December 2023 Monthly Activities **Vancouver Pointe's Upcoming Events** Sunday Monday Tuesday Wednesday Thursday Friday Saturday Happy Birthday Nancy Woodworth hopping Transportation December cont'd 9:30 • Pinochle [HWGC] am - Masons Meeting (Open to all 10:00 • Level 2 (standing) Strength Mason Members) [GP] New Year's Eve 9-11:3 Team Wii Bowling [TR] and Conditioning Exercise 11:00 • Call the Midwife (2012, TV 10:30 • Relax and Chat Awhile [LR] 10:30 • Relax and Chat Awhile [LR] series. This is repeat of 1:00 • Tap Dance Practice [PNW] 11:00 • Level 1 (seated) Strength and Conditioning 2:00 • American Sign Language Class [LIB] enisode) [TR] 3:00 Beanbag Baseball [PNW] 1:30 • Church Service (non-denomination) [PNW] -4pm • Friday Social (debut performance by singe 5:30 • RummiKub (Game) [LIB] guitarist Alexander Jurgens) 2:30 • Mexican Train [GP] 6:00 • Hand and Foot [GP] 3:00 • Heartland (Family TV Series) [TR] 6:00 • Bridge for Fun [PNW] 7:00 • Movie: The Hiding Place (1975, PG) [TR] 6:00 • Bingo* (sign up outside Pacific NW Room) 6:00 • Hand and Foot [GP] WWW SENIORLIFESTYLE COM 6:00 • Hand and Foot [GP] Activities are subject to change 11:00 • Call the Midwife (2012 TV Happy Birthday Jean Fournier! Medical Transportation -East of Medical Transportation - Clark Co. Happy Birthday Cora Wilson Shopping Transportation* 8am - Masons Meeting (Open to all Mason Members) [GP] series. This is repeat of 8:30-1pm only* Medical Transportation - West of Andresen and Salmon Crk.* 9:30 • Pinochle [HWGC] opping Transportation 9-11:3 • Team Wii Bowling [TR] nrevious Wednesday's 10:00 • Tai Chi LIVE Fitness Class 9:30 • Pinochle [HWGC] 9:30 Pinochle [HWGC] 10:00 Level 2 (standing) Strength episode) [TR] (seated or standing) [FR] 10:00 • Level 2 (standing) Cardio, 10:00 • CONCERT: Skyview Orchestra 9:30 Single-Deck Pinochle [HWGC] 0:00 • Men's Bible Study [TR] 1:30 • Church Service (non-denomination) [PNW] and Choir Performances 10:30: Blood Pressure Screening [TR] Strength, and Balance Exercise with Marti [FR] 10:00 Strength and Conditioning, Level 2 [FR] 10:00 • Tai Chi LIVE Fitness Class (seated or 0:30 • Relax and Chat Awhile [LR] 10:30 • Relax and Chat Awhile [LR] 10:30 • Relax and Chat Awhile [LR] 10:00 • Women's Bible Study [GP] standing) [FR] 2:30 • Mexican Train [GP] 10:30 • Relax and Chat Awhile [LR] 11a - : • VENDOR: Mountain Man (Candy, Dried Fruit 1:00 • Drums and Tap Practice [PNW] 10:30 Relax and Chat Awhile [LR] 1:00 • Level 1 (seated) Strength and Conditioning 10:30 • Relax and Chat Awhile [LR] 3:00 • Heartland (Family TV Series) [TR] Nuts, Snacks) [LOB] 10:30. Wii Bowling Practice Time (for team member **VANCOUVER** 2:00 Call the Midwife (2012, TV series) [TR] 1:00 • Reflections on Life: Tell and Discuss Stories Exercise [FR] 11:00 • Level 1 (seated) Strength and Conditioning 6:00 • Bingo* (sign up outside Pacific NW Room) and subs) 1a-2: • VENDOR: Avon [LOB] 1:00 • Tap Dance Practice [PNW] 3:00 Beanbag Baseball [PNW] from Your Life [LIB] Exercise [FR] POINTE 11:00 • Level 1 (seated) Cardio and Strength Exercise 2:00 • American Sign Language Class [LIB] :15-2 • VENDOR: Able Hearing (Hearing Aids) 6:00 • Bridge [PNW] 1:00 • History Lecture with John (postp Classical Music Club (recorded concert 6:00 • Hand and Foot [GP] 3:00 Beanbag Baseball [PNW] 6:00 • Hand and Foot [GP] performances) [TR] 14) [TR] 6:00 Bridge for Fun [PNW] 7:00 Movie: Three Identical Strangers (2018, 1:00p

