

ANNOUNCEMENTS

Traveling Forks Group | Monthly meetings are not listed on the calendar. However, if you are interested in future outings with the current residents, please contact Bonnie Wettersten directly at bonniewettersten@gmail.com.

Bunco | If you are interested in playing or learning the game of Bunco, please contact Susan at mcmahon204@gmail.com.

Wine Down Wednesdays | With so many events taking place over the holiday season, a decision was made to postpone the Wine Down Wednesdays until January. If you are new to Canvas and would like more information about the Wine Down Wednesday which is a resident run event, contact Judy Warshal at JWarshal@aol.com or Cindy Lapidus at clapidus28@gmail.com.

Gift Wrapping | Do you hate to gift wrap or are gift-wrapping challenged? No problem. Free giftwrapping will be available on December 7th, 14th and 21st. Check calendar for times. Bring down your gifts and they will be wrapped with love! For more information, contact Gloria Spriggs at gspriggs@allurelife.com

Left Center Right Ladies Night | LCR is held once a month. Anyone interested in joining, please contact Claire Hawkins at Nanoclaire54@gmail.com This month's LCR night will be on Friday, the 8th at 7:00 pm. BYOB and snacks to share are appreciated but not mandatory.

NY Life | Monday, December 11th 7:00 pm, Canvas Room - Presentation on "Long Term Care" with David Shea of NY Life.

Chanukah Celebration | Tuesday, December 12, 7:00 pm, Great Room - If you own a menorah and candles, please bring for group lighting. For more information, contact Fredda Pollack at

White Elephant Mug Exchange | Wednesday, December 13, 8:00pm, Great Room - Bring a wrapped coffee mug (ceramic with a handle) for a fun evening of exchanging and/or stealing your favorite mug! Select a mug that can be by both men and women and non-seasonal so they can be used year-around.

Book Club | Thursday, December 14th, 7:00 pm - This month's book is "Old Babes in the Woods" by Margaret Atwood. The Book Club will meet once a month, every second Thursday in the Library, 7:00 pm. For more info, contact Marti at martihogan16@gmail.com

Canvas Holiday Brunch | Saturday, December 16th, 10:30 am, Great Room. RSVP Required no later than Saturday, December 9th.

Homestead Services sponsored Birthday Celebration | Monday, December 18th, 3:00 pm, Great Room - December Birthdays will be celebrated this date. Denise Hildenbrand will be available to speak on services provided following a surgery or illness.

Mass w/Father Don | Friday, December 22nd, 11:00 am, resident Monsignor Don Leighton will give mass in the lounge. All are welcome!

"Bling It On" Canvas Holiday Party | Wednesday, December 20th, 6:30 to 8:30 pm - Sport a "touch of sparkle" and share a favorite dessert. Then shake it off to the music of Calvin Presley.



Lisa Amico | Property Manager

Barbara Easterling | Concierge

Ashley Watson | Leasing Manager

Gloria Spriggs | Lifestyle Director

Bryan Lacey | Lead Maintenance Technician

OFFICE HOURS

Mon-Thurs 9am -6pm

Fri - 8am - 5 pm

Sat - 10 am - 5pm

Sun - 12pm - 5pm

OFFICE PHONE:

