















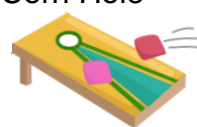






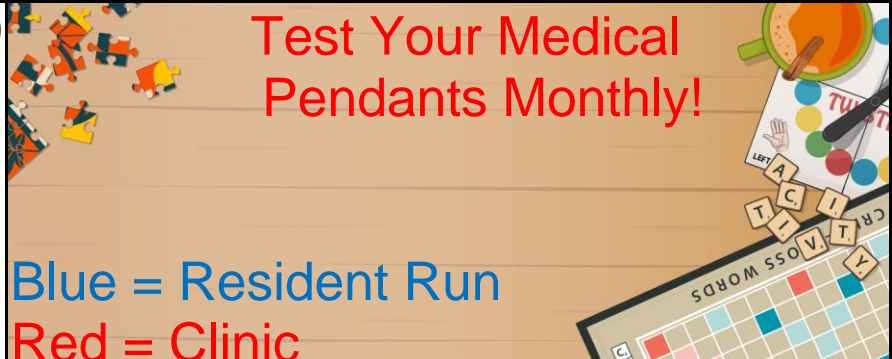


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div><h1>NOVEMBER 2023</h1></div>			8-11 Transportation <b>1</b> 8:30 Walking with Gabby 9:00 Exercise-Regular 10:00 Gab with Gabby 2:00 <b>Walker Clinic</b> 2:30 <b>Happy Hour with Thyme Matters</b>	8-11 Transportation <b>2</b> 8:30 Walking with Gabby 9:00 Exercise -Balance 10:00 Wii Bowling 11:00 Book Worm Connect 2:00 Bingo 	8:30 Walking with Gabby <b>3</b> 9:00 Exercise-Regular 9:30 Yahtzee 11:00 <b>Out to Lunch In &amp; Out</b> 1:30 <b>Rummikub</b>  <b>MIKE KENNEY</b>	9:00 Exercise <b>4</b> 1:45 Movie of the Week <i>True Grit</i> With John Wayne 
9:00 Exercise – Regular <b>5</b> 2:00 <b>Rummikub</b> 3:00 <b>Non-denominational Chapel Service</b>  	8:30 Walking with Gabby <b>6</b> 9:00 Exercise-Regular  	8-11 Transportation <b>7</b> 8:30 Walking with Gabby 9:00 Exercise – Balance 10:00 Card Sharks 2:00 Bingo 3:30 Corn Hole 	8-11 Transportation <b>8</b> 8:30 Walking with Gabby 9:00 Exercise-Regular 10:00 Gab with Gabby 2:30 <b>Happy Hour with Goody Goody Band</b>	8-11 Transportation <b>9</b> 8:30 Walking with Gabby 9:00 Exercise -Balance 10:00 Wii Bowling 10:45 <b>Northstate Symphony</b> 2:00 Bingo 	8:30 Walking with Gabby <b>10</b> 9:00 Exercise-Regular 9:30 Yahtzee 11:00 <b>Out to Lunch Applebees</b> 1:30 <b>Rummikub</b> <b>VETERAN'S DAY</b> 	9:00 Exercise <b>11</b> 1:45 Movie of the Week <i>Sands of IwaJima</i> With John Wayne  Veterans Day Remembrance Day (Canada)
9:00 Exercise – Regular <b>12</b> 2:00 <b>Rummikub</b> 3:00 <b>Non-denominational Chapel Service</b>  Diwali (Hindi)	8:30 Walking with Gabby <b>13</b> 9:00 Exercise-Regular  	8-11 Transportation <b>14</b> 8:30 Walking with Gabby 9:00 Exercise – Balance 10:00 Card Sharks 2:00 Bingo 3:30 Trivia 	8-11 Transportation <b>15</b> 8:30 Walking with Gabby 9:00 Exercise-Regular 10:00 Gab with Gabby 1:30 <b>Win River Casino</b>  	8-11 Transportation <b>16</b> 8:30 Walking with Gabby 9:00 Exercise -Balance 10:00 Wii Bowling 2:00 Bingo 	8:30 Walking with Gabby <b>17</b> 9:00 Exercise-Regular 9:30 Yahtzee 1:30 <b>Rummikub</b> 	9:00 Exercise <b>18</b> 1:45 Movie of the Week <i>The Searchers</i> With John Wayne 
9:00 Exercise – Regular <b>19</b> 2:00 <b>Rummikub</b> 3:00 <b>Non-denominational Chapel Service</b>  	8:30 Walking with Gabby <b>20</b> 9:00 Exercise-Regular  	8-11 Transportation <b>21</b> 8:30 Walking with Gabby 9:00 Exercise – Balance 10:00 Card Sharks 2:00 Bingo 3:30 Corn Hole 	8-11 Transportation <b>22</b> 8:30 Walking with Gabby 9:00 Exercise 10:00 Gab with Gabby 2:30 <b>Happy Hour with George Ireton on Acoustic guitar</b>	8-11 Transportation <b>23</b>  Thanksgiving Day (US)	8:30 Walking with Gabby <b>24</b> 9:00 Exercise-Regular 9:30 Yahtzee 1:30 <b>Rummikub</b> 	9:00 Exercise <b>25</b> 1:45 Movie of the Week <i>The Shootist</i> With John Wayne 
9:00 Exercise – Regular <b>26</b> 2:00 <b>Rummikub</b> 3:00 <b>Non-denominational Chapel Service</b>	8:30 Walking with Gabby <b>27</b> 9:00 Exercise-Regular 10 2:00 <b>Hearing Aid Clinic</b>  	8-11 Transportation <b>28</b> 8:30 Walking with Gabby 9:00 Exercise – Balance 10:00 Card Sharks 2:00 Bingo 3:30 Trivia 	8-11 Transportation <b>29</b> 8:30 Walking with Gabby 9:00 Exercise 10:00 Gab with Gabby 2:30 <b>Happy Hour with Cover Girls</b> 	8-11 Transportation <b>30</b> 8:30 Walking with Gabby 9:00 Exercise -Balance 10:00 Wii Bowling 2:00 Bingo	<div><h2>Test Your Medical Pendants Monthly!</h2><p>Blue = Resident Run Red = Clinic</p></div>	