

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

NOVEMBER 2023

Bay Calendar



<p>10:00 Shake Your Egg Shaker(M) 5 10:30 American Trivia (C) 11:00 Take It Away Elaine (M) 1:00 Bay Ladder Ball (E) 1:00 Creative Shading (A) 2:00 Seaching For Words (C) 3:00 Buzzwords (C) 4:00 Name That Face (R) 6:30 Lunch Categories (C) 7:00 Sunday Night Movie (MS)</p>	<p>9:30 Armchair Turkey Trot (E) 6 10:00 Seated Boxing (E) 10:30 Roll A Turkey (C) 1:00 Noodle Hockey (E) 2:00 Fall Leaf Painting (A) 3:00 4:00 Helping Hands (EDLS) 6:30 List It (R) 7:00 Monday Night Musical (M)</p>	<p>9:30 Holy Communion (SP) 7 10:00 Balance & Brain Booster (E) 10:30 Juile Charland Performs(M) 1:00 Tapping With Randi (E)(M) 2:00 Kazoo Club (M) 3:00 Gobble Trivia (C) 4:00 Helping Hands (EDLS) 6:30 Corn-ogories (C) 7:00 Fact Or Crap (C)</p>	<p>9:30 Seated Zumba (E) 1 10:30 Random Knowledge (C) 11:00 American Trivia (C) 1:00 Pictionary (C) 2:00 Hymn Singing With Deb (M) 3:00 Bay Candy Bar Bingo (C) 4:00 Helping Hands (EDLS) 6:30 Urban Legend (C) 7:00 Mens Movie Night (MS)</p>	<p>Let's Eat Cake Day 2 9:00 Indoor Walkers Club (E)(SO) 10:00 Let's Bake A Cake (MS) 11:00 Random Trivia (C) 1:00 Pastor Dave & Lynn Hour (S) 2:00 Let's Eat Cake Bingo (C) 3:00 The Gratitude Game (R) 4:00 Helping Hands (EDLS) 6:30 Music Trivia (C) 7:00 Ladies Movie Night (MS)</p>	<p>9:30 Monthly Gazellte (C) 3 10:00 Fall Scenic Ride (MS) 10:00 Do You Hear What I Hear(R) 11:00 1950's Sing Along (M) 1:00 Tug A War Challenge (HE) 2:00 I'm Grateful For (R) 3:00 Rick Walsh In The Pub(M) 4:00 Helping Hands (EDLS) 6:30 Mixed Up (C) 7:00 Travelouge Night (MS)</p>	<p>10:00 Seated Zumba (E) 4 10:30 Thankfulness Mining(C) 11:00 November IQ(C) 1:00 Thanks Categories (C) 2:00 Thanksgiving Bingo (C) 3:00 Balloon Table Tennis (E) 4:00 Word Teaser (C) 6:30 Mixed Up Chinese Food (C) 7:00 Thankful For Movies (MS)</p>
<p>9:30 Sunday Worship Service(S)12 10:00 The Parachute (E) 10:30 Star Of The Month (R) 11:00 Take It Away Elaine (M) 1:00 Po- Ken-O (C) 2:30 Music With Manny & Linda(M) 3:30 The Football Toss (E) 4:00 Name it in 5 Sec (C) 6:30 Bread Categories (C) 7:00 Sunday Night Movie (MS)</p>	<p>9:30 Morning Stretch (E) 13 10:00 Seated Boxing (E) 10:30 Scrafs Creative Movement(M) 1:00 Art By The Bay (A) 1:00 Creative Shading Club (A) 3:00 Turkey Trot Challenge (E) 4:00 Helping Hands (EDLS) 6:30 Mail Categories (C) 7:00 Monday Night Musical (M)</p>	<p>Family Bingo Night 14 9:30 Holy Communion (SP) 10:00 Balance & Brain Booster (E) 10:30 Ken Badger Performs (M) 1:00 The Wood Shop (HE) 2:00 Bay Prize Bingo (C) 3:00 The Turkey Toss (HE) 4:00 Helping Hands (EDLS) 6:00 Thankful For Bingo Family Bingo Night</p>	<p>9:30 Seated Zumba (E) 15 10:30 Tony Rocks Performs (M) 1:00 Tapping With Randi (E)(M) 2:00 Hymn Singing With Deb (M) 2:00 Mens Club (SO) 3:00 The Triangle Club (M)(HE) 4:00 Helping Hands (EDLS) 6:30 Pub Trivia (C) 7:00 Thankful For Movies (MS)</p>	<p>9:00 Indoor Walkers Club (E) 9 10:00 Range Of Motion Exercise(E) 10:30 Recalling Roy Roger Songs(M) 11:00 Turkey Ticklers (H) 1:30 Vetrans Day Ceramony 2:30 Bay Bingo (C) 3:00 What Am I (R) 4:00 Helping Hands (EDLS) 6:30 November IQ (C) 7:00 Dutch Categories (C)</p>	<p>9:30 Men's Walking Club (E) 10 10:00 Fall Scenic Ride (MS) 10:00 Where In The World (A/C) 11:00 Riddle Me This (A/C) 1:30 James Micheal Performs (M) 2:30 State Cpt Bingo (C) 3:00 Turkey Trot Challenge (E) 4:00 Helping Hands (EDLS) 6:30 Hoot Knows (C) 7:00 Travelouge Night (MS)</p>	<p>Veterans Day 11 9:30 Turkey Trot Walking Challenge (E) 10:00 Patrotic Sing Along With Deb 11:00 A Vetrans Day Discussion (R) 1:00 Poppy Field Collage (HE) 2:00 Ladder Ball (E) 3:00 WTW Vetrans Day (C) 4:00 Metal Categories (C) 6:30 Vetrans Day Trivia (C) 7:00 Patrotic Popcorn Club (MS)</p>
