

1547 N. Hunters Way Bozeman, MT 59718



Leadership Team Phone: 406.522.5452 Email: info@bozeman-lodge.com Website: bozeman-lodge.com Facebook: BozemanLodge **Executive Director:** Sabrina Colton, RN **General Manager: Andrew Steighner Community Sales Assistant: Tammy Kath** Wellness Nurse: Janisse Ruis, RN Wellness Directors: Rowdy Lynn & Michele Harvey **Business Office Director:** Susan Lang Life Enrichment Director: **Tina Thompson Dining Services Director: Bader Labidi Maintenance Director:** Johnny King



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Our mission is to create and sustain comfortable, caring environments for those who depend on us.



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#### RESIDENT SATISFACTION SURVEY 2023



Our mission as a company is to create and sustain comfortable, caring environments for those who depend on us. As a part of living that mission, we need feedback from our residents and responsible parties on what we are doing well, as well as what we could do better. Each survey is read, analyzed, and met with a plan.

Goal

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Overall Design 3 to 4 questions and comment section about quality of care and services based on the National Quality Forum endorsed CoreQ Survey. Ratings are from Poor (1) to Excellent (5).

#### SURVEY RESULTS

The overall satisfaction score for Bozeman Lodge is Good.



## **Eat Wise**

The Benefits of Nutrition on Aging



Join us for an informative presentation about the importance of healthy nutrition by Dianne LeSage, Physical Therapist & Rehab Director.

BOZEMAN LODGE

EMPOWER**ME** 

## THURSDAY, DECEMBER 14, 2023 | 3:30 PM

You've probably heard how a healthy diet can impact your overall health, but do you know how it affects the way you age? Join Bozeman Lodge for an educational presentation on the significance of healthy eating as it relates to aging, featuring Dianne LeSage, Physical Therapist and Rehab Director. Don't miss this informative session where Dianne will share her insights on how a healthy lifestyle, including healthy eating, contributes to healthier aging.



## **Special Moments**





















## **December 2023 Highlights**

Observes: Sharps Injury Prevention, Human Rights, Safe Toys & Gifts, Human Rights, Food Service Safety Celebrates: Bingo, Fruit Cake, Learning Foreign Languages, Pears, Root Veggies & Exotic Fruits, and Spiritual Literacy

- 01: Shopping at Smith's\* 01: Resident Council Meeting 02: Coffee & Pastries at City Brew Coffee Shop\* 02: Make a Fleece No-Sew Tie Blanket\* 04: Holiday Brownie Decorating 05: Grief Support Group with Stillwater Hospice 06: Annual Tree Lighting Celebration w/ Live Music 22: Shopping at Smith's\* 07: Live Music with Strings 'n Things **08: Winter Clothing Drive for Love INC. 08: Shopping at the Gallatin Valley Mall\*** 09: Shopping at Walmart\* **11: Live Music by Bridger Mountain Harmony** 12: Christmas Left & Right Game with Prizes 13: Music by Edis 14: Health Talk with EmpowerMe Wellness 14: Decorate a Christmas Stocking 15: Shopping at Target\*
  - 17: Bozeman Symphony Holiday Spectacular\*
    18: Happy Hour with The Grinch
    19: Naughty or Nice Twister Toss Game w/ Prizes
    20: Holiday Singalong with Alice 8 Ray
    21: Resident Christmas Party
    22: Shopping at Smith's\*
    23: Coffee & Pastries at City Brew Coffee Shop\*
    23: Make Christmas "Coal" Fudge
    24: Christmas Day: Cookies & Cocoa in the Bistro
    26: In Remembrance Ceremony
    27: December Birthdays Party w/ Live Music
    28: Play Cards Day; Chocolate Day; Short Film Day
    29: Breakfast at I-Hop\*
    30: New Year's Trivia & Soda Floats



### Happy Birthday

Dave C.: Dec. 7 Jim S.: Dec. 8 Marilyn C.: Dec. 10 Ann J.: Dec. 11 Madelyn A.: Dec. 12 Betty H.: Dec. 16 Mollie N.: Dec. 20 Carol T.: Dec. 22 Darrell W.: Dec. 29

## "Christmas" A Poem by Resident Judy W.



It's Christmas time, oh can't you tell? There's magic all around. It's that special kind of feeling, Where joy and faith abound!

The lighted homes, the candles bright, The greens on post and door It fills us with a long to Return to days of yore!