Blackjack [GP] a Senior Lifestyle community -2:15 • TV/Remote Help from Xfinity (remote tutori 6:00 • Hand and Foot [GP] 5:30 • RummiKub (Game) [LIB] 1-4:00 • Jewelry Sorting Volunteer Project - (New 6:00 Single-Deck Pinochle [GP] PG-13) [TR] Viewing Party of "The Crown" [TR] 1:00 1-1:30p in Theater, Q&A in lobby 6:00 A Hand and Foot [GP] Volunteers Welcome!) [GP] 2:30 • Make and Take: Paint a Cute Snowman 1:30-2:15p)) [TR] 7:00 • Movie: The Shack (2017, PG-13) [TR] NR) [TR] 1:00-2 TED Talks (Informative Videos Show w/ 6:00 • Double-Deck Pinochle [LR] Birthday Social - December Birthdays Discussion) [TR] 3:00 • Cribbage [GP] 6:00 A Hand and Foot [GP] Recognized, w/Entertainment by Mario 3:00p Open Art Studio: Practice Building Your Skill 3:00 Beanbag Baseball [PNW] 4:00 • Fiber Artists' Weekly Meet-Up [GP] 3:00 • Shuffleboard [FR] Call the Midwife (2012, TV Happy Birthday Betty Botkin and Beverly Shopping Transportation Medical Transportation -East of Happy Birthday Don Horton and Evelyn Shopping Transportation 5 Sam - Cancelled: Masons Mee [GP]
9-11:3 Team Wii Bowling [TR] Bam - • Cancelled: Masons Meeting 6 series. This is repeat of Toy and Food Drive ENDS Today at 9:30 Pinochle [HWGC] CONNECT previous Wed 10:00 • Tai Chi LIVE Fitness Class Medical Transportation - Clark Co. Medical Transportation - West of Andresen and Salmon Crk.* 0:00 • Level 2 (standing) Strength episode) [TR] 10am • Frosty's Annual Holiday 8:30-1pm only* 9:30 • Pinochle [HWGC] (seated or standing) [FR] and Conditioning Exercise 1:30 • Church Service (non-10:30 Blood Pressure Screening [TR] 9:30 • Pinochle [HWGC] 9:30 Single-Deck Pinochle [HWGC] 10:00 • Men's Bible Study [TR] CONTRIBUTE 10:30 • Relax and Chat Awhile [LR] 10:30 Relax and Chat Awhile [LR] 10:30 • Relax and Chat Awhile [LR] 10:00 • Level 2 (standing) Cardio, Strength, and 10:00 • Tai Chi LIVE Fitness Class (seated or 10:00 Strength and Conditioning, Level 2 [FR] 2:30 • Mexican Train [GP] Spouse Care Support Group [TR] 1:00 Drums and Tap Practice [PNW] 1:00 • Level 1 (seated) Strength and Conditioning 10:00 Women's Bible Study [GP] Balance Exercise with Marti [FR] standing) [FR] 3:00 • Heartland (Family TV Series) [TR] 10:30 • Relax and Chat Awhile [LR] 1:00 • cancelled: Tap Dance Practice [PNW] 3:00 Beanbag Baseball [PNW] Wingleader Meeting [GP] FEEL 0:30 Relax and Chat Awhile [LR] 6:00 Bingo* (sign up outside Pacific NW Room) -3:45 • VENDOR: Alexis' Homemade Bakery and 3:00 • American Sign Language Class [LIB] 6:00 • Bridge [PNW] 0:30 • Relax and Chat Awhile [LR] 10:30- Wii Bowling Practice Time (for team memb 11:00 • Level 1 (seated) Strength and Conditioning Bazaar Door Prize Drawings 1:00 • History Lecture Series with John Griffir (Topic: History of Christmas) [TR] Exercise [FR] 6:00-7 Dickens and Dessert Holiday Even and subs) 6:00 • Hand and Foot [GP] 3:00 • Cancelled: Beanbag Baseball [PNW] 6:00 • Hand and Foot [GP] Level 1 (seated) Cardio and Strength Exerci 1:10 TRIP: Shopping at Clackamas Tov 1-4:00 Jewelry Sorting Volunteer Project - (New Volunteers Welcome!) [GP] 7:00 • Movie: Courageous (2011, PG-13) [TR] 6:00 • Single-Deck Pinochle [GP] 2:05 • Viewing Party of "The Crown" (TV series) [T 6:00 • Bridge for Fun [PNW] 5:30 • RummiKub (Game) [LIB] 1:00p Blackjack [GP] 6:00 • Hand and