



204 N. 1st St.  
PO Box 1087  
La Conner, WA 98257

PRESORTED  
STANDARD  
US POSTAGE  
LA CONNER, WA  
PERMIT #3



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**Our mission is to create and sustain comfortable, caring environments for those who depend on us.**

# La Conner Retirement Inn News

**December 2023 Newsletter**



**2** 2023 Resident Satisfaction Survey Results  
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### Goal



Our mission as a company is to create and sustain comfortable, caring environments for those who depend on us. As a part of living that mission, we need feedback from our residents and responsible parties on what we are doing well, as well as what we could do better. Each survey is read, analyzed, and met with a plan.

### Overall Design



3 to 4 questions and comment section about quality of care and services based on the National Quality Forum endorsed CoreQ Survey. Ratings are from Poor (1) to Excellent (5).

## SURVEY RESULTS

The overall satisfaction score for La Conner Retirement Inn is Very Good.



# Happy Hour

& LIVE MUSIC

Friday, December 1, 2023 | 3 PM - 4 PM  
204 N 1st St. | La Conner, WA

Join La Conner Retirement Inn for our December Happy Hour!

Mix and mingle while enjoying refreshments, hors d'oeuvres, and live entertainment by The Old Time Fiddlers!

RSVP

info@laconnerretirementinn.com or 360-466-5700

## Special Moments



Happy Birthday to our  
Staff & Residents:

Jerry: Dec. 5

Molly: Dec. 10

Geraldine: Dec. 10

Carol S: Dec. 14

Elaine S: Dec. 18

John R: Dec. 22

Julie: Dec. 25

Elizabeth: Dec. 31

Mirea: Dec. 4

Malyssah: Dec. 6

Savannah: Dec. 29



# December 2023 Highlights

**Observes:** Sharps Injury Prevention, Human Rights, Safe Toys & Gifts, Human Rights, Food Service Safety

**Celebrates:** Bingo, Fruit Cake, Learning Foreign Languages, Pears, Root Veggies & Exotic Fruits, and Spiritual Literacy

- |   |   |
|---|---|
| 01: Pie Day; Rosa Parks Day; Faux Fur Friday      | 17: Maple Syrup Day; Wright Brothers Day          |
| 02: Fritters Day; Mutt Day; Special Education Day | 18: Twin Day; Roast Suckling Pig Day              |
| 03: Roof Over Your Head Day                       | 19: Hard Candy Day; Oatmeal Muffin Day            |
| 04: Cookie Day; Dice Day; Sock Day                | 20: Caroling Day; Sangria Day                     |
| 05: Intl. Ninja Day; Sacher Torte Day             | 21: Crossword Puzzle Day; Winter Solstice         |
| 06: Miners’ Day; Gazpacho Day; St. Nicholas Day   | 22: Date Nut Bread Day; Forefathers Day           |
| 07: Chanukah Begins; Pearl Harbor Remembrance     | 23: Pfeffernusse Day; Festivus                    |
| 08: Crossword Solvers Day; Brownie Day            | 24: Christmas Eve; Eggnog Day                     |
| 09: Christmas Card Day; Pastry Day                | 25: Christmas Day; Pumpkin Pie Day                |
| 10: Dewey Decimal Day; Lager Day; Nobel Prize Day | 26: Candy Cane Day; Thank You Note Day            |
| 11: Stretching Day; App Day; Noodle Ring Day      | 27: Fruitcake Day                                 |
| 12: Ambrosia Day; Gingerbread House Day           | 28: Play Cards Day; Chocolate Day; Short Film Day |
| 13: Cocoa Day; Violin Day                         | 29: Pepper Pot Day                                |
| 14: Bouillabaisse Day; Alabama Day; Monkey Day    | 30: Bacon Day                                     |
| 15: Cupcake Day; Ugly Christmas Sweater Day       | 31: Champagne Day                                 |
| 16: Chocolate-Covered Day; Wreaths Day            |   |

## Our Favorite Christmas Memories:

**La Moyne:** The wonder of my kids faces Christmas morning

**Faye:** When I was six years old, passing by a department store several times looking at a big stuffed elephant and wanting it. Christmas morning, there it was under the tree.

**Irene:** When my grandparents came from Germany and sang Christmas songs in German

**Monte:** Sneaking down stairs to see what my parents got me

**Laura:** When I held my baby daughter on Christmas morning. She is my Christmas gift and Blessing.

**Virginia S:** Always spending time with the family that you don’t normally see



## Staff Spotlight: Roshelle

Roshelle was born in California. She lived there until she was three. Her dad joined the Marines and they had a chance to move all over the U.S. Roshelle really wanted to go overseas just one time. She experienced many schools and met many people in her life. Roshelle joined the Navy right after high school. She has been active for 10 years and in the reserve for one year. Roshelle married the love of her life after meeting in the same command right here in Washington. They share a beautiful daughter together. Her hobbies include art, cinematography, videography, and filmography. She comes with a wealth of experience.