> We celebrate the birthday Of Baby Jesus mild Oh, what a celebration For that tiny little child!

Yes there it is, we feel it so It stirs us deep inside. In our minds and in our hearts, This magic does abide.

No matter what the age we bear We get that Christmas feeling. It seems to swirl, envelopes us And really sets us reeling.

We called them "Christmas Goonies" The excitement of Christmas Eve And I still get those old "Christmas Goonies" Past age 50, I sure do believe!

And even though we moan and groan About our Christmas shopping, That something special in the air, It really keeps us hopping!

Bright mistletoe and holly, Santa and silvery bells. Cooking in a cozy kitchen, Oh, those fragrant, aromatic smells!

The music, it is wonderful, "White Christmas" to "Silent Night" Memories flash, we're lifted up, To a sparkling and glorious height.

Christmas is for children, but for all of us, too A wonderful gift once a year T'would be great to have it ever around Savoring always that grand Christmas cheer!

> So let's keep Christmas ever new, It's depth, its glow, its fun. And in the words of Tiny Tim "God Bless Us, everyone!"

## **DECEMBER 2023**

SUN	MON	TUE	WED	THU	FRI	SAT
<ul> <li>31 <u>New Years Eve</u></li> <li>9:30 Coffee Klatch &amp; Cinnamon Rolls</li> <li>10:00 Calvary Baptist Service</li> <li>1:00 Catholic Mass with Father Mike</li> <li>2:30 Ecumenical Service via Video</li> <li>3:00 &amp; 7:00 Movie: New Year's Eve</li> </ul>				All activities subject to change per mandated health guidelines. A * denotes signing up is required for that activity	<ol> <li>Shopping at Smith's*</li> <li>Shopping at Smith's*</li> <li>Shopping at Smith's*</li> <li>Catholic Mass Exercise</li> <li>Catholic Mass with Father Mike</li> <li>Classic Country Christmas Music Playlist</li> <li>Resident Council Meeting</li> <li>Friday Cocktail: Winter Moscato Punch</li> <li>Evening Movie</li> </ol>	<ul> <li>2</li> <li>9:15 Coffee &amp; Pastries at City Brew Coffee Shop*</li> <li>11:00 Table Topics</li> <li>2:00 Make a No-Sew Fleece Tie Blanket*</li> <li>3:00 Christmas Classic: Rudolph the Red Nosed Reindeer</li> <li>3:30 December Trivia &amp; Ice Cream Treats</li> <li>7:00 Evening Movie</li> </ul>
<ul> <li>3</li> <li>9:30 Coffee Klatch &amp; Cinnamon Rolls</li> <li>10:00 Calvary Baptist Service</li> <li>1:00 Catholic Mass with Father Mike</li> <li>2:30 Ecumenical Service via Video</li> <li>3:00 Coloring for Relaxation</li> <li>4:00 Rockette's Christmas Spectacular</li> <li>7:00 Evening Movie</li> </ul>	<ul> <li>4</li> <li>9:00 Holidays in New York</li> <li>10:45 Play</li> <li>1:30 Strength Training with Seranna</li> <li>2:00 Bingo</li> <li>3:00 Afternoon Movie</li> <li>3:30 Holiday Brownie Decorating</li> <li>7:00 Evening Movie</li> </ul>	<ul> <li>5</li> <li>9:30 Sugar Cookie Lattes</li> <li>10:45 Zumba Exercise with Brittainey</li> <li>1:00 Grief Support Group with Stillwater Hospice</li> <li>2:00 Movie Matinee: Elf</li> <li>2:30 Decorate a Christmas Ornament</li> <li>3:30 Christmas Traditions True or False Trivia &amp; Treats</li> <li>7:00 Evening Movie</li> </ul>	<ul> <li>6</li> <li>9:30 Exercise with Cheryl</li> <li>10:15 Sweet Treats</li> <li>10:30 Greeting Card Sales</li> <li>11:00 Name that Christmas Song Game</li> <li>1:00 