Foot [GP] The Ready Room Men's Club [TR] 3:00 • Beanbag Baseball [PNW] 4:00 • Fiber Artists' Weekly Meet-Up [GP] 6:00 Hand and Foot [GP] MOVE 1:00 • Viewing Party of "Call the Midwife" (2012, T 7:00 • Movie: Fried Green Tomatoes (1991, PG-13) 3:00 Cribbage [GP] series) [TR] 3:00p Open Art Studio: Practice Building Your Skills Thursday Night FOOTBALL [TR] Holiday Piano Music by Steve Tharp 5:30-7 • Poker (Open to All Players) REFLECT 2:00 • Employee Appreciation Funds Dist 3:00 Shuffleboard [FR] 5:30 • RummiKub (Game) [LIB] the Staff 6:00 • Mexican Train [GP] 6:00 • Cribbage [LR] 6:00 • Double-Deck Pinochle [LR] :00 Pokeno * (sign up sheet located o 6:00 Hand and Foot [GP] Masons Meeting (Open to all Mason Members) [GP] Happy 60th Anniversary Chet and Jan! Medical Transportation -East of Happy Birthday Sam Abendroth! Medical Transportation - West of Shopping Transportation⁹ Shopping Transportation 8 Andresen and Salmon Crk.* Happy Birthday Dee Anna West! 9:30 Pinochle [HWGC] Medical Transportation - Clark Co. 9:30 • Pinochle [HWGC] 10:00 • Tai Chi LIVE Fitness Class -11:3 • Team Wii Bowling [TR] 9:30 • Single-Deck Pinochle [HWGC] 10:00 • Level 2 (standing) Strength and Conditioning Exercise 9:50 • TRIP: Buffet at Summit Grove 10:00 • Men's Bible Study [TR] 8:30-1pm only* (seated or standing) [FR] 0:30 • Relax and Chat Awhile [LR] Lodge w/Entertainment by Nehemiah Brown 10:00 • Tai Chi LIVE Fitness Class 9:30 Pinochle [HWGC] 10:00 Strength and Conditioning. 10:30 Blood Pressure Screening [TR] (seated or standing) [FR] 12:45 • Church Service (non-10:00 • Level 2 (standing) Cardio, Strength, and 10:30 • Relax and Chat Awhile [LR] 10:00 Women's Bible Study [GP] 10:30 • Relax and Chat Awhile [LR] 0:30 • Relax and Chat Awhile [LR] 11:00 • Call the Midwife (2012, TV series. This is Balance Exercise with Marti [FR] 1:00 • CANCELLED: Tap Dance Practice [PNW] 1:00 • Level 1 (seated) Strength and Conditioning repeat of previous Wednesday's episode) [TR] 10:30 • Relax and Chat Awhile [LR] 1:45: • Lunchtime Performance by Harpist [DIN] 10:30 • Relax and Chat Awhile [LR] 1:00 • Reflections on Life: Tell and Discuss Stories 1:00 • Drums and Tap Practice [PNW]
2:00 • Call the Midwife (2012, TV series) [TR] 1:30 • Church Service (non-denomination) [PNW] American Sign Language Class [LIB] 11:00 • Level 1 (seated) Strength and Conditioning 10:30- Wii Bowling Practice Time (for team m from Your Life [LIB] Exercise [FR] 1:00 • Cancelled: History Lecture Series [TR] 6:00 • Bridge for Fun [PNW] Vancouver Pointe Holiday Party(Games 2:30 Mexican Train [GP] Exercise [FR] and subs) Food, Santa, & Music by Charles and the 3:00 Beanbag Baseball [PNW] 6:00 • Hand and Foot [GP] 3:00 • Heartland (Family TV Series) [TR] -4:00 • Jewelry Sorting Volunteer Project - (New 3:00 Beanbag Baseball [PNW] 11:00 • Level 1 (seated) Cardio and Strength Exercis **Location Kevs** 7:00 Movie: The Apostle (1998, PG-13) [TR] Volunteers Welcomet) [GP] 6:00 • Bridge [PNW] 4:00 Fiber Artists' Weekly Meet-Up [GP] 6:00 • Bingo* (sign up outside Pacific NW Room) 3:00 Beanbag Baseball [PNW] 1:00-2 • TED Talks (Informative Videos Show w/ 1:00p Blackjack [GP] Thursday Night FOOTBALL [TR] 5:15 6:00 Hand and Foot [GP] Dining Room DIN Discussion) [TR] 5:30-7 • Poker (Open to All Players) 5:30 • RummiKub (Game) [LIB] 6:00 • Hand and Foot [GP] 6:00 • Single-Deck Pinochle [GP] 1:30 • Viewing Party of "The Crown" (TV series) [TR 3:00 • Cribbage [GP] 6:00 • Hand and Foot [GP] 7:00 Movie: Anatomy of a Murder (1959, NR) [TR] 3:00 • CONCERT: Power Strings Student Holiday
