DVD - RR 1:00 Wii Bowling Session 1- RR 1:30 Wii Bowling Session 2- RR 2:30 Crossword Puzzle Club - RR 6:00 Saturday Night Movie - RR
7 9:00 Tai Chi DVD - RR 10:00 Brain Teasers - RR 11:00 Seated Yoga DVD - RR 1:00 Matinee Movie - RR with Popcorn 6:00 Bingo with Lori - RR	8 9:00 Qi Gong DVD - RR 10:00 Seated Exercise -RR 11:00 Tai Chi DVD - RR 12:00 Wii Bowling Session 1 - RR 12:30 Wii Bowling Session 2 - RR 2:30 Horse Races - RR 3:30 Fireside Colored Art - LB 5:15 Monday Night Football- RR	9 9:00 Tai Chi DVD - RR 10:00 Seated Exercise -RR 11:00 Seated Massages - CR 1:00 Drew's Crew: Card Sharks Game - RR 1:30 Hearing Aid Checks 2:30 Bean Bag Baseball - RR 3:30 Puzzle Hour- RR 6:00 Yahtzee Hour - LB	SAVE THE EAGLES DAY 10 9:00 Qi Gong DVD - RR 10:00 Seated Exercise -RR 11:00 Eagles: King of the Sky Nature Documentary 1:00 POKENO - RR 2:30 Afternoon Bingo - RR 3:30 Fireside Chat - LB 6:00 Residents Card Night - LB	11 9:00 Tai Chi DVD - RR 9:00 Catholic Communion - CH 10:00 Seated Exercise -RR 12:00 Wii Bowling Session 1 - RR 12:30 Wii Bowling Session 2 - RR 12:30 Ceramics Class - CR 2:30 Happy Hour with Singer Mike Ely 6:00 Bingo with Lori - RR	NATIONAL HOT TEA DAY 12 9:00 Outing- Shopping and Lunch at Garcia's Mexican 9:00 Qi Gong DVD - RR 10:00 Seated Exercise -RR 11:00 America in the 1980's Documentary - RR 2:30 Winter Tea with Piano Music with Dan 6:00 Friday Night Movie	13 10:00 Senior Stretching - RR DVD Seated Exercise 11:00 Seated Yoga DVD - RR 1:00 Wii Bowling Session 1- RR 1:30 Wii Bowling Session 2- RR 2:30 Crossword Puzzle Club - RR 6:00 Saturday Night Movie - RR
14 9:00 Tai Chi DVD - RR 10:00 Brain Teasers - RR 11:00 Seated Yoga DVD- RR 1:00 Matinee Movie - RR with Popcorn 6:00 Bingo with Lori - RR	MARTIN LUTHER KING JR. DAY HOLIDAY 15 9:00 Qi Gong DVD - RR 10:00 Seated Exercise -RR 11:00 Tai Chi DVD - RR 12:00 Wii Bowling Session 1 - RR 12:30 Wii Bowling Session 2 - RR 2:00 Martin Luther King Jr.: I had a Dream Speech - RR 5:15 Monday Night Football- RR	FIG NEWTON DAY 16 9:00 Tai Chi DVD - RR 10:00 Seated Exercise -RR 11:00 Name that Tune - RR 1:00 Teaching Kitchen: Brussel Sprouts - RR 2:30 Bean Bag Baseball - RR 3:30 The Untold Truth of Fig Newtons Documentary 6:00 Yahtzee Hour-LB	17 9:00 Qi Gong DVD - RR 10:00 Exercise with Ginger - RR 11:00 How Money is Made: Modern Money Printing Factory Documentary - RR 1:00 POKENO - RR 2:30 Afternoon Bingo - RR 3:30 Jokes & Riddles - RR 6:00 Residents Card Night - LB	18 9:00 Tai Chi DVD - RR 9:00 Catholic Communion - CH 9:45 Outing- Lama Farm & Olive Garden Lunch with Winding Commons 10:00 Seated Exercise -RR 12:00 Wii Bowling Session 1 - RR 12:30 Wii Bowling