

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

December 2023

The Pillars of Mankato Life Enrichment Calendar

					Mistletoe Day -Wear Green and White 1 10 am – Coffee and Conversation (Pub) 11:30 am – Balance and Movement Exercise (FC) 1:30 pm - Food Fun: Pretzel Turtles for Holiday Party (CR) 3 pm – Afternoon Movie: While your Were sleeping (DP) (CH) 6:30 pm – Cards (CR)	2 10 am – Coffee and Conversation (Pub) 11:30 am – Balance and Movement Exercise (FC) 1:30 pm – Wii Bowling (CR) 3 pm- Farkel (CH) 6:30 pm- Christmas Card Making w/ Dom (CR)
3 9:30 am – Catholic Streamed Church Service (CR) 10 am – Coffee and Conversation (Pub) 11 am – Lutheran Church Streamed (CH) 11:30 am – Exercise (Channel 1-1) Noon – Vikings Vs Falcons (CH) 1:30 pm –Farewell Party Nicole and Emily (CR) 3 pm – Bingo (CR) 6:30 pm – Cards (CR)	National Sock Day – Wear your fun socks! 4 10 am – Coffee and Conversation (Pub) 11:30 am – Balance and Movement Exercise (FC) 2:30 pm – Food Fun: Lefsa Making Party (CR) 6 pm – Crafting w/ C and A Designs: Christmas Trees (CR) 6:30 pm – Cards (PUB)	Walt Disney Day – Where your Disney Gear! 5 10 am – Coffee and Conversation (Pub) 10 am- Music w/ Marissa (CR) 11:30 am – Balance and Movement Exercise (FC) 1:30 pm – Disney Facts and Trivia (CH) 3 pm – Sing a long and Drumming w/ Connor (CR) 6pm – Load Bus: Kiwanis Holiday Lights (Sign up)	St. Nicholas Day 6 10 am – Coffee and Conversation (Pub) 10:30 am- Ted Talk and Discussion: The secret to living longer may be your social life Susan Pinker (CH) 11:30 am – Balance and Movement Exercise (FC) 1:30 pm – Bridge Club (Pub) 1:30 pm – Blackjack (CR) 3 pm – St. Nicholas Day Trivia (CR) 6:30 pm – Cards (CR)	7 10 am – Coffee and Conversation (Pub) 10 am – Catholic Eucharist (CH) 11:30 am – Balance and Movement Exercise (FC) 1:30 pm – Chair Yoga (FC) 2:30 pm – Happy Hour w/ Kurt and Ashe (DR) 6:30 pm – Giant Crossword (CH) Hanukkah Begins	Christmas Pajama Day – Wear your favorite Christmas PJ's 8 10 am – Coffee and Conversation (Pub) 10:15 am – Christmas Carol Sing a long w/ Beth (CR) 11:30 am – Balance and Movement Exercise (FC) 1:30 pm – Holiday Craft making w/ Synergy and Friends! (CR) 3 pm- Afternoon Movie: (CH)	9 10 am – Coffee and Conversation (Pub) 11:30 am – Balance and Movement Exercise (FC) 2 – 4 pm – Pillars Holiday Party (Building Wide)
10 9:30 am – Catholic Streamed Church Service (CR) 10 am – Coffee and Conversation (Pub) 11 am – Lutheran Church Streamed (CH) 11:30 am – Exercise (Channel 1-1) Noon – Vikings vs Saints (CH) 1:30 pm – Nobel Prize Facts and Trivia (CH) 3 pm – 5 crowns card game (CR) 6:30 pm- Cards (CR)	National Green Day – Wear Green to celebrate! 11 9:45 am – Load Bus Grocery Shopping at Hy-Vee (Sign up) 10 am – Coffee and Conversation (Pub) 11:30 am – Balance and Movement Exercise (FC) 1:15 pm – Birthday Party: Happy Birthday Parker! (CR) 2:30 pm – Resident Council (CR) 6:30 pm – Christmas Card Creations w/ Bev	Poinsettia Day 12 10 am – Coffee and Conversation (Pub) 10:30 am – Entertainment: 3 C's Christmas Music (CR) 11:30 am – Balance and Movement Exercise (FC) 1:15 pm – Bible Study w/ Chaplain Chris (CH) 2:30 pm- Blue Christmas Memorial Service (DR) 6pm – Load Bus: Kiwanis Holiday Lights (Sign up)	Hot Cocoa Day 13 10 am – Coffee and Conversation (Pub) 10:30 am- Ted Talk and Discussion: One of the Greatest Speeches Ever Steve Jobs (CR) 11:30 am – Balance and Movement Exercise (FC) 1:30 pm – Bridge Club (Pub) 1:30 pm – Blackjack (CR) 2:30 pm – Entertainment: Vine Stompers – Christmas Bell's Performance and Hot Cocoa Bar (DR) 6:30 pm – Cards (CR)	14 10 am – Coffee and Conversation (Pub) 10 am – Catholic Eucharist (CH) 10:45 am – Mankato East Jazz Band (CR) 11:30 am – Balance and Movement Exercise (FC) 1:45 pm – St Clair 6 th grade Band and Choir (DR) 2:30 pm – Happy Hour w/ Bob Stephan (DR) 6:30 pm – Giant Crossword (CH)	Ugly Sweater Day – Wear your best Holiday Sweater 15 10 am – Coffee and Conversation (Pub) 11:30 am – Balance and Movement Exercise (FC) 1:30 pm - "Holiday Present Wrapping Party" by Caring Transitions (CR) 3 pm – Movie: 6:30 pm – Cards (CR)	16 10 am – Coffee and Conversation (Pub) 11:30 am – Balance and Movement Exercise (FC) 1:30 pm – Chair Yoga (FC) 3 pm – Pub Trivia (CH) 5:45 pm - Load Bus - Mankato Symphony Orchestra Presentation: Messiah (Outing)
