

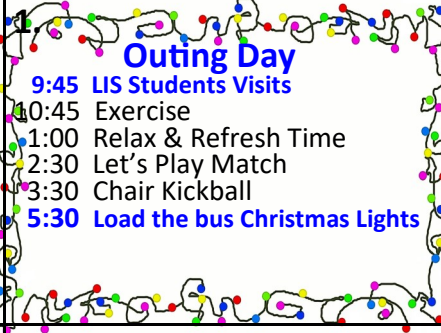



2023 December

Find us on 



RANDALL RESIDENCE of Governor's Village
Liberty Suites

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	This Month We Are Virtually Traveling to Florida. Come travel with us, as we emerge ourselves in Religions, Food, Folk-Stories, Art, Music and More				 Outing Day 9:45 LIS Students Visits 10:45 Exercise 1:00 Relax & Refresh Time 2:30 Let's Play Match 3:30 Chair Kickball 5:30 Load the bus Christmas Lights	2. 9:00 Exercise 10:00 Coffee & Flash Card Wars 1:00 Relax & Refresh Time 2:30 Movie Club Fun 5:30 Music & Art therapy Adult Coloring
3. 9:00 Exercise 9:30 Rosary 1:00 Relax & Refresh Time 2:30 Movie Club Fun 5:30 Music Aroma Therapy & Hand Massage	4. 10:00 Yoga with Tim H. –ATR 11:00 Coffee & Florida Culture 1:00 Relax & Refresh Time 1:30 GV Walking Club 2:30 Bingo Fun 3:30 Creative Engagement–Short Christmas Stories 5:30 Sing Along Fun	5. 9:00 Standing Exercise with Caren PT– ATR 10:00 Pastor Dale - CH 10:45 Exercise 1:00 Relax & Refresh Time 2:30 Making Snacks - Christmas Cookies 3:00 Ball Toss 5:30 Picture A Word	6. 9:00 Exercise 10:00 Catholic Communion 11:00 Rosary w/KK 1:00 Relax & Refresh Time 3:30 Manicures & Hand Massages 5:30 Art Therapy: Christmas Wreathes	7. 9:00 Seated Exercise with Caren– ATR 10:00 Pastor Julie 10:45 Coffee & Match 1:00 Relax & Refresh Time 2:30 Table top Corn Hole 3:30 Creative Engagement–Math Flash Card Wars 5:30 Name that Tune	8. 10:00 Pastor Keith - CH 10:45 Exercise 1:00 Relax & Refresh Time 2:30 Let's Play Match 3:30 Chair Kickball 5:30 Music & Coloring	9. 9:00 Exercise 10:00 Relax & Refresh Time 2:30 Movie Club Fun 5:30 Music & Art therapy Adult Coloring
10. GV Annual Family Christmas Party 12-3pm 12:00—Greet, Meet and Eat 1:45— Christmas Carol Sing Along with Piano Concert 2:15 Visits from Santa Claus 2:30 Family Christmas Crafts	11. 10:00 Yoga with Tim H. –ATR 11:00 Coffee & Animals of Of Florida 1:00 Relax & Refresh Time 1:30 GV Walking Club 2:30 Bingo Fun 3:30 Creative Engagement–Christmas Themed Songs 5:30 Sing Along Fun	12. 9:00 Standing Exercise with Caren PT– ATR 10:00 Pastor Dale - CH 10:45 Exercise 1:00 Relax & Refresh Time 2:30 Making Snacks– AA Choice 3:00 Can you picture This? 5:30 Picture ID	13. MSC Lunch & Movie 9:00 Exercise 10:30 Catholic Communion 11:00 Rosary w/KK 1:00 Relax & Refresh Time 2:30 Monthly B-day Party-MDR 5:30 Art Therapy: Christmas Trees	14. 9:00 Seated Exercise with Caren PT– ATR 10:00 Junk Drawer Detective 1:00 Relax & Refresh Time 1:30 Sing Along 2:30 Manicures 3:30 Creative Engagement– AA Choice 5:30 Mystery Bag Game	15. 9:45 LIS Students 10:45 Exercise 1:00 Relax & Refresh Time 2:00 Catholic Mass St. Francis's 3:30 Chair Kickball 5:30 Music & Coloring	16. Girl Scout Visit 9:00 Exercise 10:00 Coffee & Flash Card Wars 1:00 Relax & Refresh Time 2:00 Girl Scouts Christmas Performance & Crafts
17. 9:00 Exercise 9:30 Rosary 1:00 Relax & Refresh Time 2:30 Movie Club Fun 5:30 Music, Aroma Therapy & Hand Massage	18. 10:00 Yoga with Tim H. –ATR 11:00 Coffee & Tell Me Your Florida Vacation Stories 1:00 Relax & Refresh Time 1:30 GV Walking Club 2:30 Manicures 3:30 Creative Engagement–Short Christmas Stories 5:30 Sing Along Fun	19. 9:00 Standing Exercise with Caren PT– ATR 10:00 Pastor Dale - CH 10:45 Exercise 1:00 Relax & Refresh Time 2:30 Making Snack– Christmas Cookies 3:00 Can you picture This? 5:30 Picture ID	20. 9:00 Exercise 10:30 Catholic Communion 11:00 Rosary w/KK 1:00 Relax & Refresh Time 2:30 Manicures & Hand Massages 3:30 Hot Potato 5:30 Art Therapy: Adult coloring	21. 9:00 Seated Exercise with Caren PT– ATR 10:00 Pastor Julie 10:45 Coffee & Match 1:00 Relax & Refresh Time 1:30 Sing Along 2:30 Manicures 3:30 Creative Engagement–Hangman Christmas Addition 5:30 Evening Walks	22. 10:00 Pastor Keith - CH 10:45 Exercise 1:00 Relax & Refresh Time 3:30 Chair Kickball 5:30 Music Therapy & Shoulder Massages	23. 9:00 Exercise 10:00 Coffee & Match Game 1:00 Relax & Refresh Time 2:30 Movie Club Fun 5:30 Music & Art therapy Adult Coloring
24./31. 9:00 Exercise 9:30 Rosary 1:00 Relax & Refresh Time 2:30 Movie Club Fun 5:30 Music, Aroma Therapy & Hand Massage	25.  10:00 Exercise 11:00 Coffee & All about Florida Keys 1:00 Relax & Refresh Time 2:30 Hot Coco, Popcorn, Movies 3:30 Sing Along Fun	26. 9:00 Standing Exercise with Caren PT– ATR 10:00 Pastor Dale - CH 10:45 Exercise 1:00 Relax & Refresh Time 2:30 Making Snacks-AA Choice 5:30 Picture ID	27. 9:00 Exercise 10:30 Catholic Communion 11:00 Rosary w/KK 1:00 Relax & Refresh Time 2:30 Monthly House Warming Party 5:30 Art Therapy: New Years Resolutions	28. 9:00 Seated Exercise with Caren PT– ATR 10:00 Junk Drawer Detective 1:00 Relax & Refresh Time 1:30 Sing Along 2:30 Manicures 3:30 Creative Engagement–New Years Resolutions Reading Short Stories 5:30 Mystery Bag Game	29. 10:00 Pastor Keith - CH 10:45 Exercise 1:00 Relax & Refresh Time 2:30 Let's Play Match 3:30 Chair Kickball 5:30 Music & Coloring	30. 9:00 Exercise 10:00 Coffee & Flash Card Wars 1:00 Relax & Refresh Time 2:30 Movie Club Fun 5:30 Music & Art therapy Adult Coloring