Thank you for all you do, Roshelle



## Resident Spotlight: Molly


Molly was born in Brooklyn, New York. She lived there with her family until she turned nine. From there, she moved to Philadelphia, Pennsylvania. Molly continued her education up through graduation. Molly left Philly and returned to New York to study at NYU. Her major was philosophy and Molly made a career as a philosopher. Molly worked most of her life and enjoyed every minute of it. She married twice and had a son Jake and two wonderful grandkids. Molly loves art and most of all collages, a French word coller, meaning to glue. Molly came to La Conner because her family is near and she says, “I really like it here.”

We like having you here, Molly!



DECEMBER 2023

La Conner Retirement Inn • 204 N. 1st St., La Conner, WA 98257 • 360-466-5700

SUN		MON	TUE	WED	THU	FRI	SAT
						<b>1</b> 8:30 Coffee with Allie. Bring your fur babies. 10:00 Happy Hearts Fitness 10:00 Spa Day with Jo 10:30 Battle Ball 1:00 Black Jack 2:00 Mexican Train 3:00 Happy Hour with Old Time Fiddlers 4:00 Funny Puppy Videos	<b>2</b> 8:30 Coffee with Allie. Bring your fur babies. 10:00 Happy Hearts Fitness 10:30 Battle Ball 1:30 Old School Ukuleles 3:00 Mexican Train 4:00 Funny Puppy Videos 7:00 Movie and Popcorn
<b>3</b> 9:30 Animal Webcam 10:00 Happy Hearts Fitness 10:30 Battle Ball 10:45 Catholic Communion 1:00 Christmas in the Stable Bazaar 1:30 Manicures 2:30 PO-KE-NO 4:00 Funny Videos		<b>4</b> 9:30 Animal Webcam 10:00 Happy Hearts Fitness 10:30 Battle Ball 11:00 Anacortes Senior Center lunch \$5 1:30 Chicken Foot 2:30 Black jack 4:00 Funny Videos 6:00 Discussion Night	<b>5</b> 8:30 Coffee with Allie. Bring your fur babies 10:00 Happy Hearts Fitness 1:00 Fall Craft: Seahawk blanket or scarf 3:00 Tombola 4:00 Funny Videos 6:00 Game Night, 3s Dice game, Scrabble	<b>6</b> 8:30 Coffee with Allie. Bring your fur babies 9:15 Christmas Shopping at Bellis Fair Mall 10:00 Happy Hearts Fitness 10:00 Writing Group 10:30 Battle Ball 1:30 Mexican Train 2:30 Tombola 4:00 Funny Cow Videos	<b>7</b> 8:30 Coffee with Allie. Bring your fur babies. 10:00 Happy Hearts Fitness 10:30 Battle Ball 1:00 Bible Study <b>2:00 Chat with Allie</b> 3:00 Battle Ball 4:00 Funny Puppy Videos 6:00 Christmas Lights	<b>8</b> 8:30 Coffee with Allie. Bring your fur babies. 10:00 Happy Hearts Fitness 10:00 Spa Day with Jo 10:30 Battle Ball 1:00 Black Jack 2:00 Mexican Train 3:00 Happy Hour: Harmony Northwest Chorus 4:00 Funny Puppy Videos	<b>9</b> 8:30 Coffee with Allie. Bring your fur babies. 10:00 Happy Hearts Fitness 10:30 Battle Ball 1:30 Manicures 3:00 Mexican Train 4:00 Funny Puppy Videos 7:00 Movie and Popcorn
<b>10</b> 9:30 Animal Webcam 10:00 Happy Hearts Fitness 10:30 Battle Ball 10:45 Catholic Communion 1:05 Seahawks Game 1:30 Black Jack 2:30 PO-KE-NO 4:00 Funny Videos		<b>11</b> 9:30 Animal Webcam 10:00 Happy Hearts Fitness 10:30 Battle Ball 1:30 Hot cocoa social 3:00 Mexican Train 6:00 Discussion Night	<b>12</b> 8:30 Coffee with Allie. Bring your fur babies. 10:00 Happy Hearts Fitness 10:30 Battle Ball 1:15 Resident Council 2:00 Mexican Train 3:00 Resident Birthdays 6:00 Game Night 6:00 Bus Trip/Christmas Lights	<b>13</b> 8:30 Coffee with Allie. Bring your fur babies. 