# The Wellington News

Assisted Living • Respite Care Services

#### Activity Highlights

Horicon Marsh outing **Thursday November 2nd**1:30 pm load time

Hartford Christmas Parade Saturday November 11th 2 pm load time

Fall Patio Players A
Christmas Carol performance

Friday December 1st

**9:15 am** load time, back for lunch.

Working on plans for a trip through the Shalom Wildlife Zoo. Stayed tuned.

Questions? Contact Goo at <a href="mailto:ldgohman-kramer@carriagehealthcare.com">ldgohman-kramer@carriagehealthcare.com</a>

# Wellington Place at Hartford

615 Hilldale Drive, Hartford, WI 53027 262.673.3544

Monica Rakowski, Administrator

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As a non-profit 501c3 community, we thank you for supporting our mission of service to seniors through tax-deductible donations of cash or useful items.

Please call our office.



Wisconsin Illinois SENIOR HOUSING INC.

WellingtonPlaceHartford.org

WE ACCEPT CREDIT CARDS

#### **Facility News**

Alzheimer's Walk wrap up. Did vou know Wisconsin has the most Walks to End Alzheimer's in the county? Proud to participate in Washington County's Walk. Washington County had 65 teams and 500 participants this year. The goal set was to raise \$103,000. We are almost there. As of this writing the fundraising has brought in \$101,577. We can still make it because fundraising does not end until December 31st. This year at Wellington set a more modest goal than in the past but we are proud that we not only met our goal of \$1000 but exceeded it by \$325.42. Let's see if we can double it again next year and get some family members on the team.

It was a lovely day for our outing to Port Washington Marina Park, although a bit breezy right down on the water. We watched the fishermen on the pier and a boat that brought in a small catch. Don't know how hungry people were when we got home because we all got an ice cream cone for the ride home.

We've also been having fun partying with the Packers games, Bears vs. Packers, a Thursday night game and a Monday night game. Packers will also be playing on Thanksgiving.

We were invited to participate in preparations for the Hartford Pink Pumpkin Run or Walk for Brest Cancer Awareness. Our friend, Roberta, hooked us up with half a dozen pumpkins to paint pink and decorate. The decorated pumpkins festively line the path downtown and are then given to the survivors of breast cancer. Let's hope this great cause can be an annual activity.



#### We would appreciate it if you would share Google Reviews: Add a rating or review:

- On your computer, open Google Maps and make sure you're signed in.
- 2. Search for Wellington Place at Hartford
- 3. On the **left**, scroll down and click Write a review.
- In the window that appears, click the stars to score the place. You can also write a review.

#### **Job Postings**

We are hiring on all shifts for full and part time positions. If you are interested in working somewhere with competitive pay, great benefits, and a homelike atmosphere this is the place you belong. No experience is necessary as we are willing to train the right candidates. Feel free to come in and grab an application. We're excited for you to start this journey with us!

Apply online at our website.

# Happy Birthday Best wishes to our residents and staff celebrating birthdays this month. Residents Evelyn B. November 5th Staff

Angie

November 19th

#### **Spread More Kindness**

Kindness comes to life when we give of ourselves and our time to be of help to others, without expecting anything in return. When you show kindness to somebody you bring out the best in yourself, and you feel happier in the moment yourself.

#### Here are some ideas and ways to be kind to others:

- Smile when you see someone — go the extra mile with a friendly greeting or wave
- Write positive messages on post-it notes and leave them for people to find
- Provide help or offer assistance to another without being asked
- Hold the door open for someone
- Give a compliment, hug, or small unexpected gift

- Tell a nurse, loved one, teacher, mentor or friend how much you appreciate them
- Give a surprise gift to someone you care about
- Paint rocks with uplifting messages and pictures and place them in the local community for others to find
- Volunteer to help others with small tasks or errands
- Refrain from criticizing others



#### PUZZLE & GAME WEEK

Many of us have set traditions for Thanksgiving. Puzzle and Game Week is the perfect opportunity to start a new one, get the family together and lessen screen time. Let each generation of the family choose a different game each day of the week. Play individually or on teams by pairing different generations together. Game time is sure to be full of memories.

## CLASSIC GAMES:

Uno
Connect
Four
Battleship
Monopoly
Scrabble
Yahtzee!

# RECENTLY POPULAR:

Exploding
Kittens
Blank Slate
Apples to
Apples
Unstable
Unicorns
Bananagrams





#### **Activity Photo Highlights**



Outing to Port Washington Marina



Outing to the Marina







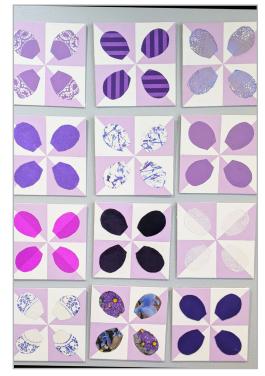


Packers vs. Bears

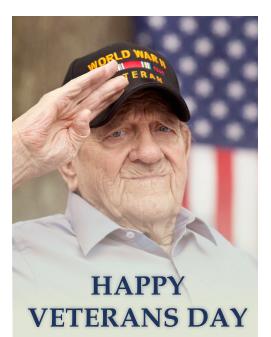


Alice painting her pumpkin





Keith concentrating on his pumpkin



#### **NOVEMBER 11**

# Honoring All Who Have Served

In May 1938, November 11, originally known as Armistice Day became a legal holiday to honor veterans of World War I, but in 1954, after World War II had required the greatest mobilization of defense personnel in the Nation's history, and after American forces had fought aggression in Korea, the 83rd Congress amended the Act of 1938 by replacing the word "Armistice" with "Veterans." At that time, November 11 became a day to honor American veterans of all wars for their patriotism, love of country, and willingness to sacrifice for the common good.



Wisconsin Center for Assisted Living

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Find and circle the 20 words below. The words are hidden diagonally, across, and up and down. All words are forward-reading. Good luck!

G Z G L В Е S S G F S Τ S Н 0 K D R S N S В X W C Е J K K 0 G Е 0  $\bigcirc$ V W K Н D 0 В D Ε G 0 Ν A M MQ N 0

APPLE
AUTUMN
CORNUCOPIA
FAMILY
FOOTBALL

GATHERING GRATEFUL HARVEST LEAVES MAIZE PECAN PIE PLAID PUMPKIN SQUASH

THANKS
THANKSGIVING
TOGETHER
TRADITION
TURKEY

## -onoring home care month

# THANK YOU TO ALL HOME CARE WORKERS

We salute Transitions At Home therapists, nurses & home health aides for their expertise in providing medical care & rehab to our residents and others.

TransitionsSouth.org