Session 2 - RR 2:30 Happy Hour: Gary Blodgett 6:00 Bingo with Lori - RRs	NATIONAL POPCORN DAY 19 9:30 Outing- Crocker Art Museum & Lunch at the Cafe 9:00 Qi Gong DVD-RR 10:00 Seated Exercise -RR 2:30 Karaoke Hour with Jim and Linda with Popcorn & Orange Floats 6:00 Friday Night Movie	20 10:00 Senior Stretching - RR DVD Seated Exercise 11:00 Seated Yoga DVD - RR 1:00 Wii Bowling Session 1- RR 1:30 Wii Bowling Session 2- RR 2:30 Crossword Puzzle Club - RR 6:00 Saturday Night Movie - RR
21 9:00 Tai Chi DVD - RR 10:00 Brain Teasers - RR 11:00 Seated Yoga DVD - RR 1:00 Matinee Movie with Popcorn - RR 6:00 Bingo with Lori - RR	22 9:00 Qi Gong DVD - RR 10:00 Seated Exercise -RR 11:00 Tai Chi DVD - RR 12:00 Wii Bowling Session 1 - RR 12:30 Wii Bowling Session 2 - RR 2:30 Horse Races - RR 3:30 Fireside Colored Art - LB 5:15 Monday Night Football- RR	23 9:00 Tai Chi DVD - RR 10:00 Seated Exercise -RR 11:00 Seated Massages - CR 1:00 Golf Putting - RR 3:30 Puzzle Hour- RR 2:30 Bean Bag Baseball - RR 3:30 Share your Favorite Keepsake by the Fire - LB 6:00 Yahtzee Hour - LB	PEANUT BUTTER DAY 24 9:00 Qi Gong DVD - RR 10:00 Seated Exercise -RR 11:00 The History of Peanut Butter - RR 1:00 POKENO - RR 2:30 Afternoon Bingo - RR 3:30 Fireside Chat - LB 6:00 Residents Card Night- LB -	25 9:00 Tai Chi DVD - RR 9:00 Catholic Communion - CH 10:00 Seated Exercise -RR 12:00 Wii Bowling Session 1 - RR 12:30 Wii Bowling Session 2 - RR 12:30 Ceramics Class - CR 2:30 Happy Hour & Birthday Party with Del & Susan 6:00 Bingo with Lori - RR	26 9:00 Qi Gong DVD -RR 9:30 Bus Outing- Bowling at Strikes Unlimited & Lunch at Laneside Restaurant 10:00 Seated Exercise -RR 2:30 Afternoon Bingo - RR 6:00 Friday Night Movie	27 10:00 Senior Stretching - RR DVD Seated Exercise 11:00 Seated Yoga DVD - RR 1:00 Wii Bowling Session 1- RR 1:30 Wii Bowling Session 2- RR 2:30 Crossword Puzzle Club - RR 6:00 Saturday Night Movie - RR
28 9:00 Tai Chi DVD - RR 10:00 Brain Teasers - RR 11:00 Seated Yoga DVD - RR 1:00 Matinee Movie with Popcorn - RR 6:00 Bingo with Lori - RR	29 9:00 Qi Gong DVD - RR 10:00 Seated Exercise -RR 11:00 Tai Chi DVD - RR 12:00 Wii Bowling Session 1 - RR 12:30 Wii Bowling Session 2 - RR 2:00 Valentine's Craft Project- RR 5:15 Monday Night Football- RR	30 9:00 Tai Chi DVD - RR 10:00 Seated Exercise -RR 11:00 Name that Tune - RR 1:00 Chef Talk with Louis - RR 2:30 Bean Bag Baseball - RR 3:30 Puzzle Hour - RR 6:00 Yahtzee Hour - LB	31 9:00 Qi Gong DVD - RR 10:00 Seated Exercise -RR 11:00 Look into the Future: How Will Life Look in 2050 Documentaty -RR 1:00 POKENO - RR 2:30 Afternoon Bingo - RR 3:30 Trivia Challenge - LB 6:00 Residents Card Night- LB	