10:00 Happy Hearts Fitness 10:00 Writing Group 10:30 Battle Ball 11:00 Junk and Pizza 1:00 Black Jack 2:00 Mexican Train 3:00 Battle Ball 4:00 Funny Puppy Videos	<b>14</b> 8:30 Coffee with Allie. Bring your fur babies 10:00 Happy Hearts Fitness 10:00 Spa Day with Jo 10:30 Battle Ball 1:00 Bible Study 2:00 Mexican Train 3:00 Battle Ball 4:00 Funny Puppy Videos	<b>15</b> 8:30 Coffee with Allie. Bring your fur babies. 10:00 Happy Hearts Fitness 10:30 Battle Ball 1:00 Black Jack 1:30 Middle School 3:00 Happy Hour: Lee Howard 7:00 Scrabble	<b>16</b> 8:30 Coffee with Allie. Bring your fur babies. 10:00 Happy Hearts Fitness 10:30 Battle Ball 1:30 Black Jack 3:00 Mexican Train 4:00 Funny Puppy Videos 7:00 Movie and Popcorn
<b>17</b> 9:30 Animal Webcam 10:00 Happy Hearts Fitness 10:30 Battle Ball 10:45 Catholic Communion 1:25 Seahawks Game 1:15 Skagit Valley Chorale 1:30 Manicures 2:30 PO-KE-NO 4:00 Funny Videos		<b>18</b> 9:30 Animal Webcam 10:00 Happy Hearts Fitness 10:30 Battle Ball 11:00 Anacortes Senior Center 1:30 Chicken Foot 2:30 Black jack 4:00 Funny Videos 6:30 Flute Concert	<b>19</b> 8:30 Coffee with Allie. Bring your fur babies 10:00 Happy Hearts Fitness 10:30 Battle Ball <b>1:30 Chat with Jeff</b> <b>2:00 Finance 101 with Jeff</b> 3:00 Mexican Train 6:00 Game Night	<b>20</b> 8:30 Coffee with Allie. Bring your fur babies. 10:00 Happy Hearts Fitness 10:00 Writing Group 10:30 Battle Ball 1:00 Fred Myer 1:00 Black Jack 2:00 Mexican Train 3:00 Battle Ball 4:00 Funny Kittens Videos	<b>21</b> 8:30 Coffee with Allie. Bring your fur babies 10:00 Happy Hearts Fitness 10:30 Battle Ball 1:00 Bible Study <b>2:00 Chat with Nathen</b> 3:00 Choir Concert Christmas Party with Residents 4:00 Funny Puppy Videos	<b>22</b> 8:30 Coffee with Allie. Bring your fur babies. 10:00 Happy Hearts Fitness 10:30 Battle Ball 1:00 Black Jack 1:30 Middle School 3:00 Happy Hour: Esquires 7:00 Scrabble	<b>23</b> 8:30 Coffee with Allie. Bring your fur babies. 10:00 Happy Hearts Fitness 10:30 Battle Ball 1:30 Manicures 3:00 Mexican Train 4:00 Funny Puppy Videos 7:00 Movie and Popcorn
<b>24</b> 9:00 Church 9:30 Webcam 10:00 Fitness 10:30 Battle 10:45 Communion 12:00 Seahawks 1:30 Black Jack 2:30 PO-KE-NO 4:00 Videos	<b>31 NYE!</b> 9:00 Webcam 10:00 Fitness 10:30 Ball 1:30 Black Jack 3:00 POKENO 4:00 Videos	<b>25 Merry Christmas!</b> 9:30 Animal Webcam 10:00 Happy Hearts Fitness 10:30 Battle Ball 1:00 Christmas Trivia 3:00 Mexican Train 6:00 Discussion Night	<b>26</b> 8:30 Coffee with Allie. Bring your fur babies. 10:00 Happy Hearts Fitness 10:30 Battle Ball 2:00 Mexican Train 3:00 Welcome Tea 6:00 Game Night	<b>27</b> 8:30 Coffee with Allie. Bring your fur babies. 10:00 Happy Hearts Fitness 10:00 Writing Group 10:30 Battle Ball 1:00 Ice Cream Trip 1:00 Black Jack 2:00 Mexican Train 3:00 Battle Ball 4:00 Puppy Goats Videos	<b>28</b> 8:30 Coffee with Allie. Bring your fur babies 10:00 Happy Hearts Fitness 10:00 Spa Day with Jo 10:30 Battle Ball 1:00 Bible Study <b>2:00 Chat with Medical Team</b> 1:30 Mexican Train 3:00 Battle Ball 4:00 Funny Puppy Videos	<b>29</b> 8:30 Coffee with Allie. Bring your fur babies. 10:00 Happy Hearts Fitness 10:30 Battle Ball 1:00 Black Jack 1:30 Middle School 3:00 Happy Hour with our very own Troy 7:00 Scrabble	<b>30</b> 8:30 Coffee with Allie. Bring your fur babies. 10:00 Happy Hearts Fitness 10:30 Battle Ball 1:30 Black Jack 3:00 Mexican Train 4:00 Funny Puppy Videos 7:00 Movie and Popcorn