659-901-1627

For Maintenance Emergency,

Follow Prompt

FOR ALL OTHER EMERGENCIES,

PLEASE DIAL 911



CIAO BELLA SALON

Tues 11:00 am - 7:00 pm

Thurs 11:00 am - 7:00 pm

Fri 9:00 am - 2:00 pm


Phone: (610) 990-7557

info@ciaobellasalon.com



Canvas at Valley Forge
101 Bryce Lane, King of Prussia, PA 19406



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
<div><div><div>Holiday Wishes of Love, Peace and Joy to our Canvas Family!</div></div></div>			<div></div>			1 <div>9:00 am Dance Fitness / FC 10:00 am Intermed Bridge / PMR 1:00 pm Tech Time w/Gloria 2:00 pm Open Poker / L</div>	2 <div>9:00 am Balance Class / FC 9:30 am Stretch & Tone / FC 3:00 pm Billiards / GaR</div>
3 <div>9:00 am Yoga Class / FC 10:15 am Chair Yoga / FC 11: 15 am Meditation / LI 2:00 pm Rummikub / L 2:00 pm Canasta / L</div>	4 <div>10:00 am Canasta / L 11:00 am Billiards / GaR 12:00 Pinochle / L 1:00 pm Mahjong / L 2:30 pm Poker / PMR 5:00 pm Scripture Study / PMR</div>	5 <div>8:00 am Pilates / FC 9:00am BarreFusion / FC 1:00 pm Bingo / GR 4:00 pm Ladies Poker / GR</div>	6 <div>9:00 am Dance Fitness / FC 10:00 am Ping Pong / GaR 1:00 pm Mahjong / L 2:30 pm Mens Poker / PMR</div>	7 <div>8:00 am BarreFusion / FC 9:00 Pilates / FC 12:00 pm Pinochle / L 1:00 pm Canasta / L 2:30 pm Poker / PMR 4:00 pm Chair Yoga / FC 5:00 pm Yoga / FC 7:00 pm Gift Wrapping / CR</div>	8 <div>9:00 am Dance Fitness / FC 10:00 am Intermed Bridge / PMR 1:00 pm Tech Time w/Gloria 2:00 pm Open Poker / PMR 7:00 pm LCR / GR</div>	9 <div>9:00 am Balance Class / FC 9:30 am Stretch & Tone / FC 3:00 pm Billiards / GaR</div>	
10 <div>9:00 am Yoga Class / FC 10:15 am Chair Yoga / FC 11: 15 am Meditation / LI 2:00 pm Rummikub / L 2:00 pm Canasta / L</div>	11 <div>10:00 am Canasta / L 11:00 am Billiards / GaR 12:00 Pinochle / L 1:00 pm Mahjong / L 1:30 pm Acrylics w/Shayna / CR 2:30 pm Poker / PMR 5:00 pm Scripture Study / PMR 7:00 pm NY Life: Long Term Care/CR</div>	12 <div>8:00 am Pilates / FC 9:00 am BarreFusion / FC 1:00 pm Bingo / GR 4:00 pm Ladies Poker / L 7:00 Candle-Lighting</div>	13 <div>9:00 am Dance Fitness / FC 10:00 am Ping Pong / GaR 1:00 pm Mahjong / L 2:30 pm Mens Poker / PMR 7:30 pm White Elephant Mug Exchange</div>	14 <div>8:00 am BarreFusion / FC 9:00 Pilates / FC 12:00 pm Pinochle / L 1:00 pm Canasta / L 2:00 pm Gift Wrapping / CR 2:30 pm Poker / PMR 4:00 pm Chair Yoga / FC 5:00 pm Yoga / FC 7:00 pm Book Club / LI</div>	15 <div>9:00 am Dance Fitness / FC 10:00 am Intermed Bridge / PMR 1:00 pm Tech Time w/Gloria 2:00 pm Open Poker / L</div>	16 <div>Holiday Brunch 10:30am - 12:00pm Great Room 9:00 am Balance Class / FC 9:30 am Stretch & Tone / FC 3:00 pm Billiards / GaR</div>	
17 <div>9:00 am Yoga Class / FC 10:15 am Chair Yoga / FC 11: 15 am Meditation / LI 2:00 pm Rummikub / L 2:00 pm Canasta / L</div>	18 <div>10:00 am Canasta / L 11:00 am Billiards / GaR 12:00 Pinochle / L 1:00 pm Mahjong / L 2:30 pm Poker / PMR 3:00 pm Home Instead sponsored Birthday Celebration / GR 5:00 pm Scripture Study / PMR</div>	19 <div>8:00 am Pilates / FC 9:00 am BarreFusion / FC 1:00 pm Bingo / GR 4:00 pm Ladies Poker / L</div>	20 <div>9:00 am Dance Fitness / FC 10:00 am Ping Pong / GaR 1:00 pm Mahjong / L 2:30 pm Mens Poker / PMR 4:00 pm Chair Yoga / FC 5:00 pm Yoga / FC 6:30 pm "Bling It On" Canvas Holiday Party / GR</div>	21 <div>8:00 am BarreFusion / FC 9:00 Pilates / FC 12:00 pm Pinochle / L 1:00 pm Canasta / L 2:30 pm Poker / PMR 4:00 pm Chair Yoga / FC 5:00 pm Yoga / FC 7:00 pm Gift Wrapping / CR</div>	22 <div>8:30 am Bob the Jeweler / GR 9:00 am Dance Fitness / FC 10:00 am Intermed Bridge / PMR 11:00 am Mass w/Father Don/L 1:00 pm Tech Time w/Gloria 2:00 pm Open Poker / L</div>	23 <div>8:30 am Bob the Jeweler / GR 9:00 am Balance Class / FC 9:30 am Stretch & Tone / FC 3:00 pm Billiards / GaR</div>	
<div><div><div>Canvas Offices Closed</div><div>Dec 24, 25 & 31st</div></div></div>		26 <div>HAPPY KWANZAA 8:00 am Pilates / FC 9:00 am BarreFusion / FC 1:00 pm Bingo / GR 4:00 pm Ladies Poker / L</div>	27 <div>9:00 am Dance Fitness / FC 10:00 am Ping Pong / GaR 1:00 pm Mahjong / L 2:30 pm Mens Poker / PMR</div>	28 <div>8:00 am BarreFusion / FC 9:00 Pilates / FC 12:00 pm Pinochle / L 1:00 pm Canasta / L 2:30 pm Poker / PMR 4:00 pm Chair Yoga / FC 5:00 pm Yoga / FC</div>	29 <div>9:00 am Dance Fitness / FC 10:00 am Intermed Bridge / PMR 1:00 pm Tech Time w/Gloria 2:00 pm Open Poker / L</div>	30 <div>9:00 am Balance Class / FC 9:30 am Stretch & Tone / FC 3:00 pm Billiards / GaR</div>	
LOCATION KEY	CYN = Courtyard North CYP = Courtyard Poolside CR = Canvas Room FC = Fitness Center	GR = Great Room GaR = Game Room LI = Library L = Lounge	PMR = Poker/Media Room P = Pool	A... <div>♦Healthy ♦ ♦Mindful ♦ ♦Life. ♦Creative ♦ ♦Inquisitive ♦ ♦Centered ♦ ♦Playful ♦ ♦Social ♦</div>	OFFICE HOURS	Monday - Thursday 9:00 am to 6:00 pm Friday 8:00 am to 5:00 pm Saturday 10:00 am to 5:00 pm Sunday 12:00 pm to 5:00 pm	