

# NEWS

# NATIONAL HOME CARE MONTH

Hello everyone! November is National Home Health Care Month. a month to celebrate and show appreciation for the clinicians, caregivers, office and administrative staff who go above and beyond to help keep people safe in their homes. Here at Transitions, we take pride in working with our patients and communities to make sure the resources are available to do iust that. We ourselves offer nonmedical services that can provide companionship, light housekeeping and ADL assistance for those that need such assistance to help take some burden off family and friends as we understand how busy and demanding life can be for us all. We



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## Like Us on Facebook

Transitions At Health is a nonprofit 501c3 Wisconsin Illinois Senior Housing Inc. agency. Tax deductible financial and item donations are always appreciated and can be placed by calling our administrator. Thank you for supporting our mission and community.

www.TransitionsHealth.org

Transitions At Home accepts Medicare, Medicaid, private pay and other insurances. Please call us for details.

### BRINGING QUALITY CARE TO YOU

HOME HEALTH CARE SERVING CENTRAL WISCONSIN

also take pride in our clinical care from physical, occupational therapy services to nursing needs such as medication management, wound care and disease process education. We work with our local ADRC, clinics and hospitals to set up and organize services that fall outside of our scope but could assist in allowing

our patients to remain in their homes for as long as possible. I'm proud of all the staff here at Transitions and want to say thank you for the dedication and care you provide each and every day. Happy National Home Health Care Month Team!

Jamie Mata
Director of Operations



### October was National Physical Therapy Month

We celebrated our PT Staff with some fun days throughout the Month.

#### **Staff Birthdays**

 Drew R.
 11/08

 Jamie M.
 12/01

 Samantha H.
 12/07

 Char D.
 12/14

 Adam K.
 12/16

#### **Staff Anniversaries**

Jared M., PT 11/2020 (3years)

#### **CMS REVIEWS**

All were excellent. Nurse
Julie was great and Lori
was an inspiration and
motivation for me. All were
patient, kind, gentle and
very caring. Lori got me
playing my uke again
- David R.

The staff was very caring and respectful - Rosemary E.

The staff i had was wonderful professional and helpful since i do live alone i enjoyed their help - Donna J. R.

All who helped me were very helpful and courteous - Marcia T.

Therapists have provided awesome exercises and strengthening tips for me to use on a daily basis at home. They've also recommended useful tools, such as the ridge leg lifter, that i've incorporated into my routine - Michael G.

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Danielle F.



Adam K.



Jared M.



Brenda S.



Gwen V.



Pam W.

# Benefits of Physical Therapy may include:

- Pain Management
- Avoiding Surgery
- Improved Mobility and Movement
- Recovery from Surgery
- Fall Prevention
- Improved Balance
- Management of Agerelated Medical Problems

#### **Fun Days Celebrated:**

- Oct 9th- Sports day-Root for your favorite team!
- Oct 13th- Wear Pink-Breast Cancer Awareness
- Oct 19th- Transitions Gear
- · Oct 19th Chili Cook Off
- Oct 24th- Tye Dye



TransitionsCentral.org



