

# The Fair Oaks News

NOVEMBER  
2023

Where your family becomes part of our family.



## Happy Birthday!

Best wishes to our residents and staff celebrating birthdays this month.

### Employees

Deborah R.	Nov 1
Erin S	Nov 5
Demareo J	Nov 14
Maricel S	Nov 17
Jazz T	Nov 22
Trish C	Nov 23
Charetha R	Nov 23
Nancy S	Nov 23
Tiffany S	Nov 30

## Spread More Kindness

Kindness comes to life when we give of ourselves and our time to be of help to others, without expecting anything in return. When you show kindness to somebody you bring out the best in yourself, and you feel happier in the moment yourself.

### Here are some ideas and ways to be kind to others:

- Smile when you see someone — go the extra mile with a friendly greeting or wave
- Write positive messages on post-it notes and leave them for people to find
- Provide help or offer assistance to another without being asked
- Hold the door open for someone
- Give a compliment, hug, or small unexpected gift
- Tell a nurse, loved one, teacher, mentor or friend how much you appreciate them
- Paint rocks with uplifting messages and pictures and place them in the local community for others to find
- Volunteer to help others with small tasks or errands
- Refrain from criticizing others



### Health Care Center

471 W. Terra Cotta Avenue  
Crystal Lake, IL 60014  
815.455.0550

Norreen Zaio, Administrator  
Lori Tapanien, Business Office Mgr.  
Terry Dyson, Activities

 **Like Us On Facebook**

As a non-profit 501c3 community, we thank you for supporting our mission of service to seniors through tax-deductible donations of cash or useful items.

Please call our office.



**Wisconsin Illinois**  
SENIOR HOUSING INC.

[FairOaksHealthCare.org](http://FairOaksHealthCare.org)

WE ACCEPT CREDIT CARDS

## JOB POSTING

**RN/LPN Full-time and  
Part-time PRN Pool**

**RN/LPN 6am to Noon shift  
and 3pm to 9pm shift**

**CNA Full-time and  
Part-time PRN Pool**

**CNA 6am to noon shift  
and 3pm to 9pm shift.**

**Apply online at our website**

## WISH List - For Activities:

- CD Players
- Cricut Machine
- Ice Cream Machine
- Board Games
- Bingo Prizes
- Mini Fridge
- Mini Exercise weights
- Art Canva's & Thick Paint Brushes
- Headsets

## Activities/Events

11/3 at 10:30

Music Therapy w/Mary

11/8 10:00 Zooperheroes  
w/Randall Oaks

11/9 10:00 Library Talk  
w/Marcia

11/14 10:30  
Resident Council

11/15 10:30 Catholic Mass

11/16 10:00 Activities  
w/Angela (Assistant  
Director of Nursing)

11/17 10:30  
Live Entertainment

11/21 2:00 Activities  
w/Shavon (CNA LEAD)



## HAPPY VETERANS DAY

---

### NOVEMBER 11

---

### *Honoring All Who Have Served*

*In May 1938, November 11, originally known as Armistice Day became a legal holiday to honor veterans of World War I, but in 1954, after World War II had required the greatest mobilization of defense personnel in the Nation's history, and after American forces had fought aggression in Korea, the 83rd Congress amended the Act of 1938 by replacing the word "Armistice" with "Veterans." At that time, November 11 became a day to honor American veterans of all wars for their patriotism, love of country, and willingness to sacrifice for the common good.*

Newsletter Production by PorterOneDesign.com



## THANKSGIVING WORD SEARCH

Find and circle the 20 words below. The words are hidden diagonally, across, and up and down. All words are forward-reading. Good luck!

G	Z	I	D	I	T	G	Z	W	M	G	L	E	A	V	E	S	D	M	Z
R	A	V	R	Q	F	A	U	Q	L	L	D	C	P	E	C	A	N	Q	L
A	C	A	R	R	Y	T	O	B	G	E	S	Q	U	A	S	H	U	W	S
T	Y	Q	V	J	S	H	M	M	F	A	M	I	L	Y	I	F	H	R	S
E	G	D	Z	P	H	E	I	A	P	U	M	P	K	I	N	G	R	S	P
F	B	L	R	T	D	R	Q	T	S	T	M	Y	E	Q	N	B	K	W	L
U	K	D	W	R	B	I	D	O	H	U	J	W	R	I	L	N	L	T	A
L	J	L	B	S	H	N	K	G	I	M	S	L	V	D	A	L	R	N	I
H	S	K	E	G	Y	G	E	M	P	N	F	I	R	H	A	E	U	M	D
C	O	R	N	U	C	O	P	I	A	S	G	X	T	B	S	O	A	D	L
O	X	Q	B	X	T	A	M	J	X	S	Y	B	T	D	K	W	P	G	W
O	J	C	E	W	R	J	M	T	K	K	A	O	H	S	F	X	E	J	Q
N	V	H	U	T	A	E	H	N	G	T	O	L	G	E	K	I	C	P	E
Q	E	T	V	Z	D	H	A	B	J	F	M	Q	I	V	Y	Y	E	L	O
V	P	U	Q	G	I	H	R	P	L	Q	A	P	M	Q	D	H	P	U	V
Y	Z	R	P	X	T	Y	V	H	C	W	I	J	U	E	F	P	A	O	W
E	M	K	H	D	I	F	E	P	L	J	Z	Z	P	K	A	J	N	Y	O
J	Q	E	M	N	O	X	S	T	B	U	E	Z	Q	A	H	Z	A	T	D
G	I	Y	A	H	N	R	T	J	T	O	G	E	T	H	E	R	V	U	N
G	M	F	E	D	T	A	M	M	Q	F	N	O	N	F	N	F	O	J	E

APPLE  
AUTUMN  
CORNUCOPIA  
FAMILY  
FOOTBALL

GATHERING  
GRATEFUL  
HARVEST  
LEAVES  
MAIZE

PECAN  
PIE  
PLAID  
PUMPKIN  
SQUASH

THANKS  
THANKSGIVING  
TOGETHER  
TRADITION  
TURKEY

## Honoring home care month

### THANK YOU TO ALL HOME CARE WORKERS

We salute rehab therapists, nurses, home health aides and non-medical caregivers for helping our discharged residents continue their healing journey in the comfort of home.

