

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

November 2023

Keystone Place at Buzzards Bay

<p>9:30 Morning Social S 10:00 Chair Exercises S 10:45 Mormon Tabernacle T 1:00 Virtual Methodist Serv. T 1:15 Old News & Happy News S</p>	<p>9:00 Morning Social S 9:30 Sign me up Susan S 10:00 Chair Exercises S 10:45 Bingo! S 1:00 Wii Bowling T 1:00 Manicures S 2:30 Keystone Drama Club P 3:00 Rummikub S 7:00 Movie T</p>	<p>9:00 Morning Social S 9:15 Communion P 10:00 Seated Swingers S 10:30 Music with Julie C. P 1:00 Hand & Foot Card Game C 1:00 Keystone Card Making Club S 2:00 Documentary T 3:00 Happy Hour! P</p>	<p>9:00 Catholic Mass P 9:00 Morning Social S 10:00 Chair Exercises S 10:30 Bible Study P 10:45 Words in a Word S 1:00 Wii Bowling T 1:00 Yahtzee Dice Game S 2:00 One Day University T 3:00 Keystone Drama Club P 3:00 Scrabble S</p>	<p>9:00 Morning Social S 10:00 Chair Exercises S 10:45 Cookie Bake S 11:00 Outing: Sandwich Glass Museum & Lunch at Danl Webster Inn LB 1:00 Fact or Fiction S 2:15 Yoga Stretch S 3:00 Prize Pokeno P</p>	<p>9:00 Morning Social S 10:00 Hand Exercises for Arthritis S 10:45 Jeopardy S 1:00 Wii Bowling T 1:00 Rosary S 1:00 Shopping: Stop & Shop LB 1:30 Family Feud! S 3:00 November Birthday Happy Hour with Rick W! P 7:00 Movie T</p>	<p>9:30 Morning Social S 10:00 Chair Exercises S 10:45 Words in a Word S 1:00 Dime Bingo P 2:30 Movie T</p>
<p>9:30 Morning Social S 10:30 Creative Coloring S 10:45 Mormon Tabernacle T 1:00 Virtual Methodist Serv. T 1:30 Yoga with Linda S 2:30 Music w/ Manny & S <small>Diwali (Hindi)</small></p>	<p>9:00 Morning Social S 9:30 Sign me up Susan S 10:00 Chair Exercises S 10:45 Bingo! S 1:00 Wii Bowling T 1:00 Afternoon Trivia S 2:00 Sing Along! S 3:00 Manicures S 3:00 Rummikub P 7:00 Movie: "Gai" T</p>	<p>9:00 Morning Social S 9:15 Communion P 10:00 Chair Exercises S 10:30 Piano with Ken B. P 1:00 Hand & Foot Card Game C 1:00 Hand Massages S 2:00 Documentary T 3:00 Happy Hour! P</p>	<p>9:00 Morning Social S 10:00 Chair Exercises S 10:30 Music with Tony Rocks! P 10:45 Words in a Word S 1:00 Wii Bowling T 1:00 Yahtzee Dice Game S 2:00 Resident Meeting P 3:00 Keystone Drama Club P 3:00 Scrabble S</p>	<p>9:00 Morning Social S 9:30 Shopping: Macys LB 10:00 Drumming Exercises S 10:45 Travelogue: New Mexico! S 1:00 Food Committee Mtg P 1:00 Chair Massages! M 1:00 Part 1: Holiday Door Craft S 1:30 Foliage Scenic Ride LB</p>	<p>9:00 Morning Social S 10:00 Hand Exercises for Arthritis S 10:45 Jeopardy S 1:00 Wii Bowling T 1:00 Rosary S 1:30 Musical Bingo S 1:00 Shopping: Stop & Shop LB 3:00 Happy Hour with Marc</p>	<p>9:30 Morning Social S 10:00 Chair Exercises S 10:45 Words in a Word S 1:00 Dime Bingo P 2:30 Movie T</p> <p style="text-align: right;"><small>Veterans Day Remembrance Day (Canada)</small></p>
<p>9:30 Morning Social S 10:00 Chair Exercises S 10:45 Mormon Tabernacle T 1:00 Virtual Methodist Serv. T 1:15 Part 2: Holiday Door Craft S</p>	<p>9:00 Morning Social S 9:30 Sign me up Susan S 10:00 Chair Exercises S 10:45 Bingo! S 1:00 Wii Bowling T 1:00 Manicures S 2:30 Keystone Drama Club P 3:00 Rummikub P 7:00 Movie: "Million Dollar Baby" T</p>	<p>9:00 Morning Social S 9:15 Communion P 10:00 Chair Exercises S 10:30 The Harper & The Minstrel 1:00 Hand & Foot Card Game 1:00 Gelli Plate Quilt S 1:30 Keystone Book Club P 2:30 Happy Hour! P 3:30 Speaker: Nancy Franks</p>	<p>9:00 Morning Social S 10:00 Chair Exercises S 10:45 Words in a Word S 1:00 Wii Bowling T 1:00 Friendship Walks! P 2:00 One Day University T 2:00 Keystone Drama Club S 3:00 Music with Dave V! P</p>	<p>Happy Thanksgiving! Games & Coloring in the Shore Room all day 7:00 Movie: "Miracle of 34th Street" T Football in the Pub 12:30 Packers vs Lions 4:30 Commanders vs Cowboys 8:20 49ers vs Seahawks <small>Thanksgiving Day (US)</small></p>	<p>9:00 Morning Social S 10:00 Hand Exercises for Arthritis S 10:45 Voice & Vinyl S 1:00 Wii Bowling T 1:00 Rosary S 1:30 Deck the Halls! 1:30 Scenic Ride LB 3:00 Happy Hour! P 7:00 Movie T</p>	<p>9:30 Morning Social S 10:00 Chair Exercises S 10:45 Words in a Word S 1:00 Dime Bingo P 2:30 Movie T</p>
<p>9:30 Morning Social S 10:00 Chair Exercises S 10:45 Mormon Tabernacle T 1:00 Virtual Methodist Serv. T 1:15 \$3 Bingo! S 2:30 Movie T</p>	<p>9:00 Morning Social S 9:30 Sign me up Susan S 10:00 Chair Exercises S 10:45 Bingo! S 1:00 Wii Bowling T 1:00 Deck the Halls! 2:00 Manicures S 3:30 Piano with Michael L. P 7:00 Movie: "Chicago" T</p>	<p>9:00 Morning Social S 9:15 Communion P 10:00 Seated Swingers S 10:45 Star of the Month: Vivian Leigh S 1:00 Hand & Foot Card Game 1:00 Deck the Halls! 3:00 Happy Hour with Harry</p>	<p>9:00 Morning Social S 10:00 Chair Exercises S 10:30 Music with Bill B. P 1:00 Wii Bowling T 1:00 Alternative Art S 2:00 One Day University T 2:00 Keystone Drama Club P 3:00 Scrabble S</p>	<p>9:00 Morning Social S 10:00 Drumming Exercises S 10:45 Words in a Word S 11:00 Scenic Ride & Lunch at Riccardis LB 1:15 Prize Pokeno S 3:00 Happy Hour! P</p>	<p>Activities that are highlighted are ones you have to sign up for during <i>Sign Me Up Susan</i> on Monday mornings at 9:30am outside of the Shore Room</p>	

All activities are subject to change S- Shore Room T- Theater P- Pub G- Gym CD- Canal Dining Room HD- Highland Dining Room LB- Lobby L- Library C-Canal Room Gm- Game Room M- Meditation Room