



Ponté Palmero

RESORT-STYLE LIVING

December 2023

Resident of the Month



John & Helen Carlson: Residents of the Month

John and Helen have lived at Ponté Palmero for 5 years with their Dog, Sterling. Sterling is a 14-year-old Australian Cattle Dog. Before Ponté, John and Helen lived in Placerville, CA, for 22 years. They have 3 children, 1 daughter and 2 sons, 4 grandchildren and no great-grandchildren yet.

John and Helen will be celebrating 69 years of marriage this month on December 26th. They were married the day after Christmas while on school break.

While raising their 4 children, they lived in the Bay Area, Concord, CA, where they both taught school. John taught lots of subjects; his favorite was teaching 5th and 6th grade. Helen taught mostly kindergarten; she taught for 25 years and enjoyed a wonderful career. She taught in Ontario, CA, Cambria, Pismo Beach, and mostly in Concord. Helen has written a series of stories from her adventures as a teacher. We have those available for your reading pleasure in our Ponté Palmero library. Prior to teaching, John worked for a pet food company, Albers Milling Company, which was part of Carnation Food Company.

Can you imagine riding a bicycle behind the Iron Curtain!? When their kids were grown, they began to ride their bikes all over the world; they would go 60 miles a day from one B & B to another. They rode from Frankfurt to Austria and the Alps and back to Frankfurt. That also included riding behind the Iron Curtain where they would be watched. They once biked around England, took a train to Scotland and biked around Scotland. They were able to wash clothes in the hotel and then dry them while riding the bike.

John and Helen also worked for Princess Cruise lines where they cruised to places like the Panama Canal, Alaska, and the Caribbean. Helen would work at the on-board children education (babysitting) program and John would help with wheeling the tourists in wheelchairs to their rooms. What a wonderful way to travel!

John & Helen like living at Ponté because of all the friendly staff, from maintenance to the kitchen to activities, care staff and the front desk, everyone is so friendly and helpful! And we all love having John and Helen here!



Seasonal Safety for Pets

Food. Some traditional holiday sweets, such as chocolate, nuts, grapes and raisins, can make your pets sick. Avoid giving pets raw dough, cooked bones, and anything made with onions or garlic. If you want to give them a taste of the holidays, limit seasonal snacks to small bites of cooked, plain turkey or chicken, or bake a batch of homemade pet biscuits.

Plants. Many common holiday plants are considered toxic to pets, including poinsettias, amaryllis, mistletoe and holly. Keep these out of reach from your pets, or decorate with artificial plants instead.

Decorations. If you put up a Christmas tree, anchor it to the wall to keep pets from knocking it over, and secure ornaments to the branches using twist ties or bendable hooks. Ribbons and tinsel should also be hung out of reach. Supervise pets around lights to stop them from chewing cords, and unplug all electric decorations when you're not around.

Wit & Wisdom: 'Tis the Season

"Every piece of the universe, even the tiniest little snow crystal, matters somehow. I have a place in the pattern, and so do you. Thinking of you this holiday season!"

-T.A. Barron

"Blessed is the season which engages the whole world in a conspiracy of love."

-Hamilton Wright Mabie



"Winter, a lingering season, is a time to gather golden moments, embark upon a sentimental journey, and enjoy every idle hour."

-John Boswell

"Our hearts grow tender with childhood memories and love of kindred, and we are better throughout the year for having, in spirit, become a child again at Christmas-time."

-Laura Ingalls Wilder

"The holiday season is a perfect time to reflect on our blessings and seek out ways to make life better for those around us."

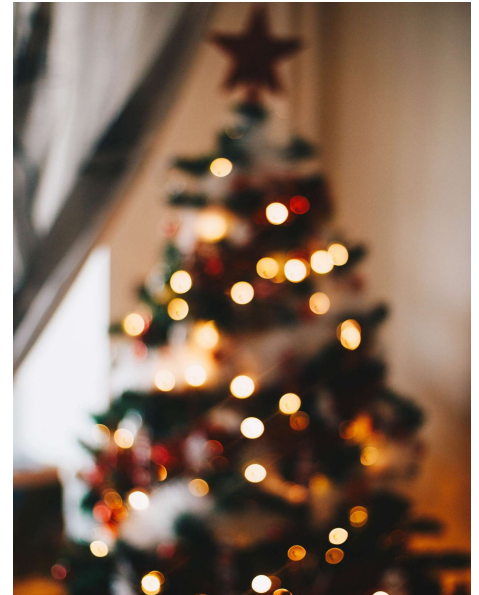
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Happy Birthday



- Lola Rice- Dec. 3
- Carolyn Workman- Dec. 3
- Jeanette Boltz- Dec. 5
- Midge Haas- Dec. 6
- CJ Welter- Dec. 6
- Sylvia Stanton- Dec. 10
- Dona Barmore- Dec. 12
- Jean Peterson- Dec. 14
- Zan Santos- Dec. 16
- Mary Ann Ippensen- Dec. 22
- Del Smart- Dec. 23
- Myrna Augsburg- Dec. 24
- Don Boltz- Dec. 25
- Marcene Flaherty- Dec. 30



Happy Anniversary

- Ralph & Isolde Harder- Dec. 12
- John & Helen Carlson- Dec. 26
- Bill & Joanne Newton- Dec. 27

Mission to Honor Veterans



Fun fall pumpkin craft!