Catholic Communion</li> <li>3:30 Annual Tree Lighting Celebration w/ Live Music</li> <li>4:15 Tree Lighting Ceremony</li> <li>7:00 Evening Movie</li> </ul>	<ul> <li>Hanukkah Begins         <ul> <li>9:30 Coffee Chat</li> <li>10:00 Stretch &amp; Relaxation</li> <li>11:00 Crossword Puzzles</li> <li>1:00 Knit/Crochet/ Needlework Group</li> </ul> </li> <li>2:00 Live Music with Strings         <ul> <li>'n Things</li> <li>3:30 Hanukkah True or False Trivia</li> <li>4:00 Light the Menorah</li> <li>7:00 Evening Movie</li> </ul> </li> </ul>	1:00 Catholic Mass with Father Mike	<ul> <li>9</li> <li>9:00 Donuts in the Bistro</li> <li>10:00 "Snowball' Toss</li> <li>11:00 Empire State Elevator Dice Game</li> <li>1:00 Shopping at Walmart*</li> <li>3:00 Christmas Classic: Santa Clause is Coming to Town</li> <li>4:00 Light the Menorah</li> <li>7:00 Evening Movie</li> </ul>
<ul> <li>10</li> <li>9:30 Coffee Klatch &amp; Cinnamon Rolls</li> <li>10:00 Calvary Baptist Service</li> <li>1:00 Catholic Mass with Father Mike</li> <li>2:30 Ecumenical Service</li> <li>3:00 Color by Number Art</li> <li>4:00 Light the Menorah</li> <li>4:15 Holiday Music Videos by Pentatonix Acapella Group</li> <li>7:00 Evening Movie</li> </ul>	<ul> <li>11</li> <li>9:00 Rick Steve's Christmas Markets</li> <li>10:45 Play Yahtzee</li> <li>1:30 Strength Training with Seranna</li> <li>2:00 Board Games</li> <li>3:30 Share Your Stories: Family Traditions</li> <li>4:00 Light the Menorah</li> <li>6:00 Live Music with Bridger Mountain Harmony</li> <li>7:00 Evening Movie</li> </ul>	<ul> <li>12</li> <li>9:30 Peppermint White Hot Chocolate</li> <li>10:00 Holiday Humor</li> <li>10:45 Zumba Exercise with Brittainey</li> <li>1:00 Afternoon Meditations</li> <li>2:00 Movie Matinee: White Christmas</li> <li>3:30 Christmas Left &amp; Right Game with Prizes</li> <li>4:00 Light the Menorah</li> <li>7:00 Evening Movie</li> </ul>	<ul> <li>13</li> <li>9:30 Exercise with Cheryl</li> <li>10:15 Sweet Treats</li> <li>11:00 Christmas Jeopardy</li> <li>1:00 Catholic Communion</li> <li>2:00 Music with Edis</li> <li>3:00 Afternoon Movie</li> <li>3:30 Hot Cocoa Bar</li> <li>4:00 Light the Menorah</li> <li>7:00 Evening Movie</li> </ul>	<ul> <li>14</li> <li>9:30 Coffee Chat</li> <li>10:00 Stretch &amp; Relaxation</li> <li>1:00 Knit/Crochet/ Needlework Group</li> <li>2:30 Decorate a Christmas Stocking</li> <li>3:30 Health Talk with EmpowerMe Wellness</li> <li>4:00 Light the Menorah</li> <li>7:00 Evening Movie</li> </ul>	<ul> <li>15</li> <li>10:00 Shopping at Target*</li> <li>10:45 Merry Fitmass Exercise</li> <li>1:00 Catholic Mass with Father Mike</li> <li>1:30 Christmas with the Crooners Music Playlist</li> <li>3:00 Afternoon Movie</li> <li>3:00 Sing Along with Grace</li> <li>4:00 Light the Menorah</li> <li>7:00 Evening Movie</li> </ul>	<ul> <li>2:00 Coloring for Relaxation</li> <li>3:00 Christmas Classic: Frosty the Snowman</li> <li>3:30 Peppermint Cheesecake Treats</li> </ul>