<p>10:00 Shake Your Egg Shaker (E) 19 10:30 Cape Cod Trivia (C) 11:00 Take It Away Elaine (M) 1:00 Giant Dart Game (E) 2:00 Thanksgiving Fued (C) 3:00 Cozy-Gories (C) 4:00 Would You Rather (R) 6:30 Guess My Word Thanksgiving 7:00 Sunday Night Movie (MS)</p>	<p>9:00 Arnchair Turkey Trot (E) 20 10:00 Seated Boxing (E) 10:30 Trivia With Aubrey 1:00 Table Top Soccer (E) 2:00 Game Board Bingo (C) 3:00 Turkey Trot Challenge (E) 4:00 Helping Hands (EDLS) 6:30 Spurt The Game (C) 7:00 Monday Night Musical (M)</p>	<p>Lets Talk Turkey Tuesday 21 9:30 Armchair Turkey Trot (E) 10:30 The Harper & Minstrel (M) 1:00 Annual Turkey Trot Games *Shake Your Tail Feathers * The Turkey Shoot* Turkey Baster Blast Relay* Wishbone Toss 4:00 Bay Night Out On The Town 6:30 Fact Or Fiction (C) 7:00 War Trivia (C)</p>	<p>9:30 Seated Zumba (E) 22 10:00 Thats Baloney With Mo(C) 11:00 Thanksgiving Trivia (C) 1:00 The Triangle Club (M)(HE) 2:00 Hymn Singing With Deb (M) 2:00 Spa By The Bay~Manicures 3:00 Dave Valerio Performs (M) 4:00 Helping Hands (EDLS) 6:30 State Cpt Missing Vovael(C) 7:00 History Of The Macy's Day Parade (MS)</p>	<p>Happy Thanksgiving 23 10:00 The Macy's Day Parade (MS) 10:30 Thanksgiving Humor (H) 11:00 Football Player Who Am I (C) 11:30 Thanksgiving Dinner 1:00 Thanksgiving Bingo (C) 2:00 Turkey Day Trivia (C) 3:00 Mixed Up Thanksgiving (C) 4:00 Thanksgiving Taboo (C) 6:30 Christmas Movie Kick Off (MS)</p>	<p>American Teddy Bear Day 17 10:00 Fall Scenic Ride & Cider 10:00 Charleston Churches (A/C) 11:00 Name That Instument (R) 1:00 Celebrating The American Teddy Bear Tea Party 3:00 Teddy Bear Trivia (C) 4:00 Helping Hands (EDLS) 6:30 Evening Bingo (C) 7:30 Travelouge Night (MS)</p>	<p>10:00 Seated Zumba (E) 18 11:00 Thanksgiving Guess The Word 1:00 Bay Prize Bingo (C) 2:00 Balloon Table Tennis (E) 3:00 Mixed Up Monoply (C) 4:00 Fact Or Crap Game (C) 6:30 Word Teasers (C) 7:00 Thankful For Movies (MS)</p>
<p>9:30 Sunday Worship Service(S)26 10:00 Seated Exercise (E) 10:30 Finish The Bible Phrase (C) 11:00 Take It Away Elaine (M) 1:00 Table Top Soccer (HE) 2:00 Mode Poge Tree Orniments(A) 3:00 November Trivia (C) 4:00 Finish The Saying (SP) 6:30 Quess it In 10 (C) 7:00 Sunday Night Movie (MS)</p>	<p>9:30 Christmas Tree Trimming 27 Join Us As We Decorate 10:00 Christmas Sing Along 1:00 Art By The Bay (A) 1:00 Creative Shading (A) 3:30 Michael Leidig Performs(M) 4:00 Helping Hands (EDLS) 6:30 Mixed Up Banking (C) 7:00 Monday Night Musical (M)</p>	<p>9:30 Holy Communion (SP) 28 10:00 Balance & Brain Boosters(E) 10:30 Christmas Orniment Making 1:00 Christmas Tree Trimming Social (SO) 3:00 Turkey Trot Challenge (E) 4:00 Helping Hands (EDLS) 6:30 Finishing Lines (SP) 7:00 Fact or Crap(C)</p>	<p>9:30 Seated Zumba (E) 29 10:30 Bill Burke Performs (M) 1:00 Tapping With Randi (E)(M) 2:00 Hymn Singing With Deb (M) 3:00 The Triangle Club (M) 3:30 The Shirley Tempo's (M) 4:00 Helping Hands (EDLS) 6:30 Buzzwords (C) 7:00 Thankful For Movies (MS)</p>	<p>9:00 Indoor Walkers Club (E) 30 10:00 Range Of Motion Exercise(E) 10:30 Progessive Relaxation (ST) 11:00 The Shirley Tempo's (M) 1:00 Pastor Dave & Lynn Hour (S) 2:00 Bay Bingo With Sandy (C) 3:00 Turkey Trot Challenge (E) 4:00 Helping Hands (EDLS) 6:30 Land Categories (C) 7:00 Jepody Trivia (C)</p>		

Helping Hands Tasking Daily at 11:45 & 4:45 Holistic Harbor Aberrations : Art (A) Exercise(E) Music (M) Cognitive (C) Multi-Sensory (MS) Everyday Life Skills (EDL) Purpose(P) Reminiscing (R) Stress Management (ST) Dexterity (D) Speech(SP) Social (SO) Spiritual (S) Discussion Recall (DR) Humor (H) Mind Diet (MD) Montessori (MO) Hand & Eye Coordination(HE) Life Long Learning(LL) Recall (R) ** PLEASE NOTE CALENDAR IS SUBJECT TO CHANGE* Holy Communion Tuesdays At 9:30