

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

December 2023

					<p>9:30 - Ball Exercise 1 10:00 - Creative Hearts Art Club 11:00 - Keystone Golden Oldies Chorus Practice 1:30 - Christmas Sock Bingo 3:00 - Canasta 6:30 - Movie</p>	<p>9:30 - Coffee Chat and Cranium Crunches 2 11:00 - Mystery Cards</p>
<p>9:30 - Christ Church Service 3 10:30 - Kings in the Corner 2:00 - Keystone Christmas Open House</p>	<p>9:30 - Shopping Day - Dierbergs 4 10:00 - Coffee Chat & December Fun Facts 11:00 - Walk in Talk w/Powerback 1:30 - Sponsored Bingo 2:00 - Chair Yoga 3:00 - History Storytelling with Dave Gillingham 6:30 - All Aboard! For Movie Night</p>	<p>9:30 - Chair Exercise 5 10:00 - Mass/Rosary 10:00 - Kid's Christmas Performance - Elite Scholar Acad. 11:00 - Seminar with Powerback 12:30 - Bridge 1:30 - Blackjack 3:30 - Topsy Tuesday</p>	<p>9:30 - Sit & Stretch 6 10:00 - St. Matthews Senior Choir 10:30 - Bible Study 11:00 - Lunch Bunch Outing 1:00 - Men's Pool (9 Ball) 1:30 - Wheel of Fortune 3:00 - Cardio Drumming 7:00 - Belleville Community Band - Holiday Concert</p>	<p>10:00 - Coffee Concert - Ed & Connie 7 11:00 - Exercise w/ Powerback Rehab 1:00 - Mahjong 1:30 - Monthly Birthday Celebration 3:30 - Thirsty Thursday</p>	<p>9:30 - Ball Exercise 8 11:00 - Keystone Golden Oldies Chorus Practice 11:00 - Men's Coffee 2:00 - Gateway Harmonica Club 3:00 - Keystone Wonderland Hot Chocolate Bar 6:30 - Movie</p>	<p>9:30 - Coffee Chat & Trivia 9 11:00 - Mystery Cards 12:00 - Outing - USAF Band of Mid America - Sign Up 1:30 - Music by Tammy and the One Man Band</p>
<p>9:30 - Christ Church Service 10 10:30 - Kings in the Corner 1:00 - Dominoes 1:30 - Bridge</p>	<p>9:30 - Shopping - Aldi 11 10:00 - Sugar Shakers and Bakers - Baking Spirits Bright 11:00 - Walk & Talk 1:30 - Sponsored BINGO by Encompass 2:00 - Chair Yoga 3:00 - Pinochle Club 7:00 - Music by City Voices</p>	<p>9:30 - Chair Exercise 12 10:30 - Anointing of the Sick 10:30 - Wii Bowling 11:00 - Blood Pressure Checks w/ Powerback 12:30 - Bridge 1:30 - Cooking Demo w/Nathan 1:30 - Blackjack 3:30 - Topsy Tuesday</p>	<p>9:30 - Sit & Stretch 13 10:30 - Bible Study 1:00 - Men's Pool (9 Ball) 1:30 - Christmas Bunko - Sign Up \$\$ 4:00 - Worship Service 6:30 - Movie</p>	<p>10:00 - Sugar Shakers & Bakers 14 Baking Spirits Bright 11:00 - Exercise w/ Powerback 11:00 - Book Club Meeting 1:00 - Mahjong 1:00 - Sing Along w/ Brittany 3:30 - Thirsty Thursday 6:30 - Cadence Cloggers</p>	<p>9:30 - Ball Exercise 15 10:00 - Creative Hearts 11:00 - Keystone Golden Oldies Chorus Practice 1:30 - *Christmas Sing Along with the P.S.O.P. Ukulele Group* 3:00 - Ugly Sweater Party 6:30 - Movie</p>	<p>9:30 - Coffee Chat & Cranium Crunches 16 11:00 - Mystery Cards</p>
<p>9:30 - Christ Church Service 17 10:30 - Kings in the Corner 1:00 - Dominoes 1:30 - Bridge</p>	<p>9:30 - Shopping Day - Walmart 18 10:00 - Coffee Chat & Christmas Trivia 11:00 - Walk & Talk 1:30 - Christmas "Minute To Win It" - by Powerback 3:00 - Pinochle Club 6:30 - Movie</p>	<p>9:30 - Chair Exercise 19 10:30 - Rosary 10:30 - Wii Bowling 12:30 - Bridge 1:30 - Caregiver Support Group 1:30 - Blackjack 3:30 - Topsy Tuesday - Music by Charlie</p>	<p>9:30 - Sit & Stretch 20 10:30 - Bible Study 1:00 - Men's Pool (9 Ball) 1:30 - Christmas Movies Trivia 3:00 - Cardio Drumming 4:30 - Our Lady of the Snows - Christmas Lights - Sign Up 6:30 - Movie</p>	<p>10:00 - Coffee Chat & Cranium Crunches 21 11:00 - Exercise w/ Powerback Rehab 1:00 - Mahjong 1:30 - Pop A Cappellas - O'Fallon Township HS 3:30 - Thirsty Thursday</p>	<p>9:30 - Ball Exercise 22 10:00 - Secret Santa Reveal 1:30 - Dime Bingo 2:00 - Book of the Month Meeting 3:00 - Canasta 7:00 - Music by Matt Barber</p>	<p>9:30 - Coffee Chat & Cranium Crunches 23 11:00 - Mystery Game</p>
<p>9:30 - Christ Church Service 24 10:30 - Kings in the Corner 1:00 - Dominoes 1:30 - Bridge</p>	<p>Merry Christmas 25</p>	<p>9:30 - Chair Exercise 26 10:30 - Rosary 10:30 - Wii Bowling 11:00 - Around the World with Powerback - 12:30 - Bridge 1:30 - Blackjack 3:30 - Topsy Tuesday</p>	<p>9:30 - Sit & Stretch 27 10:30 - Bible Study 1:00 - Men's Pool (9 Ball) 1:30 - Sign Up 3:00 - Cardio Drumming 4:00 - Worship Service 5:00 - Out to Dinner - Rio Grande 6:30 - Movie</p>	<p>10:00 - Coffee Chat & Cranium Crunches 28 11:00 - Exercise w/ Powerback Rehab 1:00 - Mahjong 1:00 - Sing Along with Brittany 3:30 - Thirsty Thursday 6:30 - Family Night - Tommy Tunes</p>	<p>9:30 - Ball Exercise 29 10:30 - IL Resident Council Meeting 11:00 - AL Resident Council 1:30 - Prize Bingo 3:00 - End of the Year Celebration 6:30 - Movie</p>	<p>9:30 - Coffee Chat & Cranium Crunches 30 11:00 - Mystery Game</p>

9:30 - Christ Church Service 31
1:00 - Dominoes
1:30 - Bridge

New Year's Eve

AL/IL Activity Calendar

Word Searches, Crossword Puzzles and Magazines are available in the AL Activity Room

Keystone Place at Richland Creek, 1050 Fountain Lakes Drive, O'Fallon, Illinois 62269.

All Activities are Subject to Change