<ul> <li>17</li> <li>9:30 Coffee Klatch &amp; Cinnamon Rolls</li> <li>10:00 Calvary Baptist Service</li> <li>1:00 Catholic Mass with Father Mike</li> <li>1:45 Bozeman Symphony Holiday Spectacular*</li> <li>2:30 Ecumenical Service</li> <li>4:00 Christmas with the Mormon Tabernacle Choir</li> <li>7:00 Evening Movie</li> </ul>	<ul> <li>18</li> <li>9:00 Rick Steve's European Christmas</li> <li>10:45 Two Truths and a Lie Trivia Game</li> <li>1:30 Strength Training with Seranna</li> <li>2:00 Board Games</li> <li>3:30 Happy Hour with The Grinch</li> <li>7:00 Evening Movie</li> </ul>	<ul> <li>19</li> <li>9:30 Eggnog Lattes</li> <li>10:45 Zumba Exercise with Brittainey</li> <li>1:00 Afternoon Meditations</li> <li>2:00 Movie Matinee: How the Grinch Stole Christmas</li> <li>3:00 Afternoon Movie</li> <li>3:30 "Naughty or Nice?" Twister Toss Game w/ Prizes</li> <li>7:00 Evening Movie</li> </ul>	Christmas Carol Trivia	<ul> <li>21 First Day of Winter</li> <li>9:30 Coffee Chat</li> <li>10:00 Stretch &amp; Relaxation</li> <li>11:00 Holiday Match-Up Trivia</li> <li>1:00 Knit/Crochet/ Needlework Group</li> <li>3:00 Afternoon Movie</li> <li>4:00 Resident Christmas Party</li> <li>7:00 Evening Movie</li> </ul>	<ul> <li>10:00 Shopping at Smiths*</li> <li>10:45 Merry Fitmass Exercise</li> <li>1:00 Catholic Mass with Father Mike</li> <li>1:30 Christmas with Bing Crosby &amp; Friends Playlist</li> </ul>	<ul> <li>23</li> <li>9:15 Coffee &amp; Pastries at City Brew Coffee Shop*</li> <li>11:00 "I'm Grateful For" Conversation Starters</li> <li>2:00 Treat Making: Christmas Coal Fudge</li> <li>3:00 Christmas Classic: The Little Drummer Boy</li> <li>3:30 Enjoy Some Eggnog</li> <li>7:00 Evening Movie</li> </ul>
<ul> <li>24 Christmas Eve 9:30 Coffee Klatch &amp; Cinnamon Rolls</li> <li>10:00 Calvary Baptist Service</li> <li>1:00 Catholic Mass with Father Mike</li> <li>2:30 Ecumenical Service</li> <li>3:00 Coloring for Relaxation</li> <li>3:30 Twas the Night Before</li> <li>Christmas &amp; Shirley Temple Drinks</li> <li>3:00 &amp; 7:00 Movie: Miracle on 34th Street</li> </ul>	<ul> <li>25 <u>Merry Christmas!</u></li> <li>9:15 Christmas Cookies &amp; Cocoa in the Bistro</li> <li>2:00 Christmas Day Church Service via Video</li> <li>3:00 &amp; 7:00 Movie: It's A Wonderful Life</li> </ul>	<ul> <li>26</li> <li>9:30 Whipped Hot Chocolate</li> <li>10:45 Zumba Exercise with Brittainey</li> <li>2:00 In Remembrance Ceremony</li> <li>3:00 Movie Matinee: A Christmas Story</li> <li>3:30 Share Your Stories: New Years Resolutions</li> <li>7:00 Evening Movie</li> </ul>	<ul> <li>27</li> <li>9:30 Exercise with Cheryl</li> <li>10:15 Sweet Treats</li> <li>11:00 Crossword Puzzles</li> <li>1:00 Catholic Communion</li> <li>2:00 Cooking Club</li> <li>3:00 Afternoon Movie</li> <li>3:30 December Birthdays Party</li> <li>&amp; Music by Alice &amp; Ray</li> <li>7:00 Evening Movie</li> </ul>	9:30 Coffee Chat 10:00 Stretch & Relaxation 11:00 Which Happened Last? Trivia Game 1:00 Knit/Crochet/ Needlework Group	<ul> <li>29</li> <li>8:45 Breakfast at I-Hop*</li> <li>10:45 Merry Fitmass Exercise</li> <li>1:00 Catholic Mass with Father Mike</li> <li>2:00 Learn About the Times Square Ball Drop</li> <li>3:00 Afternoon Movie</li> <li>3:00 New Year's Happy Hour</li> <li>7:00 Evening Movie</li> </ul>	<ul> <li>30</li> <li>9:00 Donuts in the Bistro</li> <li>10:30 Balloon Volleyball</li> <li>1:00 Christmas Clean Up</li> <li>2:00 Bingo</li> <li>3:00 Christmas Classic: The Cricket &amp; the Hearth</li> <li>3:30 New Year's Trivia &amp; Soda Floats</li> <li>7:00 Evening Movie</li> <li>Dec. 31: See Top Left</li> </ul>