

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# November 2023

## Hilltop Commons

			<b>9:30am Exercise</b> 1 10:00am Service for the Blind <b>1:30pm Trivia</b> <b>2:30pm Cards and Games</b> <b>2:30pm Wii Bowling</b> <b>2:30pm Conscious Dreaming</b>	<b>9:30am Exercise</b> 2 <b>2:30pm Happy Hour</b> Live Music with Strings Attached  <b>ACTIVITY RAFFLE</b>	<b>9:15am Dance Off w Kelly</b> 3 <b>9:30am Exercise</b> <b>1:00pm Card Sharks</b> <b>1:30pm Trivia</b> <b>2:30pm Games</b> Resident Choice 	<b>9:30am Exercise</b> 4 <b>1:00pm Cornhole</b>  <b>6:00pm Movie Night</b> 
<b>1:00pm Bingo</b> 5 (Resident call) <b>4:00pm Visit with Therapy Dog Johnny</b> 	<b>9:30am Exercise</b> 6 <b>1:00pm Bingo</b> <b>2:30pm Wii Bowling</b> <b>2:30pm Chair Tai Chi w Homer</b> 	<b>9:30am Exercise</b> 7 <b>1:00pm Bingo</b> (Resident call) <b>2:30 Darn Yarners</b> <b>2:30 Open Studio</b> <b>2:30pm Conscious Dreaming</b> <b>6:00pm Movie Night</b>	<b>9:30am Exercise</b> 8 <b>1:30pm Trivia</b> <b>2:30pm Presentation:</b> <b>John Muir - In Person!</b> 	<b>9:30am Exercise</b> 9 <u><b>Bus Outing:</b></u> <u><b>Highland Nursery &amp; Cafe</b></u> <u><b>9:45 am</b></u> <b>2:30pm Happy Hour</b> Live Music w Cowboy Curt 	<b>9:15am Dance Off w Kelly</b> 10 <b>9:30am Exercise</b> <b>1:00pm Card Sharks</b> <b>1:30pm Trivia</b> <b>2:30pm Horse Races</b> 	<b>9:30am Exercise</b> 11 <b>1:00pm Cornhole</b> <b>6:00pm Movie Night</b>  Veterans Day Remembrance Day (Canada)
<b>1:00pm Bingo</b> 12 (Resident call) <b>2:30pm Fun &amp; Games</b>  Diwali (Hindi)	<b>9:30am Exercise</b> 13 <b>1:00pm Bingo</b> <b>2:30pm Wii Bowling</b> <b>2:30-4:00 Sculpt and Sip</b> <b>Make a Cornucopia!</b> 	<b>9:30am Exercise</b> 14 <b>1:00pm Bingo</b> <b>2:30 Darn Yarners</b> <b>2:30pm Conscious Dreaming</b> <b>2:30pm Chair Tai Chi w Homer</b>  <b>6:00pm Movie Night</b>	<b>9:30am Exercise</b> 15 10:00am Service for the Blind <b>1:30pm Trivia</b> <b>2:30 Cooking Demo with Bonnie and Josh</b> 	<b>9:30am Exercise</b> 16 <b>2:30pm Happy Hour</b> Live Music with Just the Two of Us 	<b>9:15am Dance Off w Kelly</b> 17 <b>9:30am Exercise</b> <b>Mini Craft Fair and Open House</b> <b>1:00 - 4:00</b> 	<b>9:30am Exercise</b> 18 <b>1:00pm Cornhole</b> <b>6:00pm Movie Night</b> 
<b>1:00pm Bingo</b> 19 (Resident call) <b>2:30pm Fun &amp; Games</b> 	<b>9:30am Exercise</b> 20 <b>1:00pm Bingo</b> <b>2:30pm Wii Bowling</b> <b>2:30pm Chair Tai Chi w Homer</b> 	<b>9:30am Exercise</b> 21 11:00am Blood Pressure Check <b>1:00pm Bingo</b> <b>2:30pm - WILD THINGS</b> Conservation Ambassadors  <b>6:00pm Movie Night</b>	<b>9:30am Exercise</b> 22 <b>1:30pm Trivia</b> <b>1:30pm Arts &amp; Crafts</b> <b>2:30pm Cards and Games</b> <b>2:30pm Wii Bowling</b> <b>2:30pm Conscious Dreaming</b>	<b>9:30am Exercise</b> 23  Thanksgiving Day (US)	<b>9:15am Dance Off w Kelly</b> 24 <b>9:30am Exercise</b> <b>1:00pm Card Sharks</b> <b>1:30pm Trivia</b> <b>2:30pm Chair Volleyball</b> 	<b>9:30am Exercise</b> 25 <b>1:00pm Cornhole</b> <b>6:00pm Movie Night</b> 
<b>1:00pm Bingo</b> 26 (Resident call) <b>2:30pm Fun &amp; Games</b> 	<b>9:30am Exercise</b> 27 <b>1:00pm Bingo</b> <b>2:30pm Wii Bowling</b> <b>2:30pm Chair Tai Chi w Homer</b> 	<b>9:30am Exercise</b> 28 <b>1:00pm Bingo</b> <b>2:30 Darn Yarners</b> <b>2:30 Open Studio</b> <b>2:30pm Conscious Dreaming</b> <b>6:00pm Movie Night</b>	<b>9:30am Exercise</b> 29 <u><b>Bus Outing:</b></u> <u><b>IHOP and Westminster Church Music at Noon</b></u> <u><b>9:00am</b></u> <b>1:30pm Trivia</b> <b>2:30pm Cards and Games</b> <b>2:30pm Wii Bowling</b> <b>2:30pm Conscious Dreaming</b>	<b>9:30am Exercise</b> 30 <b>2:30pm Happy Hour</b> Live Music with the DooDads 		