17 9:30 am – Catholic Streamed Church Service (CR) 10 am – Coffee and Conversation (Pub) 11 am – Lutheran Church Streamed (CH) 11:30 am – Exercise (Channel 1-1) Noon – Vikings Vs Falcons (CH) Noon – Riverblenders Lunch Entertainment (DR) 2 pm –Entertainment: Violin and Guitar w/ Taylor and Chris (DR) 3 pm – 5 crowns card game (Pub) 6:30 pm – Cards (CR)	9:45 am – Load Bus Grocery Shopping at Hy-Vee (Sign up) 18 10 am – Coffee and Conversation (Pub) 11:30 am – Balance and Movement Exercise (FC) 1:15 pm – Crafting w/ Jozy: Cookie Cutter Ornaments (CR) 7 pm – Music with Noah and Sam (CR) 6:30 pm – Cards (Pub)	19 10 am – Coffee and Conversation (Pub) 10:30 am – Travel through the Holy Land (CH) 11:30 am – Balance and Movement Exercise (FC) 1:30 pm – Music w/ Marissa (CR) 3 pm – Ripley's Believe it or Not Trivia (CH) 6pm – Load Bus: Kiwanis Holiday Lights (Sign up)	20 10 am – Coffee and Conversation (Pub) 10:30 am- Ted Talk and Discussion: Robert Waldinger: What makes a good life? Lessons from the longest study on happiness (CH) 11:30 am – Balance and Movement Exercise (FC) 1:30 pm – Bridge Club (Pub) 1:30 pm – Blackjack (CR) 3 pm – Giant Crossword Puzzle (CH) 6 pm – Entertainment: Crista B and Kids (CR)	Winter Solstice 21 10 am – Coffee and Conversation (Pub) 10 am – Catholic Eucharist (CH) 11:30 am – Balance and Movement Exercise (FC) 1:30 pm – Chair Yoga (FC) 2:30 pm – Happy Hour w/ Dale Martell (DR) 6 pm- Care Partner Support Group (CH) Winter Begins	Festivus – Wear Red and Green 22 10 am – Coffee and Conversation (Pub) 11:30 am – Balance and Movement Exercise (FC) 1 pm – Holiday Movie: (CH) 3 pm – Christmas Carol Sing a long w/ Beth (CR) 6:30 pm – Cards (CR)	23 10 am – Coffee and Conversation (Pub) 11:30 am – Balance and Movement Exercise (FC) 2:30 pm – Holiday Movie: (CH) 6:30 pm – Cards (pub)
24 9:30 am – Catholic Streamed Church Service (CR) 10 am – Coffee and Conversation (Pub) 11 am – Lutheran Church Streamed (CH) 11:30 am – Exercise (Channel 1-1) Noon – Vikings vs Saints (CH) 2:30 pm – Holiday Movie: (CH) 6:30 pm- Cards (CR)	Merry Christmas 25 10 am – Coffee and Conversation (Pub) 9:30 am - Christmas Day Church Service (Lutheran) (CH) 11:30 am – Balance and Movement Exercise (FC) 2:30 pm – Christmas Movie: It's a wonderful Life (CH) 6 pm – Cards (CR) Christmas	Candy Cane Day – Wear Red and White 26 10 am – Coffee and Conversation (Pub) 10:15 am – Church with Chaplain Chris (CH) 11:30 am – Balance and Movement Exercise (FC) 1:15 pm – Bible Study w/ Chaplain Chris (CH) 2:30 pm – December Birthday Party w/ Allen Carlson (DR) 6:30 pm – Movie: Boxing Day (Canada) Kwanzaa Begins	27 10 am – Coffee and Conversation (Pub) 11:30 am – Balance and Movement Exercise (FC) 1:30 pm – Bridge Club (Pub) 3 pm – Blackjack (CR) 6:30 pm – Cards (CR)	New Year – Wear Black and Gold 28 10 am – Coffee and Conversation (Pub) 10 am – Catholic Eucharist (CH) 11:30 am – Balance and Movement Exercise (FC) 2:30 pm – New Years Eve Happy Hour w/ Michael Riddle (DR) 6pm – Load Bus: Kiwanis Holiday Lights (Sign up)	29 10 am – Coffee and Conversation (Pub) 11:30 am – Balance and Movement Exercise (FC) 1 pm – Holiday Movie: (CH) 2:30 pm – Pub Trivia (CR) 6:30 pm – Cards (CR)	30 10 am – Coffee and Conversation (Pub) 11:30 am – Balance and Movement Exercise (FC) 1:30 pm – Chair Yoga (FC) 3 pm – Holiday Bingo (CR) 6:30 pm – Cards (CR)
31 9:30 am – Catholic Streamed Church Service (CR) 10 am – Coffee and Conversation (Pub) 11 am – Lutheran Church Streamed (CH) 11:30 am – Exercise (Channel 1-1) Noon – Vikings Vs Falcons (CH) 1:30 pm – New Years Eve Jeopardy (CH) 3 pm – 5 crowns card games (CR) 6:30 pm – Cards (CR) New Year's Eve	CH- Chapel on 2 nd Floor FC- Fitness Center in Basement Pub- Pub on 1 st Floor CR- Community Room on 2 nd Floor DR- Dining Room on 1 st Floor Sign up- Sign up for this activity at the Front Desk in the blue binder					