Tom Irvin having fun at the putting green



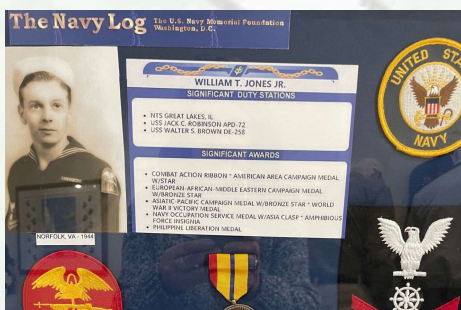
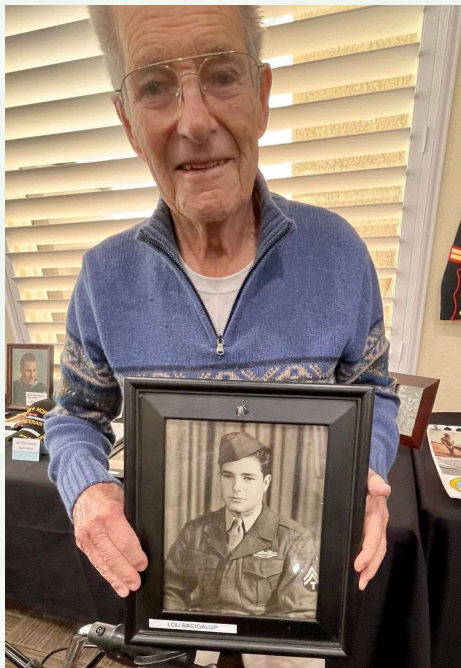
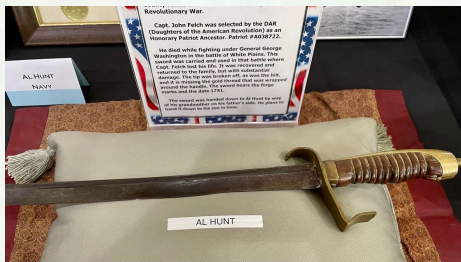


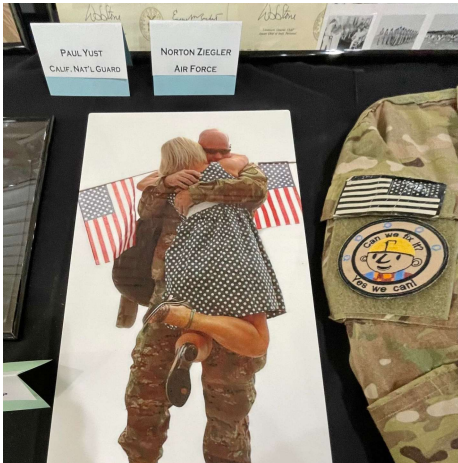
Halloween Party & Casino Night!





Ponté Palmero's annual Veterans Day Living History Exhibit





Tuesdays are for donuts!



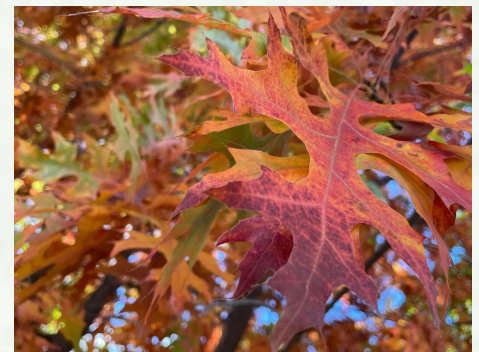
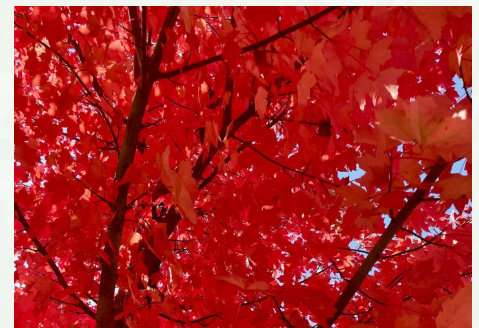
Lavelle's Corner



Although every Resident is beloved, there are those certain ones who will always have both a piece of Ponte and a piece of our hearts. From Hector's Corner to Shirley's Way, and now to Lavelle's Corner.

Pepper's fabulous Halloween decorations!

Beautiful fall colors all across Ponte!



Ponté Palmero Directors To Contact the Directors, Call the Concierge at (530) 677-9100

Administrator.....Landon Pilegaard
 Managing Director.....Terry Howard
 Activities Director.....Nancy Peabody
 Clinical Director.....Betsy Bernardine
 Business Office Director.....Kelli Riley
 Food Services Director.....Shane Doyle
 Maintenance Director.....Kevin Hallmeyer
 Marketing Director.....Rachel Amador
 Marketing Director.....Kelly Stimbirt
 Lighthouse Activity Director.....Candace Worth



Ponté Palmero Resort-Style Living