Performance 5:30 • RummiKub (Game) [LIB] Fitness Room 7:00 Movie: The Nightmare Before Christmas (2000, PG) [TR] 3:00p • Open Art Studio: Practice Building Your Skills 6:00 • Cribbage [LR] 6:00 • Double-Deck Pinochle [LR] 6:00 • Hand and Foot [GP] **Game Parlor** 3:00 • Shuffleboard [FR] 6:00 • Hand and Foot [GP] 6:00 • Skip-Bo [GP] 6:00 Mexican Train [GP] 6:30 • CONCERT: Power Strings Advanced Stude Holiday Performance Honor Wall Game Corner HWGC 6:00 • Pokeno * (sign up sheet located outside the Medical Transportation - Clark Co. Medical Transportation - West of Christmas Eve Christmas Day Medical Transportation -East of Shopping Transportation lam - Masons Meeting (Open to all 28 Library 8:30-1pm only* Andresen and Salmon Crk.* Mason Members) [GP] Happy Birthday to Dorothy Nedrow! **Regular Daytime Activities Cancelled** 1:30 • Food Committee Meeting 9-11:3 • Team Wii Bowling [TR] 10:00 • Tai Chi LIVE Fitness Class 9:30 • Pinochle [HWGC] 9:30 • Single-Deck Pinochle [HWGC] LR SEAHAWKS GAME Living Room 10:30 • Relax and Chat Awhile [LR] 9:30 Pinochle [HWGC] (seated or standing) [FR] 10:00 • Level 2 (standing) Cardio, 10:00 Tai Chi LIVE Fitness Class Movie: The Santa Claus 10:30 Blood Pressure Screening [TR] (seated or standing) [FR] 1:00 Tap Dance Practice [PNW] 1:30 • CANCELLED: Church Service (non Strength, and Balance (1994, PG) [TR] 0:00 • Level 2 (standing) Strength and Conditioning LOB Lobby Exercise with Marti [FR] 10:30 • Relax and Chat Awhile [LR] 2:00 • American Sign Language Class [LIB] 10:30 • Relax and Chat Awhile [LR] Movie: Home Alone (1990, PG) [TR] denomination) [PNW] 1:00 Drums and Tap Practice [PNW] 10:30 • Relax and Chat Awhile [LR] 3:00 Beanbag Baseball [PNW] Call the Midwife (2012, TV series. This is 6:00 • Mexican Train [GP] 3:00 Beanbag Baseball [PNW] 0:00 Town Hall Meeting & Farewell Party for Pacific NW Room 3:00 Beanbag Baseball [PNW] 10:30. Wii Bowling Practice Time (for team membe 4:00 • Fiber Artists' Weekly Meet-Up [GP] 5:30 • RummiKub (Game) [LIB] repeat of previous Wednesday's episode) [TR] 6:00 • Pokeno * (sign up sheet located outside the Pacific NW Room) [PNW] 0:30 • Relax and Chat Awhile [LR] 2:30 • Mexican Train [GP] 6:00 • Bridge [PNW] and subs) Thursday Night FOOTBALL [TR] 6:00 • Hand and Foot [GP] **Theater Room** Level 1 (seated) Cardio and Strength Exercise 1:00 • Level 1 (seated) Strength and Conditioning 3:00 • Heartland (Family TV Series) [TR] 7:00 Movie: The Nativity Story (2006, PG) [TR] 6:00 • Hand and Foot [GP] 5:30-7 Poker (Open to All Players) 7:00 Movie: Mr. Hobbs Takes a Vacation (1962) 6:00 • Bingo* (sign up outside Pacific NW Room) 6:00 Single-Deck Pinochle [GP] 5:30 RummiKub (Game) [LIB] 1:00p Blackjack [GP] 6:00 Rridge for Fun [PNW] 6:00 • Cribbage [LR] 6:00 • Hand and Foot [GP]
7:00 • Movie: It's a Wonderful Life (1946, PG) [TR] 1:00 • Viewing Party of "Call the Midwife" (2012, TV 6:00 • Hand and Foot [GP] 6:00 • Hand and Foot [GP] series) [TR] 7:00 • Movie: 6 Below: Miracle on the Mountain 6:00 • Skip-Bo [GP] 2:05 • Viewing Party of "The Crown" (TV series) [TR (2017 PG-13) [TR] 6:00 • Double-Deck Pinochle [LR] 6:00 • Hand and Foot [GP] Continued at top